

Prueba 3  
07/04/2024

400m Libre

1 - 90 años  
Resultados

Puntos: FINA 2022

Clasificación	AN		Tiempo	Pts
<b>Benjamín Masculino, Masc.</b>				
1.	GARCIA RABANEDA, Victor	13	Guadalajara C.N.	<b>6:23.29</b> 169
	50m: 41.54 41.54 150m: 2:19.46 49.63 250m: 3:59.51 49.68 350m: 5:37.42 48.62			
	100m: 1:29.83 48.29 200m: 3:09.83 50.37 300m: 4:48.80 49.29 400m: 6:23.29 45.87			
2.	SIERRA MORAGA, Unai	13	Guadalajara C.N.	<b>6:48.84</b> 139
	50m: 46.36 46.36 150m: 2:32.46 53.79 250m: 4:20.92 54.55 350m: 6:08.56 52.63			
	100m: 1:38.67 52.31 200m: 3:26.37 53.91 300m: 5:15.93 55.01 400m: 6:48.84 40.28			
3.	LEGANES DE MESA, Rodrigo	13	Guadalajara C.N.	<b>7:03.90</b> 125
	50m: 47.74 47.74 150m: 2:37.05 55.19 250m: 4:28.64 55.69 350m: 6:14.86 50.97			
	100m: 1:41.86 54.12 200m: 3:32.95 55.90 300m: 5:23.89 55.25 400m: 7:03.90 49.04			
4.	MARTINEZ ANDRES, Oriol	13	Guadalajara C.N.	<b>7:11.93</b> 118
	50m: 44.02 44.02 150m: 2:35.29 56.15 250m: 4:30.47 58.36 350m: 6:23.75 56.04			
	100m: 1:39.14 55.12 200m: 3:32.11 56.82 300m: 5:27.71 57.24 400m: 7:11.93 48.18			
<b>Benjamín Femenino, Fem.</b>				
1.	PRIETO RABANEDA, Vega	14	Guadalajara C.N.	<b>7:13.15</b> 157
	50m: 45.47 45.47 150m: 2:39.31 57.74 250m: 4:30.74 56.84 350m: 6:23.53 57.10			
	100m: 1:41.57 56.10 200m: 3:33.90 54.59 300m: 5:26.43 55.69 400m: 7:13.15 49.62			
2.	ALVAREZ MARTINEZ, Alba	13	Guadalajara C.N.	<b>8:14.95</b> 105
	50m: 53.39 53.39 150m: 3:01.23 1:04.96 250m: 5:09.27 1:04.18 350m: 7:13.96 59.10			
	100m: 1:56.27 1:02.88 200m: 4:05.09 1:03.86 300m: 6:14.86 1:05.59 400m: 8:14.95 1:00.99			
3.	CHICU, Sofia Elena	13	Guadalajara C.N.	<b>8:26.08</b> 98
	50m: 48.89 48.89 150m: 2:53.83 1:04.21 250m: 5:00.41 1:03.78 350m: 7:00.29 57.11			
	100m: 1:49.62 1:00.73 200m: 3:56.63 1:02.80 300m: 6:03.18 1:02.77 400m: 8:26.08 1:25.79			
4.	PEREZ DOMINGUEZ, Yaiza	13	Guadalajara C.N.	<b>8:33.96</b> 94
	50m: 56.00 56.00 150m: 3:05.33 1:05.79 250m: 5:18.21 1:06.90 350m: 7:31.58 1:07.49			
	100m: 1:59.54 1:03.54 200m: 4:11.31 1:05.98 300m: 6:24.09 1:05.88 400m: 8:33.96 1:02.38			
5.	VELA FERNANDEZ, Natalia	13	C. Arriacense De Natacion	<b>8:37.70</b> 92
	50m: 52.88 52.88 150m: 3:06.81 1:09.43 250m: 5:25.92 1:10.00 350m: 7:41.42 1:06.64			
	100m: 1:57.38 1:04.50 200m: 4:15.92 1:09.11 300m: 6:34.78 1:08.86 400m: 8:37.70 56.28			
<b>Alevín Masculino, Masc.</b>				
1.	AGUADO MENDEZ, Alejandro	11	C.D.Alcarreño De S.	<b>5:12.24</b> 314
	50m: 34.76 34.76 150m: 1:55.29 40.45 250m: 3:16.69 40.22 350m: 4:35.84 38.74			
	100m: 1:14.84 40.08 200m: 2:36.47 41.18 300m: 3:57.10 40.41 400m: 5:12.24 36.40			
2.	PARRONDO FERNANDEZ, Iker	11	Guadalajara C.N.	<b>5:18.07</b> 297
	50m: 34.09 34.09 150m: 1:54.04 40.66 250m: 3:15.72 40.67 350m: 4:38.20 40.69			
	100m: 1:13.38 39.29 200m: 2:35.05 41.01 300m: 3:57.51 41.79 400m: 5:18.07 39.87			
3.	VIEJO ALVIR, Alonso	12	C.D.Alcarreño De S.	<b>6:00.55</b> 204
	50m: 39.04 39.04 150m: 2:09.70 46.16 250m: 3:43.89 47.27 350m: 5:18.32 46.79			
	100m: 1:23.54 44.50 200m: 2:56.62 46.92 300m: 4:31.53 47.64 400m: 6:00.55 42.23			
4.	BERNABE FERNANDEZ, Miguel	11	Guadalajara C.N.	<b>6:09.00</b> 190
	50m: 40.52 40.52 150m: 2:14.39 47.39 250m: 3:48.92 46.48 350m: 5:23.83 47.08			
	100m: 1:27.00 46.48 200m: 3:02.44 48.05 300m: 4:36.75 47.83 400m: 6:09.00 45.17			
5.	GIL CARAVACA, Daniel	12	C.D.Alcarreño De S.	<b>6:16.66</b> 178
	50m: 39.28 39.28 150m: 2:15.56 49.18 250m: 3:53.24 48.89 350m: 5:31.74 49.50			
	100m: 1:26.38 47.10 200m: 3:04.35 48.79 300m: 4:42.24 49.00 400m: 6:16.66 44.92			

Comprometidos con la natación para toda la vida

Prueba 3, 400m Libre

Alevín Femenino, Fem.

1.	GARCIA RECIO, Claudia	11	C.D.Alcarreño De S.	<b>5:11.19</b>	424
	50m: 33.57 33.57	150m: 1:50.09	39.05 250m: 3:09.76	40.24 350m: 4:31.45	41.00
	100m: 1:11.04 37.47	200m: 2:29.52	39.43 300m: 3:50.45	40.69 400m: 5:11.19	39.74
2.	POLO ALVIR, Claudia	12	C.D.Alcarreño De S.	<b>5:25.82</b>	370
	50m: 36.62 36.62	150m: 2:01.06	42.76 250m: 3:24.56	41.24 350m: 4:47.43	41.22
	100m: 1:18.30 41.68	200m: 2:43.32	42.26 300m: 4:06.21	41.65 400m: 5:25.82	38.39
3.	PADRINO SANCHEZ, Julia	11	C.D.Alcarreño De S.	<b>5:50.15</b>	298
	50m: 37.86 37.86	150m: 2:06.04	44.49 250m: 3:35.76	44.40 350m: 5:05.75	45.09
	100m: 1:21.55 43.69	200m: 2:51.36	45.32 300m: 4:20.66	44.90 400m: 5:50.15	44.40
4.	TABATAZDE, Ana	11	C.D.Alcarreño De S.	<b>5:57.46</b>	280
	50m: 38.46 38.46	150m: 2:07.05	45.35 250m: 3:40.01	46.17 350m: 5:12.37	46.40
	100m: 1:21.70 43.24	200m: 2:53.84	46.79 300m: 4:25.97	45.96 400m: 5:57.46	45.09
5.	GIL PARRO, Sofia	12	Guadalajara C.N.	<b>6:05.48</b>	262
	50m: 39.57 39.57	150m: 2:11.98	47.05 250m: 3:45.74	47.10 350m: 5:19.88	47.01
	100m: 1:24.93 45.36	200m: 2:58.64	46.66 300m: 4:32.87	47.13 400m: 6:05.48	45.60
6.	SANCHEZ JIMENEZ, Natalia	11	C.D.Alcarreño De S.	<b>6:40.11</b>	199
	50m: 40.62 40.62	150m: 2:19.39	51.68 250m: 4:02.52	52.72 350m: 5:48.27	52.71
	100m: 1:27.71 47.09	200m: 3:09.80	50.41 300m: 4:55.56	53.04 400m: 6:40.11	51.84
Baja	RUIZ JIMENEZ, Maria	11	C.D.Alcarreño De S.		

Infantil Masculino, Masc.

1.	ALIS BANDRES, Roberto	09	C.D.Alcarreño De S.	<b>5:03.40</b>	342
	50m: 32.67 32.67	150m: 1:48.65	38.82 250m: 3:07.54	39.60 350m: 4:26.79	39.33
	100m: 1:09.83 37.16	200m: 2:27.94	39.29 300m: 3:47.46	39.92 400m: 5:03.40	36.61
2.	MARTÍNEZ BIENVENIDO, Pablo	09	C.D.Alcarreño De S.	<b>5:15.64</b>	304
	50m: 34.16 34.16	150m: 1:53.70	40.45 250m: 3:16.32	41.06 350m: 4:38.16	41.19
	100m: 1:13.25 39.09	200m: 2:35.26	41.56 300m: 3:56.97	40.65 400m: 5:15.64	37.48
3.	JORGE VICENTI, Ivan	09	C.D.Alcarreño De S.	<b>5:29.57</b>	267
	50m: 34.13 34.13	150m: 1:55.10	41.71 250m: 3:18.19	41.62 350m: 4:46.00	44.88
	100m: 1:13.39 39.26	200m: 2:36.57	41.47 300m: 4:01.12	42.93 400m: 5:29.57	43.57
4.	SENENT DIAZ, Guillermo	10	C.D.Alcarreño De S.	<b>5:54.88</b>	213
	50m: 39.29 39.29	150m: 2:09.43	45.78 250m: 3:39.98	47.06 350m: 5:11.15	45.67
	100m: 1:23.65 44.36	200m: 2:52.92	43.49 300m: 4:25.48	45.50 400m: 5:54.88	43.73

Infantil Femenino, Fem.

1.	LLANOS DE LAS HERAS, Carolina	10	C.D.Alcarreño De S.	<b>5:25.97</b>	369
	50m: 36.00 36.00	150m: 1:59.11	41.33 250m: 3:21.81	41.32 350m: 4:46.30	41.69
	100m: 1:17.78 41.78	200m: 2:40.49	41.38 300m: 4:04.61	42.80 400m: 5:25.97	39.67
2.	CAMPANARIO DEL CASTILLO, Noa	10	Guadalajara C.N.	<b>5:34.79</b>	341
	50m: 35.64 35.64	150m: 2:00.57	43.53 250m: 3:26.93	43.31 350m: 4:53.70	43.34
	100m: 1:17.04 41.40	200m: 2:43.62	43.05 300m: 4:10.36	43.43 400m: 5:34.79	41.09
3.	VERA CAMPOY, Laura	10	Guadalajara C.N.	<b>5:39.44</b>	327
	50m: 37.27 37.27	150m: 2:01.91	42.92 250m: 3:27.61	42.49 350m: 4:55.92	44.12
	100m: 1:18.99 41.72	200m: 2:45.12	43.21 300m: 4:11.80	44.19 400m: 5:39.44	43.52
4.	POLO ALVIR, Cristina	10	C.D.Alcarreño De S.	<b>5:48.55</b>	302
	50m: 36.05 36.05	150m: 2:03.68	45.16 250m: 3:33.16	44.46 350m: 5:03.27	44.52
	100m: 1:18.52 42.47	200m: 2:48.70	45.02 300m: 4:18.75	45.59 400m: 5:48.55	45.28
5.	ALVAREZ MARTINEZ, Maria	10	Guadalajara C.N.	<b>5:58.34</b>	278
	50m: 39.70 39.70	150m: 2:10.77	45.41 250m: 3:42.15	45.98 350m: 5:13.64	45.70
	100m: 1:25.36 45.66	200m: 2:56.17	45.40 300m: 4:27.94	45.79 400m: 5:58.34	44.70

Comprometidos con la natación para toda la vida

Prueba 3, Fem., 400m Libre, Infantil Femenino

Clasificación	AN	Tiempo	Pts
6. TAPIADOR VEGA, Gabriela	10	Guadalajara C.N.	<b>6:22.48</b> 228
50m: 40.50 40.50 150m: 2:16.48 49.28 250m: 3:54.89 49.24 350m: 5:33.28 48.83			
100m: 1:27.20 46.70 200m: 3:05.65 49.17 300m: 4:44.45 49.56 400m: 6:22.48 49.20			
7. VALLADO MARTINEZ, Daniela	10	C. Arriacense De Natacion	<b>6:25.07</b> 224
50m: 39.39 39.39 150m: 2:15.24 50.04 250m: 3:55.81 50.75 350m: 5:39.29 50.75			
100m: 1:25.20 45.81 200m: 3:05.06 49.82 300m: 4:48.54 52.73 400m: 6:25.07 45.78			
NP FEIER FEIER, fuencisla nadia	09	Club Triatlón Marchamalo	
Baja BERMEJO PARRILLA, Amaya	10	C.D.Alcarreño De S.	

Junior Masculino, Masc.

1. LOPEZ QUINTERO, Serjio	06	Guadalajara C.N.	<b>4:18.08</b> 556
50m: 27.29 27.29 150m: 1:30.35 32.19 250m: 2:36.76 30.21 350m: 3:45.65 34.86			
100m: 58.16 30.87 200m: 2:06.55 36.20 300m: 3:10.79 34.03 400m: 4:18.08 32.43			
2. TORRES MARTÍN, Pablo	08	C.D.Alcarreño De S.	<b>4:28.28</b> 495
50m: 39.21 39.21 150m: 1:35.15 33.52 250m: 2:44.19 34.88 350m: 3:53.95 35.09			
100m: 1:01.63 22.42 200m: 2:09.31 34.16 300m: 3:18.86 34.67 400m: 4:28.28 34.33			
3. MARTINEZ GUZMAN, Miguel	08	Guadalajara C.N.	<b>5:11.08</b> 317
50m: 32.47 32.47 150m: 1:49.63 40.01 250m: 3:09.69 39.90 350m: 4:31.70 41.24			
100m: 1:09.62 37.15 200m: 2:29.79 40.16 300m: 3:50.46 40.77 400m: 5:11.08 39.38			
4. BUSONS OLIVARES, Santiago	07	C.D.Alcarreño De S.	<b>5:13.01</b> 311
50m: 33.42 33.42 150m: 1:50.12 38.91 250m: 3:10.99 40.73 350m: 4:33.02 41.07			
100m: 1:11.21 37.79 200m: 2:30.26 40.14 300m: 3:51.95 40.96 400m: 5:13.01 39.99			
5. VERA CAMPOY, Carlos	07	Guadalajara C.N.	<b>5:20.01</b> 291
50m: 34.03 34.03 150m: 1:53.65 40.52 250m: 3:15.95 41.46 350m: 4:39.68 41.91			
100m: 1:13.13 39.10 200m: 2:34.49 40.84 300m: 3:57.77 41.82 400m: 5:20.01 40.33			
Baja CABERO VIDAL, Alvaro	06	C.D.Alcarreño De S.	

Junior Femenino, Fem.

1. BLAS DIAZ, Lucia	08	C.D.Alcarreño De S.	<b>5:00.13</b> 473
50m: 32.86 32.86 150m: 1:47.20 37.72 250m: 3:05.02 39.06 350m: 4:23.42 39.17			
100m: 1:09.48 36.62 200m: 2:25.96 38.76 300m: 3:44.25 39.23 400m: 5:00.13 36.71			
2. ESPLIEGO MARTINEZ, Brianda	08	C.D.Alcarreño De S.	<b>5:20.58</b> 388
50m: 33.90 33.90 150m: 1:57.71 45.10 250m: 3:15.85 41.86 350m: 4:40.06 41.93			
100m: 1:12.61 38.71 200m: 2:33.99 36.28 300m: 3:58.13 42.28 400m: 5:20.58 40.52			
3. TRIJUEQUE MARTIN, Daniela	08	Guadalajara C.N.	<b>5:28.34</b> 361
50m: 36.39 36.39 150m: 1:58.82 41.77 250m: 3:24.74 42.75 350m: 4:48.60 41.68			
100m: 1:17.05 40.66 200m: 2:41.99 43.17 300m: 4:06.92 42.18 400m: 5:28.34 39.74			

Sub 20 Femenino, Fem.

Baja BUSONS OLIVARES, Elena	05	C.D.Alcarreño De S.	
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