



Cto Regional Master de Invierno 23/24  
Tarancón, 11 - 12/11/2023



Prueba 10  
11/11/2023 - 17:00

Fem., 50m Libre

20 - 89 años  
Resultados

mm 80+	1:25.96	, ASCENSION IDAÑEZ AGUILAR	TOMELLOSO	04/06/2017
mm 75+	1:11.77	, MAGDALENA NUÑEZ NAVAJAS	TOMELLOSO	04/06/2017
mm 70+	1:15.89	, MERCEDES LOPEZ DE LA CRUZ	Sonseca	21/05/2023
mm 65+	43.96	, MARIA PILAR FERNANDEZ-TORIJA G	PONTEVEDRA	06/03/2022
mm 60+	44.65	, NURIA BARBA RODRIGUEZ	Albacete	25/02/2023
mm 55+	33.11	, MARIA JOSE TORRES PELAYO	Campo de Criptana	13/01/2019
mm 50+	29.92	, CABAÑERO SANCHEZ-LEON Mª LUISA	GIJON	29/01/2016
mm 45+	27.18	, M TERESA VILLAFRANCA RODRIGUEZ	TOMELLOSO	06/06/2015
mm 40+	29.05	, SUSANA URSÚA SANTOS	PONTEVEDRA	06/03/2022
mm 35+	28.80	, SORAYA PEREZ GALLINA	MURCIA	24/05/2014
mm 30+	27.11	, PATRICIA GONZALEZ MEGIA	CASTELLON	18/02/2023
mm 30+	27.11	, PATRICIA GONZALEZ MEGIA	CASTELLON	18/02/2023
mm 30+	27.11	, PATRICIA GONZALEZ MEGIA	CASTELLON	18/02/2023
mm 25+	27.12	, SAMANTA REDONDO MARTIN	PONTEVEDRA	10/02/2019
mm 20+	27.38	, IRENE GUZMAN PECES	PALMA DE MALLORCA	22/02/2014

Puntos: ESP Masters 21

Clasificación	AN		Tiempo	Pts	
20+					
1.	CUTILLAS MORENO, Minerva	02	C.N. Albacete	<b>30.93</b>	528 19,00
2.	DE SANDE DE LA CRUZ, Dana	00	Cn Ugena	<b>31.33</b>	508 16,00
3.	RODRÍGUEZ MOZOS, Rocío	00	C.N. Puertollano	<b>32.64</b>	449 14,00
4.	MONTESINOS OCAÑA, Emma	03	C.D. Escuela Nadadores Tomelloso	<b>35.37</b>	353 13,00
5.	MARTINEZ CASTILLO, Irene	01	C.P. La Roda	<b>38.83</b>	266 12,00
	Baja FERNANDEZ RODERO, Maria	00	C.D. Escuela Nadadores Tomelloso		-
25+					
1.	GONZALEZ ROJO, Ainhoa	98	C.N. Ciudad Real	<b>31.22</b>	513 19,00
2.	LOPEZ DE LOS MOZOS SANCHEZ, A.	97	C.N. Manzamaster	<b>31.38</b>	505 16,00
3.	PAZ DE LA FLOR, M.	95	C.N. Puertollano	<b>33.75</b>	406 14,00
4.	MARTIN DELGADO, Paula	95	E.C. Ciudad De Talavera	<b>34.99</b>	364 13,00
5.	QUIROS INIESTA, Maria Del Pilar	97	C.N. Criptana Gigantes	<b>35.06</b>	362 12,00
6.	FERNANDEZ CORROCHANO, Silvia	96	C.N. Monteverde	<b>37.19</b>	303 11,00
7.	LARA MORALES, María	95	C.D. Escuela Nadadores Tomelloso	<b>37.38</b>	299 10,00
8.	CASTELLANOS BALLESTEROS, Raque	97	C.N. Alcazar	<b>39.56</b>	252 9,00
30+					
1.	GONZALEZ MEGIA, Patricia	93	C.N. Monteverde	<b>28.57</b>	683 19,00
35+					
1.	GÓMEZ GARCÍA, Sandra	85	Master Toledo 3 Culturas	<b>39.94</b>	248 19,00
2.	DE LA BANDA PEREDA, Esmeralda	84	C.P. La Roda	<b>42.62</b>	204 16,00
3.	SIERRA DIAZ, Damaris	85	Club Velociraptor Mp Twinner	<b>46.57</b>	156 14,00
40+					
1.	HIDALGO SANCHEZ, Laura	79	C.N. Puertollano	<b>33.42</b>	471 19,00
2.	COLINET MORENO, Mª Angeles	82	C.N. Criptana Gigantes	<b>33.54</b>	466 16,00
3.	CASTAÑO MOREIRA, Beatriz	79	C.N. Monteverde	<b>35.19</b>	404 14,00
4.	NAVARRO GUTIERREZ, Sara	83	C.N. Manzamaster	<b>36.83</b>	352 13,00
5.	MOYA QUEVEDO, Laura	81	Master Natacion Tomelloso	<b>38.64</b>	305 12,00
6.	DÍAZ GALÁN, Demelsa	81	Master Toledo 3 Culturas	<b>44.40</b>	201 11,00
7.	OCAÑA ARENAS, Vanessa	79	C.D. Escuela Nadadores Tomelloso	<b>45.48</b>	187 10,00

Comprometidos con la natación para toda la vida

Prueba 10, Fem., 50m Libre, 40+

Clasificación	AN		Tiempo	Pts	
8. GRUESO NAVARRO, Mayte	79	C.D. Escuela Nadadores Tomelloso	<b>54.68</b>	107	-
45+					
1. PERUCHO FLECHOSO, Alejandra	75	C.N. Alcazar	<b>33.14</b>	499	19,00
2. ALEMAÑY MARTINEZ, Aurelia	76	Albacete Swim	<b>36.97</b>	359	16,00
3. CAÑAS PAÑOS, Marta	76	C.N. Cuenca	<b>39.29</b>	299	14,00
4. ARIAS MARTINEZ, Mercedes	74	C.N. Alcazar	<b>39.42</b>	296	-
5. MARTINEZ CANO, Esther	75	C.P. La Roda	<b>39.87</b>	286	13,00
6. POZA HERNANDEZ, Paloma	75	C.N. Monteverde	<b>40.10</b>	281	12,00
7. OLIVARES PANADERO, María José	77	C.N. Criptana Gigantes	<b>41.86</b>	247	11,00
8. DE LA CINTA, Rosalía	77	Club Velociraptor Mp Twinner	<b>44.79</b>	202	10,00
9. FERNANDEZ CIUDAD, Rosa Maria	76	C.N. Puertollano	<b>47.75</b>	166	9,00
10. MONTES DE OCA GONZÁLEZ, Angélic	76	Master Toledo 3 Culturas	<b>49.06</b>	153	8,00
Baja RAMIREZ DIAZ, Ana Belen	74	C.D. Escuela Nadadores Tomelloso			-
50+					
1. INIESTA MARTINEZ, Anabel	73	C.N. Albacete	<b>34.55</b>	439	19,00
2. SEGARRA CAÑAMARES, María	71	C.N. Cuenca	<b>35.11</b>	418	16,00
3. DIAZ FERNANDEZ, Mar	72	Club Velociraptor Mp Twinner	<b>38.22</b>	324	14,00
4. MARTIN JIMENEZ, Mª Carmen	73	E.C. Ciudad De Talavera	<b>38.99</b>	305	13,00
5. SENDIN MEDINA, Maria Teresa	72	C.N. Monteverde	<b>43.79</b>	215	12,00
6. GARCÍA ALFARO, Maria José	72	Albacete Swim	<b>45.26</b>	195	11,00
7. GONZALEZ DE LA OBRA, Ana	71	C.N. Ciudad Real	<b>49.18</b>	152	10,00
8. ALONSO GIMÉNEZ, Irina	73	C.N. Ciudad Real	<b>50.43</b>	141	-
9. FERNANDEZ MAGAN, Carolina	69	C.N. Monteverde	<b>50.69</b>	139	-
10. GALLEGO SANTOS OLMO, Maria Elena	73	C.D. Escuela Nadadores Tomelloso	<b>53.81</b>	116	9,00
11. CARRASCO RODRIGUEZ, María José	69	C.N. Criptana Gigantes	<b>54.89</b>	109	8,00
55+					
1. CORDERO RODRÍGUEZ, María Pilar	66	E.C. Ciudad De Talavera	<b>39.25</b>	355	19,00
2. HEVIA PINO, Macarena	67	C.N. Monteverde	<b>46.02</b>	220	16,00
3. POLO USAOLA, Nuria Esther	68	C.N. Valdepeñas	<b>50.31</b>	168	14,00
4. LÓPEZ HIDALGO, María Jesús	64	Master Toledo 3 Culturas	<b>50.34</b>	168	13,00
60+					
1. SANTA-MARÍA BLANCO, María Fe	61	C.N. Valdepeñas	<b>44.71</b>	259	19,00
2. LOSA ESPINOSA, Mari Carmen	61	C.D. Escuela Nadadores Tomelloso	<b>1:18.39</b>	48	16,00
65+					
1. RODRIGUEZ PAÑOS, Beatriz	58	Albacete Swim	<b>52.82</b>	170	19,00



Cto Regional Master de Invierno 23/24  
Tarancón, 11 - 12/11/2023



Prueba 11 Masc., 50m Libre 20 - 89 años  
11/11/2023 - 17:15 Resultados

mm 75+	52.27	, JOSE LUIS ESCOLAR FERNANDEZ AV	Cuenca	19/03/2022
mm 70+	44.02	, JOSE AVENDAÑO CEBRIAN	Tomelloso	19/01/2020
mm 65+	34.16	, ARNOLDO EDELMAN	Almansa	13/05/2023
mm 60+	29.01	, LUIS A. ARDERIUS CHICHARRO	PALMA DE MALLORCA	23/02/2014
mm 55+	29.50	, LUIS A. ARDERIUS CHICHARRO	CASTELLON	28/01/2012
mm 50+	27.37	, JULIO AVILA CARRASCO	CASTELLON	19/02/2023
mm 45+	26.20	, JAVIER MOLTO PRECIOSO	Villarrobledo	12/03/2022
mm 40+	25.27	, BELTRAN DIAZ EMILIO	PALMA DE MALLORCA	03/02/2017
mm 35+	23.68	, XABIER LOPEZ GARCIA	ZARAGOZA (C)	03/04/2022
mm 30+	23.39	, JOSE MARIA GOMEZ ANGULO	CASTELLON	17/02/2023
mm 30+	23.39	, JOSE MARIA GOMEZ ANGULO	CASTELLON	18/02/2023
mm 25+	23.98	, IÑIGUEZ CALVO Jacobo	MALAGA	01/02/2018
mm 20+	24.13	, DANIEL GUTIERREZ PECO	PONTEVEDRA	06/03/2022

Puntos: ESP Masters 21

Clasificación	AN		Tiempo	Pts	
20+					
1.	02	QUIROS INIESTA, Jose Manuel C.N. Criptana Gigantes	<b>26.78</b>	508	19,00
2.	00	PUEBLA MORON, David C.P. La Roda	<b>26.87</b>	503	16,00
3.	99	TAPETADO PEREZ-OLIVARES, Juan C.N. Monteverde	<b>27.28</b>	480	14,00
4.	00	FERNÁNDEZ-BERMEJO ORTIZ, F. C.N. Cuenca	<b>28.92</b>	403	13,00
5.	99	GARCÍA MÁRQUEZ, Ismael Master Natacion Tomelloso	<b>31.62</b>	308	12,00
6.	00	GARCIA SANTA MARIA, Fernando C.N. Valdepeñas	<b>34.46</b>	238	11,00
Baja	03	MANJON FERNANDEZ, Antonio C.N. Albacete			-
25+					
1.	95	RUBIO JAREÑO, Sergio C.N. Albacete	<b>24.70</b>	647	19,00
2.	95	MUÑOZ ESCRIBANO, Alberto C.N. Criptana Gigantes	<b>25.62</b>	580	16,00
3.	97	MORENO OJEDA, Javier C.P. La Roda	<b>26.55</b>	521	14,00
4.	95	MORENO DIAZ, Alvaro C.N. Monteverde	<b>26.92</b>	500	13,00
5.	97	MANZANARES GARCÍA, Francisco Javier C.N. Puertollano	<b>30.07</b>	358	12,00
6.	94	MARULANDA OREJUELA, sebastian C.N. Ciudad Real	<b>30.21</b>	353	11,00
7.	96	ARNAU MORENO, Juan José C.N. Almansa	<b>32.02</b>	297	10,00
8.	96	MONTAÑÉS JIMÉNEZ, Miguel Ángel Master Natacion Tomelloso	<b>38.21</b>	174	9,00
30+					
1.	90	ROMERA MARIN, Alfonso C.N. Valdepeñas	<b>26.09</b>	566	19,00
2.	89	CASTRO NAVARRO, David C.N. Albacete	<b>27.78</b>	469	16,00
3.	89	SOBRINO MARTÍN, Ignacio C.N. Puertollano	<b>30.12</b>	368	14,00
4.	89	JIMÉNEZ ROMERA, Marcos Club Velociraptor Mp Twinner	<b>31.99</b>	307	13,00
5.	91	LUCAS-TORRES OLIVARES, Miguel Ángel C.N. Criptana Gigantes	<b>33.33</b>	271	12,00
6.	89	VALENTIN LÓPEZ, Óscar C.D. Escuela Nadadores Tomelloso	<b>34.37</b>	247	11,00
7.	89	TÉBAR SEVILLA, Ricardo C.P. La Roda	<b>55.28</b>	59	10,00
35+					
1.	85	GARCÍA GARRIDO, Ángel C.N. Cuenca	<b>25.67</b>	590	19,00
2.	86	CALONGE CALONGE, Jaime C.N. Criptana Gigantes	<b>27.96</b>	456	16,00
3.	86	ZARCO SECO, Ismael C.D. Escuela Nadadores Tomelloso	<b>32.45</b>	292	14,00

Comprometidos con la natación para toda la vida

Prueba 11, Masc., 50m Libre

40+

1. GARCIA DE CARELLAN ESTEBAN-INF79.	C.N. Albacete	<b>27.06</b>	594	19,00
2. AGUADO ANDRÉS, Sergio	82 E.C. Ciudad De Talavera	<b>27.14</b>	588	16,00
3. DEL POZO GONZALEZ, Rodrigo	82 C.N. Monteverde	<b>28.64</b>	501	14,00
4. GARCÍA NIEVA, Javier	83 C.N. Cuenca	<b>28.84</b>	490	13,00
5. CUESTA JAVEGA, Jose Javier	80 C.N. Albacete	<b>31.40</b>	380	-
6. PEREZ LOZANO, Julian	79 C.P. La Roda	<b>33.44</b>	314	12,00
7. JIMENEZ DIAZ, Jorge	79 C.N. Valdepeñas	<b>34.27</b>	292	11,00
8. OLIVER PARRA, Teo	80 Master Natacion Tomelloso	<b>35.83</b>	255	10,00
9. PARRA PEREZ, Pablo	79 Albacete Swim	<b>36.39</b>	244	9,00
10. PELAEZ ORDOÑEZ, Daniel	82 C.N. Valdepeñas	<b>37.07</b>	231	-
11. DIAZ PEREZ, Francisco Javier	80 C.N. Tritones-Talavera	<b>38.22</b>	210	8,00
12. DÍAZ-ROPERO SOTOS, Javier	79 C.N. Criptana Gigantes	<b>38.89</b>	200	7,00
13. MORENO CHARCO, José Antonio	82 C.P. La Roda	<b>47.92</b>	107	-
DSQ FERNANDEZ ABAD, David	79 E.C. Ciudad De Talavera	<b>26.73</b>		-

*DSA - Salida Anticipada*

45+

1. POLO JUÁREZ, Angel	76 C.D. Alcarreño De S.	<b>28.91</b>	493	19,00
2. CONTRERAS AMUNARRIZ, Pedro	74 C.N. Albacete	<b>29.76</b>	452	16,00
3. JIMENEZ OCHANDO, Ignacio Javier	75 C.N. Valdepeñas	<b>32.44</b>	349	14,00
4. ALONSO RODRIGUEZ, Moises	76 C.N. Monteverde	<b>33.06</b>	330	13,00
5. TOLEDANO PALOMO, Oscar Javier	78 C.N. Puertollano	<b>33.52</b>	316	12,00
6. ANDRÉS BLANCO, Daniel	77 Club Velociraptor Mp Twinner	<b>33.62</b>	313	11,00
7. LÓPEZ ALVÁREZ, Javier	76 C.D. Escuela Nadadores Tomelloso	<b>40.05</b>	185	10,00
DSQ PINTOR VIOLERO, Eduardo	78 C.N. Criptana Gigantes	<b>29.66</b>		-

*DSA - Salida Anticipada*

Baja DEL RIO GORRIS, Carlos 74 Master Toledo 3 Culturas -

50+

1. GARCIA SANCHEZ, Oscar	73 E.C. Ciudad De Talavera	<b>28.82</b>	533	19,00
2. GARCIA DE LAS BAYONAS ARANZA	71 M.C.N. Puertollano	<b>33.61</b>	336	16,00
3. PÉREZ OSMA, Santiago	71 C.N. Cuenca	<b>35.70</b>	280	14,00
4. DE MESA BUIGUES, Jeronimo	72 C.N. Monteverde	<b>40.66</b>	190	13,00
5. ARGUDO MORAL, Ricardo	70 Albacete Swim	<b>45.00</b>	140	12,00
6. ROMERO RUIZ, Indalecio	69 C.N. Cuenca	<b>48.91</b>	109	-
7. CID RODRÍGUEZ, Fernando	69 C.P. La Roda	<b>1:00.77</b>	56	11,00

55+

1. MUÑOZ PEREZ, Angel Andres	67 E.C. Ciudad De Talavera	<b>32.74</b>	412	19,00
2. MINGUELA ARJONA, Jose Maria	67 C.N. Monteverde	<b>33.25</b>	393	16,00
3. GUTIÉRREZ DOMÍNGUEZ, Enrique	66 Master Toledo 3 Culturas	<b>34.82</b>	342	14,00
4. ORTIZ ESCRIBANO, Rafael	68 C.N. Criptana Gigantes	<b>40.22</b>	222	13,00
5. ARENAS, José	64 Albacete Swim	<b>41.37</b>	204	12,00

60+

1. VIZCAINO GONZÁLEZ, Ramiro	63 Albacete Swim	<b>42.17</b>	205	19,00
2. RODRIGUEZ MARTIN-SONSECA, J.	59 Master Toledo 3 Culturas	<b>43.34</b>	189	16,00
3. GÓMEZ AREVALO, Daniel	61 C.N. Monteverde	<b>51.85</b>	110	14,00

Comprometidos con la natación para toda la vida



Prueba 11, Masc., 50m Libre

65+

1. EDELMAN, Arnoldo	56	Albacete Swim	<b>34.72</b>	392	19,00
2. GARCIA-CUEVAS HOLGADO, Joaquin	58	C.N. Puertollano	<b>34.89</b>	386	16,00
3. LOPEZ ALMARCHA, Alfonso	58	C.D. Escuela Nadadores Tomelloso	<b>50.51</b>	127	14,00

70+

1. AVENDAÑO CEBRIAN, Jose	50	Albacete Swim	<b>47.74</b>	178	19,00
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75+

1. CATALA BOVER, Ignacio	46	C.N. Monteverde	<b>55.65</b>	140	19,00
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Prueba 12 Fem., 200m Mariposa 20 - 89 años  
11/11/2023 - 17:35 Resultados

mm 55+	3:25.14	, MARIA JOSE TORRES PELAYO	Torrijos	24/03/2019
mm 50+	3:56.49	, Remedios Charcos Bueno	CASTELLON	17/02/2023
mm 45+	3:16.48	, ANA BELEN TEBAR ESCRIBANO	La Roda	15/02/2020
mm 40+	2:35.66	, REBECA SANTOS ARRIAGA	Torrijos	24/03/2019
mm 35+	2:44.98	, DE LUCAS GUDIEL MARTA	PALMA DE MALLORCA	05/02/2017
mm 30+	2:22.12	, PATRICIA GONZALEZ MEGIA	CASTELLON	17/02/2023
mm 25+	2:21.96	, GONZALEZ MEGIA Patricia	MALAGA	01/02/2018
mm 20+	2:35.31	, GONZALEZ MEGIA PATRICIA	SESEÑA	22/04/2017

Puntos: ESP Masters 21

Clasificación AN Tiempo Pts

20+

1. TORREJON SANCHEZ, Lucia	03	Cn Ugena	<b>3:36.29</b>	215	19,00
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50m: 47.67 47.67 100m: 1:43.63 55.96 150m: 2:40.28 56.65 200m: 3:36.29 56.01

25+

1. RODRIGUEZ CORVILLO, M <sup>a</sup> Del Rocio	97	C.N. Monteverde	<b>2:36.64</b>	566	19,00
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50m: 33.13 33.13 100m: 1:11.81 38.68 150m: 1:52.63 40.82 200m: 2:36.64 44.01

2. BAEZ DIEGUEZ, Silvia	98	C.N. Monteverde	<b>3:10.19</b>	316	-
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50m: 41.23 41.23 100m: 1:28.52 47.29 150m: 2:19.35 50.83 200m: 3:10.19 50.84

30+

1. GONZALEZ MEGIA, Patricia	93	C.N. Monteverde	<b>2:35.11</b>	631	19,00
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50m: 33.56 33.56 100m: 1:11.43 37.87 150m: 1:55.42 43.99 200m: 2:35.11 39.69

35+

1. GARCIA JURADO-SALMERON, Leyre	87	Albacete Swim	<b>3:29.27</b>	278	19,00
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50m: 46.77 46.77 100m: 1:41.14 54.37 150m: 2:37.53 56.39 200m: 3:29.27 51.74

45+

1. ALCOLADO PINTOR, Milagros	77	C.N. Criptana Gigantes	<b>4:02.48</b>	205	19,00
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50m: 55.33 55.33 100m: 1:57.40 1:02.07 150m: 3:00.58 1:03.18 200m: 4:02.48 1:01.90

2. MARTINEZ GONZALEZ, Montserrat	75	Master Natacion Tomelloso	<b>4:10.98</b>	185	16,00
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50m: 55.56 55.56 100m: 1:59.22 1:03.66 150m: 3:05.60 1:06.38 200m: 4:10.98 1:05.38

Comprometidos con la natación para toda la vida

Prueba 12, Fem., 200m Mariposa

50+

1. CHARCOS BUENO, Remedios	71	Albacete Swim	<b>4:05.97</b>	218	19,00
50m: 54.41 54.41	100m: 1:54.50 1:00.09	150m: 2:57.18 1:02.68	200m: 4:05.97 1:08.79		
2. ALFARO GARCÍA-ALMONACID, Palom	72	C.P. La Roda	<b>4:14.14</b>	197	16,00
50m: 56.54 56.54	100m: 2:02.33 1:05.79	150m: 3:09.58 1:07.25	200m: 4:14.14 1:04.56		
3. DUEÑAS RUIZ, Ines	72	Master Natacion Tomelloso	<b>4:14.69</b>	196	14,00
50m: 58.66 58.66	100m: 2:03.74 1:05.08	150m: 3:10.11 1:06.37	200m: 4:14.69 1:04.58		
4. ROMERO BLESA, Paqui	72	C.N. Almansa	<b>5:10.72</b>	108	13,00
50m: 1:12.17 1:12.17	100m: 2:32.22 1:20.05	150m: 3:52.16 1:19.94	200m: 5:10.72 1:18.56		

Prueba 13

Masc., 200m Mariposa

20 - 89 años

11/11/2023 - 17:45

Resultados

mm 60+	3:21.65	, FRANCISCO LUESO SORDO	CASTELLON	17/02/2023
mm 55+	2:59.54	, JUAN CARLOS NAVARRO AGUIRRE	CASTELLON	17/02/2023
mm 50+	2:35.44	, ESTEBAN ANDUJAR TENDERO	CASTELLON	17/02/2023
mm 45+	2:35.39	, JAVIER MOLTO PRECIOSO	Cuenca	10/12/2022
mm 40+	2:22.86	, FRANCISCO JAVIER PEÑA HIGUERA	PONTEVEDRA	04/03/2022
mm 35+	2:12.65	, JAIME MARQUES VELASCO	PONTEVEDRA	04/03/2022
mm 30+	2:10.43	, ALEJANDRO ZORNOZA VILLOLDO	CASTELLON	17/02/2023
mm 25+	2:11.06	IZAGUIRRE GARCIA, FRANCISCO JAVIER	PONTEVEDRA	07/02/2019
mm 20+	2:15.58	, ESTEBAN ANDUJAR TEBAR	PONTEVEDRA	04/03/2022

Puntos: ESP Masters 21

Clasificación

AN

Tiempo

Pts

20+

1. ANDUJAR TEBAR, Esteban	99	C.N. Albacete	<b>2:21.93</b>	536	19,00
50m: 31.23 31.23	100m: 1:07.28 36.05	150m: 1:44.25 36.97	200m: 2:21.93 37.68		
2. GÓMEZ SILES, Sergio	02	Cn Ugena	<b>2:36.12</b>	403	16,00
50m: 33.43 33.43	100m: 1:12.70 39.27	150m: 1:55.03 42.33	200m: 2:36.12 41.09		
3. SANCHEZ-ROJO HUERTAS, Jorge	99	C.N. Criptana Gigantes	<b>2:52.13</b>	301	14,00
50m: 36.72 36.72	100m: 1:20.03 43.31	150m: 2:05.45 45.42	200m: 2:52.13 46.68		

30+

1. ZORNOZA VILLOLDO, Alejandro	91	C.N. Albacete	<b>2:12.43</b>	630	19,00
50m: 29.59 29.59	100m: 1:02.68 33.09	150m: 1:36.53 33.85	200m: 2:12.43 35.90		

35+

1. RODRIGO OLIVA, David	87	Cn Master Torrijos	<b>3:23.64</b>	220	19,00
50m: 42.80 42.80	100m: 1:31.22 48.42	150m: 2:25.12 53.90	200m: 3:23.64 58.52		
2. ATIENZA MEDINA, Carlos	86	C.N. Albacete	<b>3:31.20</b>	197	16,00
50m: 44.09 44.09	100m: 1:37.05 52.96	150m: 2:32.69 55.64	200m: 3:31.20 58.51		

45+

1. INIESTA ORTIZ, Fernando	78	C.N. Criptana Gigantes	<b>3:06.94</b>	298	19,00
50m: 40.14 40.14	100m: 1:28.96 48.82	150m: 2:18.84 49.88	200m: 3:06.94 48.10		

Baja LOPEZ GOÑI, Diego	75	C.N. Monteverde			-
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Comprometidos con la natación para toda la vida

Prueba 13, Masc., 200m Mariposa

50+

1. ANDUJAR TENDERO, Esteban	69	C.N. Albacete	<b>2:42.04</b>	506	19,00
50m: 35.56 35.56	100m: 1:16.51 40.95	150m: 1:59.16 42.65	200m: 2:42.04 42.88		
2. CAÑAS ALVAREZ, Jose Luis	71	C.N. Monteverde	<b>3:26.42</b>	245	16,00
50m: 46.25 46.25	100m: 1:41.82 55.57	150m: 2:37.58 55.76	200m: 3:26.42 48.84		
3. RUBIA RODRÍGUEZ, Juan Daniel	69	C.N. Ciudad Real	<b>3:57.60</b>	160	14,00
50m: 52.97 52.97	100m: 1:52.90 59.93	150m: 2:56.99 1:04.09	200m: 3:57.60 1:00.61		
4. VICARIO ESPINOSA, Carlos	70	Master Toledo 3 Culturas	<b>4:01.35</b>	153	13,00
50m: 51.39 51.39	100m: 1:52.18 1:00.79	150m: 2:56.43 1:04.25	200m: 4:01.35 1:04.92		

55+

1. HUERTAS HUERTAS, Carlos Javier	67	Master Natacion Tomelloso	<b>3:53.09</b>	198	19,00
50m: 48.60 48.60	100m: 1:47.48 58.88	150m: 2:50.84 1:03.36	200m: 3:53.09 1:02.25		

60+

1. SANZ PASCUAL, Felix	61	C.N. Criptana Gigantes	<b>4:43.00</b>	121	19,00
50m: 1:07.95 1:07.95	100m: 2:22.21 1:14.26	150m: 3:36.87 1:14.66	200m: 4:43.00 1:06.13		

Prueba 14

Fem., 100m Espalda

20 - 89 años

11/11/2023 - 18:00

Resultados

mm 75+	4:47.17	, ISABEL BARCO SORNEZ	TOMELLOSO	04/06/2017
mm 70+	2:58.31	, MERCEDES LOPEZ DE LA CRUZ	Sonseca	21/05/2023
mm 65+	2:06.82	, MARIA PILAR FERNANDEZ-TORIJA G	Villaseca de la Sagra (Toledo)	16/02/2020
mm 60+	2:01.23	, MARIA PILAR FERNANDEZ-TORIJA G	VALDEPEÑAS	13/05/2018
mm 55+	1:29.51	, MARIA JOSE TORRES PELAYO	Torrijos	24/03/2019
mm 50+	1:23.11	, LUCIA VECINA SANCHEZ	CASTELLON	17/02/2023
mm 45+	1:14.26	, SORAYA PEREZ GALLINA	PONTEVEDRA	04/03/2022
mm 40+	1:01.37	, LAURA LOPEZ LOPEZ	Albacete	13/01/2019
mm 35+	1:14.78	, ESMERALDA DE LA BANDA PEREDA	Tomelloso	19/01/2020
mm 30+	1:07.39	, ANGELA JIMÉNEZ TOBOSO	PONTEVEDRA	04/03/2022
mm 25+	1:07.38	, GARCIA RUBIO MARTA	GIJON	28/01/2016
mm 20+	1:07.48	, GONZALEZ MEGIA PATRICIA	ALBACETE	19/11/2016

Puntos: ESP Masters 21

Clasificación

AN

Tiempo

Pts

20+

1. MEDINA CAÑAS, Marta	00	Master Natacion Tomelloso	<b>1:19.04</b>	451	19,00
50m: 37.94 37.94	100m: 1:19.04 41.10				
2. ALONSO SAIZ, Carlota	03	C.N. Monteverde	<b>1:20.72</b>	423	16,00
50m: 39.53 39.53	100m: 1:20.72 41.19				
3. FUENTES PARRA, Maria	01	C.N. Albacete	<b>1:29.75</b>	308	14,00
50m: 44.40 44.40	100m: 1:29.75 45.35				

Comprometidos con la natación para toda la vida

Prueba 14, Fem., 100m Espalda

25+

1. MEZCUA JIMENA, Victoria	98	Master Natacion Tomelloso	<b>1:13.21</b>	568	19,00
50m: 35.19 35.19	100m: 1:13.21	38.02			
2. CONSTAN LOPEZ, Yolanda	97	C.N. Albacete	<b>1:20.55</b>	426	16,00
50m: 37.63 37.63	100m: 1:20.55	42.92			
3. MARTIN DELGADO, Paula	95	E.C. Ciudad De Talavera	<b>1:28.17</b>	325	14,00
50m: 42.28 42.28	100m: 1:28.17	45.89			
4. CALERO JIMÉNEZ, Esther	97	C.N. Almansa	<b>1:29.99</b>	305	13,00
50m: 44.71 44.71	100m: 1:29.99	45.28			
5. CASTELLANOS BALLESTEROS, Raquel	97	C.N. Alcazar	<b>1:38.98</b>	229	12,00
50m: 45.54 45.54	100m: 1:38.98	53.44			
6. PICAZO TENDERO, Ana Isabel	97	C.P. La Roda	<b>1:48.31</b>	175	11,00
50m: 51.51 51.51	100m: 1:48.31	56.80			
7. GARCIA CORREAS, Maria Carolina	94	C.N. Tritones-Talavera	<b>2:11.97</b>	96	10,00
50m: 59.05 59.05	100m: 2:11.97	1:12.92			

30+

1. DEL CERRO MARTIN-ONDARZA, Ana	90	C.N. Ciudad Real	<b>1:21.70</b>	414	19,00
50m: 40.30 40.30	100m: 1:21.70	41.40			

35+

1. JIMENEZ MAROTO, Veronica	85	Master Toledo 3 Culturas	<b>1:35.31</b>	254	19,00
50m: 46.81 46.81	100m: 1:35.31	48.50			
2. DE LA BANDA PEREDA, Esmeralda	84	C.P. La Roda	<b>1:44.83</b>	191	16,00
50m: 50.97 50.97	100m: 1:44.83	53.86			
DSQ DEL PINO RUIZ, Noelia	87	C.N. Tritones-Talavera	<b>1:44.05</b>	-	-
<i>DVI - Viraje Irregular</i>					
50m: 51.29 51.29	100m: 1:44.05	52.76			

40+

1. CUENCA PERAL, Adela	80	C.N. Almansa	<b>1:25.43</b>	405	19,00
50m: 42.42 42.42	100m: 1:25.43	43.01			
2. LORIDO TIERZ, Laura	79	C.N. Puertollano	<b>1:43.85</b>	225	16,00
50m: 49.86 49.86	100m: 1:43.85	53.99			
3. OCAÑA ARENAS, Vanessa	79	C.D. Escuela Nadadores Tomelloso	<b>2:04.37</b>	131	14,00
50m: 58.31 58.31	100m: 2:04.37	1:06.06			

45+

1. PEREZ GALLINA, Soraya	76	Albacete Swim	<b>1:16.01</b>	609	19,00
50m: 37.14 37.14	100m: 1:16.01	38.87			
2. ARIAS MARTINEZ, Mercedes	74	C.N. Alcazar	<b>1:40.52</b>	263	16,00
50m: 49.64 49.64	100m: 1:40.52	50.88			
3. CASTELLANOS, Almudena	75	Master Natacion Tomelloso	<b>1:53.49</b>	183	14,00
50m: 55.42 55.42	100m: 1:53.49	58.07			

Comprometidos con la natación para toda la vida



Prueba 14, Fem., 100m Espalda, 45+

Clasificación	AN		Tiempo	Pts	
4. ALONSO JIMÉNEZ, Sonia Victoria	75	C.N. Ciudad Real	<b>2:09.10</b>	124	13,00
50m: 1:03.91 1:03.91	100m: 2:09.10 1:05.19				
Baja RAMIREZ DIAZ, Ana Belen	74	C.D. Escuela Nadadores Tomelloso			-
50+					
1. VECINA SANCHEZ, Lucia	72	Albacete Swim	<b>1:23.27</b>	495	24,00mm
50m: 39.48 39.48	100m: 1:23.27 43.79				
2. INIESTA MARTINEZ, Anabel	73	C.N. Albacete	<b>1:35.95</b>	323	16,00
50m: 44.92 44.92	100m: 1:35.95 51.03				
3. LOPEZ FAJARDO, Purificación	70	Club Velociraptor Mp Twinner	<b>1:44.84</b>	248	14,00
50m: 51.76 51.76	100m: 1:44.84 53.08				
4. SANTORI SAMANIEGO, Paloma	70	C.N. Valdepeñas	<b>1:45.80</b>	241	13,00
50m: 51.08 51.08	100m: 1:45.80 54.72				
5. MARTIN JIMENEZ, M <sup>a</sup> Carmen	73	E.C. Ciudad De Talavera	<b>1:49.26</b>	219	12,00
50m: 53.16 53.16	100m: 1:49.26 56.10				
6. GONZALEZ BALLESTEROS, Myriam	72	C.N. Monteverde	<b>2:06.76</b>	140	11,00
50m: 1:02.59 1:02.59	100m: 2:06.76 1:04.17				
7. FERNÁNDEZ-PACHECO CALDERÓN, N <sup>a</sup>	72	C.N. Ciudad Real	<b>2:07.42</b>	138	10,00
50m: 1:01.82 1:01.82	100m: 2:07.42 1:05.60				
8. CARRASCO RODRIGUEZ, María José	69	C.N. Criptana Gigantes	<b>2:52.02</b>	56	9,00
50m: 1:24.00 1:24.00	100m: 2:52.02 1:28.02				
55+					
1. VEGA AMAYA, Alicia Gloria	67	C.N. Monteverde	<b>1:48.63</b>	236	19,00
50m: 53.21 53.21	100m: 1:48.63 55.42				
2. POLO USAOLA, Nuria Esther	68	C.N. Valdepeñas	<b>2:21.67</b>	106	16,00
50m: 1:05.60 1:05.60	100m: 2:21.67 1:16.07				
60+					
1. SANTA-MARÍA BLANCO, María Fe	61	C.N. Valdepeñas	<b>2:13.18</b>	160	19,00
50m: 1:04.99 1:04.99	100m: 2:13.18 1:08.19				
70+					
1. LOPEZ DE LA CRUZ, Mercedes	52	E.C. Ciudad De Talavera	<b>3:02.92</b>	75	19,00
50m: 1:29.28 1:29.28	100m: 3:02.92 1:33.64				

Prueba 15  
11/11/2023 - 18:20

Masc., 100m Espalda

20 - 89 años  
Resultados

mm 75+	2:49.60	, IGNACIO CATALA BOVER	Guadalajara	13/02/2022
mm 70+	2:12.57	, DIMAS IBAÑEZ GARCIA	Villaseca de la Sagra (Toledo)	16/02/2020
mm 65+	1:33.90	, ARNOLDO EDELMAN	La Roda	21/10/2023
mm 65+	1:33.90	, ARNOLDO EDELMAN	Talavera de la Reina, Valdepeñ	22/10/2023
mm 60+	1:22.74	, LUIS A. ARDERIUS CHICHARRO	TOMELLOSO	11/05/2014
mm 55+	1:20.74	, FERNANDO TORRES PELAYO	MÓSTOLES	22/05/2022
mm 50+	1:08.86	, CESAR PEREIRA DEL PINO	PONTEVEDRA	04/03/2022
mm 45+	1:03.94	, IÑIGO GOÑI IRADI	LEGAZPI	18/12/2021
mm 40+	1:04.69	, ROSILLO GARCÍA LUIS	PALMA DE MALLORCA	04/02/2017
mm 35+	58.26	SAN ROMAN FERNANDEZ, DANIEL	PONTEVEDRA	09/02/2019
mm 30+	56.89	, ENRIQUE MUÑOZ GONZÁLEZ ALEJA	PONTEVEDRA	04/03/2022
mm 25+	57.76	, PABLO LOPEZ SERRANO	CASTELLON	17/02/2023
mm 20+	57.50	, PABLO LOPEZ SERRANO	PONTEVEDRA	09/02/2019

Puntos: ESP Masters 21

Clasificación	AN		Tiempo	Pts	
20+					
1. DE LA CRUZ SANZ, Mario	99	C.N. Albacete	<b>1:05.77</b>	522	19,00
50m: 30.73 30.73	100m: 1:05.77	35.04			
2. QUIROS INIESTA, Jose Manuel	02	C.N. Criptana Gigantes	<b>1:06.86</b>	497	16,00
50m: 32.62 32.62	100m: 1:06.86	34.24			
3. TAPETADO PEREZ-OLIVARES, Juan	99	C.N. Monteverde	<b>1:08.41</b>	464	14,00
50m: 32.45 32.45	100m: 1:08.41	35.96			
4. GARCIA SANTA MARIA, Fernando	00	C.N. Valdepeñas	<b>1:42.85</b>	136	13,00
50m: 49.57 49.57	100m: 1:42.85	53.28			
25+					
1. RODRIGUEZ BARBERO TERCERO, Jorge	97	C.N. Puertollano	<b>1:10.54</b>	423	19,00
50m: 33.91 33.91	100m: 1:10.54	36.63			
2. MORALES LOZANO, Guillermo	95	Master Natacion Tomelloso	<b>1:11.20</b>	412	16,00
50m: 33.21 33.21	100m: 1:11.20	37.99			
3. SOTOS PIQUERAS, Andrés	98	C.N. Tritones-Talavera	<b>1:12.76</b>	386	14,00
50m: 36.35 36.35	100m: 1:12.76	36.41			
4. PASTOR TOMÁS, Sergio	97	C.N. Almansa	<b>1:13.56</b>	373	13,00
50m: 35.82 35.82	100m: 1:13.56	37.74			
30+					
1. ZORNOZA VILLOLDO, Cristian	93	C.N. Albacete	<b>1:13.64</b>	366	19,00
50m: 36.72 36.72	100m: 1:13.64	36.92			
2. NAVARRO SECADURA, Antonio Jose	89	C.D. Escuela Nadadores Tomelloso	<b>1:24.85</b>	239	16,00
50m: 42.11 42.11	100m: 1:24.85	42.74			
3. JIMÉNEZ ROMERA, Marcos	89	Club Velociraptor Mp Twinner	<b>1:28.17</b>	213	14,00
50m: 42.82 42.82	100m: 1:28.17	45.35			
4. MOLINA LEÓN, Antonio	92	C.N. Manzamaster	<b>1:31.75</b>	189	13,00
50m: 43.43 43.43	100m: 1:31.75	48.32			
DSQ COLLADO BERNABÉ, Hugo	89	C.N. Monteverde			-
<i>DSI - Salida Irregular</i>					

Comprometidos con la natación para toda la vida

Prueba 15, Masc., 100m Espalda

35+

1. DE DIOS LASA, Moises	86	Master Toledo 3 Culturas	<b>1:08.75</b>	502	19,00
50m: 33.87 33.87	100m: 1:08.75 34.88				
2. CALONGE CALONGE, Jaime	86	C.N. Criptana Gigantes	<b>1:14.64</b>	392	16,00
50m: 36.34 36.34	100m: 1:14.64 38.30				
3. SANCHEZ-MANJAVACAS, Carlos	87	C.N. Criptana Gigantes	<b>1:31.76</b>	211	-
50m: 45.43 45.43	100m: 1:31.76 46.33				

40+

1. RAMOS ZAPATA, Hector	81	C.N. Alcazar	<b>1:13.29</b>	419	19,00
50m: 35.65 35.65	100m: 1:13.29 37.64				
2. SESE GARCIA, Jorge	81	C.N. Monteverde	<b>1:17.55</b>	353	16,00
50m: 37.53 37.53	100m: 1:17.55 40.02				
3. ANTONACOGLOU FONSECA, Nicolás	79	C.N. Valdepeñas	<b>1:22.16</b>	297	14,00
50m: 40.57 40.57	100m: 1:22.16 41.59				
4. FERNANDEZ OLIVA, Sergio	83	C.N. Tritones-Talavera	<b>1:22.20</b>	297	13,00
50m: 39.89 39.89	100m: 1:22.20 42.31				
5. CEBRIAN REDONDO, Luis	80	C.P. La Roda	<b>1:22.54</b>	293	12,00
50m: 41.01 41.01	100m: 1:22.54 41.53				
6. GOMEZ NAVARRO, David	81	Albacete Swim	<b>1:31.20</b>	217	11,00
50m: 44.58 44.58	100m: 1:31.20 46.62				
7. CUESTA JAVEGA, Jose Javier	80	C.N. Albacete	<b>1:34.84</b>	193	10,00
50m: 46.56 46.56	100m: 1:34.84 48.28				
8. PELAEZ ORDÓÑEZ, Daniel	82	C.N. Valdepeñas	<b>2:08.52</b>	77	-
50m: 57.06 57.06	100m: 2:08.52 1:11.46				

45+

1. POLO JUÁREZ, Angel	76	C.D. Alcarreño De S.	<b>1:13.13</b>	473	19,00
50m: 35.88 35.88	100m: 1:13.13 37.25				
2. SALAS MARTINEZ, Marc	78	Albacete Swim	<b>1:17.73</b>	394	16,00
50m: 37.96 37.96	100m: 1:17.73 39.77				
3. JIMENEZ OCHANDO, Ignacio Javier	75	C.N. Valdepeñas	<b>1:25.75</b>	293	14,00
50m: 42.87 42.87	100m: 1:25.75 42.88				
4. OLIVARES PANADERO, Marco Antonio	75	C.N. Criptana Gigantes	<b>1:26.79</b>	283	13,00
50m: 43.09 43.09	100m: 1:26.79 43.70				
5. LÓPEZ ALVÁREZ, Javier	76	C.D. Escuela Nadadores Tomelloso	<b>1:51.44</b>	133	12,00
50m: 54.43 54.43	100m: 1:51.44 57.01				

Baja DEL RIO GORRIS, Carlos 74 Master Toledo 3 Culturas -

50+

1. FERNANDEZ LOZANO, Julio	70	Master Natacion Tomelloso	<b>1:30.10</b>	266	19,00
50m: 43.55 43.55	100m: 1:30.10 46.55				
2. GONZALEZ HITTA, Jose Maria	69	Albacete Swim	<b>1:56.65</b>	122	16,00
50m: 58.73 58.73	100m: 1:56.65 57.92				

Comprometidos con la natación para toda la vida

Prueba 15, Masc., 100m Espalda

55+

1. GUALDA PICAZO, Juan Carlos	68	Albacete Swim	<b>1:21.07</b>	421	19,00
50m: 39.80 39.80	100m: 1:21.07	41.27			
2. GONZALEZ LOPEZ, Jose Luis	64	C.N. Valdepeñas	<b>1:43.89</b>	200	16,00
50m: 48.66 48.66	100m: 1:43.89	55.23			
3. GÓMEZ-LUENGO CONDE, Juan José	65	Master Toledo 3 Culturas	<b>1:46.53</b>	185	14,00
50m: 50.69 50.69	100m: 1:46.53	55.84			

60+

1. GARCÍA GARCÍA, José Julián	61	C.N. Valdepeñas	<b>2:03.85</b>	132	19,00
50m: 1:00.94 1:00.94	100m: 2:03.85	1:02.91			

65+

1. EDELMAN, Arnoldo	56	Albacete Swim	<b>1:34.60</b>	366	19,00
50m: 46.52 46.52	100m: 1:34.60	48.08			
2. GARCIA-CUEVAS HOLGADO, Joaquin	58	C.N. Puertollano	<b>1:41.95</b>	292	16,00
50m: 51.01 51.01	100m: 1:41.95	50.94			

Prueba 16

Fem., 400m Estilos

20 - 89 años

11/11/2023 - 18:35

Resultados

mm 55+	6:54.63	, MARIA JOSE TORRES PELAYO	Toledo	16/11/2019
mm 50+	7:21.08	, BELEN LANILLOS NIETO	Torrijos	25/02/2023
mm 45+	5:50.22	, SORAYA PEREZ GALLINA	Albacete	25/02/2023
mm 40+	5:27.22	, SANTOS ARRIAGA REBECA	PALMA DE MALLORCA	04/02/2017
mm 35+	5:55.66	, DE LUCAS GUDIEL MARTA	PALMA DE MALLORCA	04/02/2017
mm 30+	5:02.65	, PATRICIA GONZALEZ MEGIA	ZARAGOZA (C)	18/03/2023
mm 25+	5:02.36	, GONZALEZ MEGIA Patricia	MALAGA	03/02/2018
mm 20+	5:20.54	, GONZALEZ MEGIA PATRICIA	ALMANSA	18/02/2017

Puntos: ESP Masters 21

Clasificación AN Tiempo Pts

20+

1. MARTINEZ MARTINEZ, Candela	00	C.N. Albacete	<b>6:06.42</b>	470	19,00		
50m: 38.07 38.07	150m: 2:14.59	51.90	250m: 3:51.53	48.64	350m: 5:25.41	42.86	
100m: 1:22.69	44.62	200m: 3:02.89	48.30	300m: 4:42.55	51.02	400m: 6:06.42	41.01

25+

1. BAEZ DIEGUEZ, Silvia	98	C.N. Monteverde	<b>6:29.75</b>	390	19,00		
50m: 41.42 41.42	150m: 2:18.91	49.74	250m: 4:02.71	56.85	350m: 5:46.40	45.50	
100m: 1:29.17	47.75	200m: 3:05.86	46.95	300m: 5:00.90	58.19	400m: 6:29.75	43.35
2. REBOLLO LARA, Cristina	95	C.N. Monteverde	<b>6:36.48</b>	371	-		
50m: 44.93 44.93	150m: 2:25.71	50.16	250m: 4:09.34	54.65	350m: 5:50.70	47.75	
100m: 1:35.55	50.62	200m: 3:14.69	48.98	300m: 5:02.95	53.61	400m: 6:36.48	45.78
3. MORENO LÓPEZ, Miriam	97	Master Natacion Tomelloso	<b>6:52.08</b>	330	16,00		
50m: 45.53 45.53	150m: 2:33.55	51.91	250m: 4:18.72	55.17	350m: 6:04.94	48.83	
100m: 1:41.64	56.11	200m: 3:23.55	50.00	300m: 5:16.11	57.39	400m: 6:52.08	47.14

Comprometidos con la natación para toda la vida

Prueba 16, Fem., 400m Estilos

30+

1. PERONA LARA, Lorena	93	Master Natacion Tomelloso	<b>6:53.94</b>	326	19,00
50m: 47.96 47.96	150m: 2:37.25 52.96	250m: 4:22.81 54.03	350m: 6:07.57 49.73		
100m: 1:44.29 56.33	200m: 3:28.78 51.53	300m: 5:17.84 55.03	400m: 6:53.94 46.37		

35+

1. MARIN RUEDA, Melania	88	C.N. Albacete	<b>7:01.99</b>	334	19,00
50m: 45.98 45.98	150m: 2:38.96 53.24	250m: 4:30.24 59.20	350m: 6:16.47 47.07		
100m: 1:45.72 59.74	200m: 3:31.04 52.08	300m: 5:29.40 59.16	400m: 7:01.99 45.52		

40+

1. HIDALGO SANCHEZ, Laura	79	C.N. Puertollano	<b>7:07.51</b>	348	19,00
50m: 41.18 41.18	150m: 2:36.16 1:00.33	250m: 4:33.74 1:00.25	350m: 6:22.48 47.19		
100m: 1:35.83 54.65	200m: 3:33.49 57.33	300m: 5:35.29 1:01.55	400m: 7:07.51 45.03		

45+

1. ALCOLADO PINTOR, Milagros	77	C.N. Criptana Gigantes	<b>7:38.95</b>	280	19,00
50m: 54.26 54.26	150m: 3:00.88 1:04.88	250m: 5:01.64 57.51	350m: 6:50.78 49.87		
100m: 1:56.00 1:01.74	200m: 4:04.13 1:03.25	300m: 6:00.91 59.27	400m: 7:38.95 48.17		
2. DELGADO DE LA CASA, Monica	74	Albacete Swim	<b>7:53.45</b>	255	16,00
50m: 56.00 56.00	150m: 3:07.40 1:05.92	250m: 5:15.53 1:02.75	350m: 7:08.00 49.97		
100m: 2:01.48 1:05.48	200m: 4:12.78 1:05.38	300m: 6:18.03 1:02.50	400m: 7:53.45 45.45		
3. MARTINEZ GONZALEZ, Montserrat	75	Master Natacion Tomelloso	<b>8:07.44</b>	233	14,00
50m: 54.83 54.83	150m: 2:57.93 1:00.63	250m: 5:07.49 1:11.51	350m: 7:14.40 54.40		
100m: 1:57.30 1:02.47	200m: 3:55.98 58.05	300m: 6:20.00 1:12.51	400m: 8:07.44 53.04		

50+

1. DUEÑAS RUIZ, Ines	72	Master Natacion Tomelloso	<b>8:16.01</b>	246	19,00
50m: 58.91 58.91	150m: 3:08.40 1:05.04	250m: 5:19.19 1:05.98	350m: 7:23.21 54.35		
100m: 2:03.36 1:04.45	200m: 4:13.21 1:04.81	300m: 6:28.86 1:09.67	400m: 8:16.01 52.80		
2. ROMERO BLESA, Paqui	72	C.N. Almansa	<b>10:02.96</b>	137	16,00
50m: 1:12.29 1:12.29	150m: 4:00.85 1:26.25	250m: 6:39.81 1:16.80	350m: 9:00.61 1:04.20		
100m: 2:34.60 1:22.31	200m: 5:23.01 1:22.16	300m: 7:56.41 1:16.60	400m: 10:02.96 1:02.35		

Baja SANCHEZ LOPEZ, Maria Jose 73 C.N. Monteverde -

Prueba 17 Masc., 400m Estilos 20 - 89 años  
11/11/2023 - 19:05 Resultados

mm 70+	11:08.37	, JOSE AVENDAÑO CEBRIAN	Albacete	06/03/2021
mm 60+	6:33.19	, FRANCISCO LUESO SORDO	PONTEVEDRA	05/03/2022
mm 55+	6:00.75	, JUAN CARLOS NAVARRO AGUIRRE	CASTELLON	18/02/2023
mm 50+	5:31.13	, CESAR PEREIRA DEL PINO	Torrijos	25/02/2023
mm 45+	5:18.91	, JAVIER MOLTO PRECIOSO	Cuenca	10/12/2022
mm 40+	5:20.58	, MARTINEZ LUCAS FRANCISCO	ALMANSA	18/02/2017
mm 35+	4:39.00	, JAIME MARQUES VELASCO	PONTEVEDRA	05/03/2022
mm 30+	4:31.62	, DAVID ALCOLADO DURANGO	PONTEVEDRA	05/03/2022
mm 25+	4:45.38	IZAGUIRRE GARCIA, FRANCISCO JAVIER	PONTEVEDRA	09/02/2019
mm 20+	4:49.87	, RAUL LUENGO VAZQUEZ	PONTEVEDRA	20/02/2015

Puntos: ESP Masters 21

Clasificación	AN		Tiempo		Pts						
20+											
1. FERNANDEZ RODRIGO, Pablo	99	C.N. Monteverde	<b>4:50.24</b>	674	19,00						
50m:	29.62	29.62	150m:	1:42.94	39.23	250m:	3:01.85	40.24	350m:	4:17.14	34.97
100m:	1:03.71	34.09	200m:	2:21.61	38.67	300m:	3:42.17	40.32	400m:	4:50.24	33.10
2. ANDUJAR TEBAR, Esteban	99	C.N. Albacete	<b>5:09.13</b>	558	16,00						
50m:	31.36	31.36	150m:	1:49.91	42.67	250m:	3:16.00	44.83	350m:	4:35.40	35.27
100m:	1:07.24	35.88	200m:	2:31.17	41.26	300m:	4:00.13	44.13	400m:	5:09.13	33.73
3. LEÓN OLMEDO, Jorge	01	Master Natacion Tomelloso	<b>5:25.76</b>	476	14,00						
50m:	32.06	32.06	150m:	1:50.16	40.69	250m:	3:20.63	48.88	350m:	4:49.45	39.06
100m:	1:09.47	37.41	200m:	2:31.75	41.59	300m:	4:10.39	49.76	400m:	5:25.76	36.31
4. SANCHEZ-ROJO HUERTAS, Jorge	99	C.N. Criptana Gigantes	<b>6:00.60</b>	351	13,00						
50m:	36.26	36.26	150m:	2:05.54	47.73	250m:	3:42.56	51.17	350m:	5:18.28	43.51
100m:	1:17.81	41.55	200m:	2:51.39	45.85	300m:	4:34.77	52.21	400m:	6:00.60	42.32
25+											
1. PICAZO VERGARA, Felipe	96	C.N. Albacete	<b>4:55.53</b>	638	19,00						
50m:	31.55	31.55	150m:	1:48.64	39.47	250m:	3:07.73	39.76	350m:	4:22.53	33.80
100m:	1:09.17	37.62	200m:	2:27.97	39.33	300m:	3:48.73	41.00	400m:	4:55.53	33.00
2. SÁNCHEZ BAÑOS, Jaime	94	Master Natacion Tomelloso	<b>5:48.65</b>	388	16,00						
50m:	35.40	35.40	150m:	2:07.41	47.30	250m:	3:40.92	47.26	350m:	5:09.81	40.91
100m:	1:20.11	44.71	200m:	2:53.66	46.25	300m:	4:28.90	47.98	400m:	5:48.65	38.84
3. MANZANEQUE CARRASCO, José	98	C.N. Criptana Gigantes	<b>6:41.52</b>	254	14,00						
50m:	44.34	44.34	150m:	2:30.18	55.39	250m:	4:20.78	58.13	350m:	6:02.27	43.55
100m:	1:34.79	50.45	200m:	3:22.65	52.47	300m:	5:18.72	57.94	400m:	6:41.52	39.25
30+											
1. BAÑON ALFARO, Javier	89	C.N. Albacete	<b>5:25.47</b>	486	19,00						
50m:	34.48	34.48	150m:	1:57.50	42.28	250m:	3:27.00	48.18	350m:	4:52.30	36.74
100m:	1:15.22	40.74	200m:	2:38.82	41.32	300m:	4:15.56	48.56	400m:	5:25.47	33.17
35+											
1. ARROYO FERNANDEZ, Alvaro	85	E.C. Ciudad De Talavera	<b>5:23.73</b>	516	19,00						
50m:	33.47	33.47	150m:	1:55.39	40.97	250m:	3:21.38	46.08	350m:	4:47.28	38.13
100m:	1:14.42	40.95	200m:	2:35.30	39.91	300m:	4:09.15	47.77	400m:	5:23.73	36.45
2. OLMEDO CANO, Jose Eulogio	85	Master Natacion Tomelloso	<b>9:00.38</b>	111	16,00						
50m:	52.00	52.00	150m:	3:08.47	1:14.64	250m:	5:43.99	1:17.18	350m:	8:02.52	57.82
100m:	1:53.83	1:01.83	200m:	4:26.81	1:18.34	300m:	7:04.70	1:20.71	400m:	9:00.38	57.86

Comprometidos con la natación para toda la vida

Prueba 17, Masc., 400m Estilos, 35+

Clasificación	AN						Tiempo	Pts			
3. MARTIN-SERRANO CASARRUBIOS, J.84	C.N. Criptana Gigantes						<b>10:18.81</b>	73	14,00		
50m:	56.51	56.51	150m:	3:39.10	1:33.46	250m:	6:38.84	1:21.52	350m:	9:14.30	1:11.25
100m:	2:05.64	1:09.13	200m:	5:17.32	1:38.22	300m:	8:03.05	1:24.21	400m:	10:18.81	1:04.51
40+											
1. AGUADO ANDRÉS, Sergio	82 E.C. Ciudad De Talavera						<b>5:34.23</b>	531	19,00		
50m:	33.08	33.08	150m:	1:56.87	44.18	250m:	3:26.66	46.27	350m:	4:54.72	40.93
100m:	1:12.69	39.61	200m:	2:40.39	43.52	300m:	4:13.79	47.13	400m:	5:34.23	39.51
2. MITTERLE, Sebastian	82 C.N. Alarcos Ciudad Real						<b>7:07.55</b>	253	16,00		
50m:	50.86	50.86	150m:	2:47.35	55.89	250m:	4:34.28	53.38	350m:	6:21.18	49.88
100m:	1:51.46	1:00.60	200m:	3:40.90	53.55	300m:	5:31.30	57.02	400m:	7:07.55	46.37
3. SEVILLA TEBAR, David	82 C.N. Valdepeñas						<b>7:57.71</b>	181	14,00		
50m:	52.09	52.09	150m:	2:56.63	1:00.38	250m:	5:04.69	1:09.11	350m:	7:07.42	55.04
100m:	1:56.25	1:04.16	200m:	3:55.58	58.95	300m:	6:12.38	1:07.69	400m:	7:57.71	50.29
45+											
1. MARTINEZ LUCAS, Francisco	74 Albacete Swim						<b>5:45.92</b>	482	19,00		
50m:	38.22	38.22	150m:	2:06.02	43.73	250m:	3:38.50	49.89	350m:	5:08.27	39.04
100m:	1:22.29	44.07	200m:	2:48.61	42.59	300m:	4:29.23	50.73	400m:	5:45.92	37.65
2. INIESTA ORTIZ, Fernando	78 C.N. Criptana Gigantes						<b>6:16.95</b>	373	16,00		
50m:	38.98	38.98	150m:	2:15.71	50.40	250m:	4:00.31	55.07	350m:	5:37.08	43.16
100m:	1:25.31	46.33	200m:	3:05.24	49.53	300m:	4:53.92	53.61	400m:	6:16.95	39.87
3. TRUJILLO MORA, Jose Ramon	74 C.N. Puertollano						<b>6:54.24</b>	281	14,00		
50m:	44.86	44.86	150m:	2:38.88	59.90	250m:	4:31.80	53.74	350m:	6:12.63	45.40
100m:	1:38.98	54.12	200m:	3:38.06	59.18	300m:	5:27.23	55.43	400m:	6:54.24	41.61
50+											
1. PEREZ ESCALANTE, David	70 C.N. Monteverde						<b>6:49.77</b>	283	19,00		
50m:	48.56	48.56	150m:	2:36.23	53.50	250m:	4:24.62	55.58	350m:	6:07.74	44.14
100m:	1:42.73	54.17	200m:	3:29.04	52.81	300m:	5:23.60	58.98	400m:	6:49.77	42.03
2. FERNANDEZ LOZANO, Julio	70 Master Natacion Tomelloso						<b>7:05.71</b>	253	16,00		
50m:	48.64	48.64	150m:	2:38.65	55.13	250m:	4:32.85	1:01.17	350m:	6:22.10	47.30
100m:	1:43.52	54.88	200m:	3:31.68	53.03	300m:	5:34.80	1:01.95	400m:	7:05.71	43.61
3. GÓMEZ LAGUNA, Antonio	69 Master Toledo 3 Culturas						<b>7:29.17</b>	215	14,00		
50m:	49.55	49.55	150m:	2:52.27	1:02.80	250m:	4:54.25	1:02.85	350m:	6:42.88	46.16
100m:	1:49.47	59.92	200m:	3:51.40	59.13	300m:	5:56.72	1:02.47	400m:	7:29.17	46.29
4. GONZALEZ DE LA ALEJA LOPEZ, V.	70 C.N. Valdepeñas						<b>7:41.77</b>	198	13,00		
50m:	50.92	50.92	150m:	2:47.68	56.47	250m:	4:48.20	1:05.13	350m:	6:48.08	53.63
100m:	1:51.21	1:00.29	200m:	3:43.07	55.39	300m:	5:54.45	1:06.25	400m:	7:41.77	53.69
55+											
1. LOPEZ-TELLO GOMEZ, Francisco Javier64	C.N. Albacete						<b>7:14.69</b>	303	19,00		
50m:	49.23	49.23	150m:	2:44.44	57.92	250m:	4:40.39	59.46	350m:	6:29.26	50.15
100m:	1:46.52	57.29	200m:	3:40.93	56.49	300m:	5:39.11	58.72	400m:	7:14.69	45.43

Comprometidos con la natación para toda la vida

Prueba 17, Masc., 400m Estilos

60+

1. LUESO SORDO, Francisco	6l	C.P. La Roda	<b>6:41.71</b>	435	19,00
50m: 47.98 47.98	150m: 2:37.37	56.77	250m: 4:24.51	51.21	350m: 6:02.00
100m: 1:40.60 52.62	200m: 3:33.30	55.93	300m: 5:17.39	52.88	400m: 6:41.71
2. SANZ PASCUAL, Felix	6l	C.N. Criptana Gigantes	<b>8:58.77</b>	180	16,00
50m: 1:07.18 1:07.18	150m: 3:29.64	1:11.69	250m: 5:51.15	1:12.24	350m: 8:03.42
100m: 2:17.95 1:10.77	200m: 4:38.91	1:09.27	300m: 7:01.90	1:10.75	400m: 8:58.77

Prueba 18

Fem., 4 x 50m Estilos

AG 80 - 359

11/11/2023 - 19:35

Resultados

mmr +280	5:35.69	C.N. MONTEVERDE	Quintanar	19/01/2020
mmr +240	3:09.78	C.N. MONTEVERDE	Quintanar	19/01/2020
mmr +200	2:40.81	DSC ALBACETE SWIM	Tomelloso	19/01/2020
mmr +160	2:20.14	C.N. ALBACETE	Tomelloso	19/01/2020
mmr +120	2:18.01	CLUB NATACION AQÜIS	GIJÓN	30/01/2016
mmr +100	2:01.43	C.N. MONTEVERDE	CASTELLON	19/02/2023
mmr +80	2:11.19	C.N. TOLEDO	PALMA DE MALLORCA	21/02/2014

Puntos: ESP Masters 21

Clasificación

Tiempo

Pts

+80

1. Master Natacion Tomelloso 1		Master Natacion Tomelloso	<b>2:24.87</b>	38,00
MORENO LÓPEZ, Miriam	97	41.27 MEZCUA JIMENA, Victoria	98	31.79
FERRER FERNÁNDEZ, Lydia	01	40.31 MEDINA CAÑAS, Marta	00	31.50
2. C.N. Albacete 1		C.N. Albacete	<b>2:31.52</b>	32,00
FUENTES PARRA, Maria	01	41.79 MARTINEZ MARTINEZ, Candela	00	35.63
PÉREZ INIESTA, Anabel	02	43.26 CUTILLAS MORENO, Minerva	02	30.84
3. C.N. Monteverde 3		C.N. Monteverde	<b>2:33.83</b>	28,00
ALONSO SAIZ, Carlota	03	37.37 BAEZ DIEGUEZ, Silvia	98	38.93
GONZALEZ GALINDO, Raquel	01	42.92 MARTIN CAMBRONERO, Alicia	02	34.61

+100

1. C.N. Monteverde 2		C.N. Monteverde	<b>2:23.41</b>	38,00
REBOLLO LARA, Cristina	95	41.76 RODRIGUEZ CORVILLO, Mª Del F97io		29.76
GONZALEZ MEGIA, Patricia	93	35.04 FERNANDEZ CORROCHANO, Silv96		36.85

+120

1. Master Natacion Tomelloso 2		Master Natacion Tomelloso	<b>2:41.37</b>	38,00
MOYA QUEVEDO, Nuria	90	35.93 PERONA LARA, Lorena	93	41.11
SERNA GARCÍA, Cristina	95	45.61 MOYA QUEVEDO, Laura	81	38.72
2. C.N. Criptana Gigantes 1		C.N. Criptana Gigantes	<b>3:00.64</b>	32,00
QUIROS INIESTA, Maria Del Pilar	97	46.27 OLIVARES PANADERO, María Jos77		49.39
COLINET MORENO, Mª Angeles	82	43.73 ALCOLADO PINTOR, Milagros	77	41.25
3. C.N. Tritones-Talavera 1		C.N. Tritones-Talavera	<b>3:40.81</b>	28,00
DEL PINO RUIZ, Noelia	87	50.48 GARCIA CORREAS, Maria Carolina94		52.55
RODRIGUEZ LUCENA, Cristina	95	1:11.89 GARCIA CORREAS, Maria Gema	85	45.89

Comprometidos con la natación para toda la vida



Prueba 18, Fem., 4 x 50m Estilos

+160

1. C.N. Albacete 2	C.N. Albacete	<b>2:38.18</b>	38,00
INIESTA MARTINEZ, Anabel 73	41.44 CONSTAN LOPEZ, Yolanda 97		31.22
MARIN RUEDA, Melania 88	50.05 CALVO HOYOS, Mª Angeles 73		35.47
2. C.N. Puertollano 1	C.N. Puertollano	<b>2:45.79</b>	32,00
LORIDO TIERZ, Laura 79	45.90 PAZ DE LA FLOR, Maria De La Cc95pcion 40.60		33.01
LUENGO ALARCON, Sara 79	46.28 HIDALGO SANCHEZ, Laura 79		
3. C.N. Alcazar 1	C.N. Alcazar	<b>2:49.85</b>	28,00
CASTELLANOS BALLESTEROS, R97uel 43.37	PERUCHO FLECHOSO, Alejandra 75 40.66		40.54
RIVERO LORENTE, Carolina 79	45.28 ARIAS MARTINEZ, Mercedes 74		
4. C.P. La Roda 1	C.P. La Roda	<b>3:02.15</b>	26,00
DE LA BANDA PEREDA, Esmeralc84 46.71	ALFARO GARCÍA-ALMONACID, 72loma 48.20		38.87
PICAZO TENDERO, Ana Isabel 97	48.37 MARTINEZ CANO, Esther 75		
5. C.N. Almansa 1	C.N. Almansa	<b>3:03.41</b>	24,00
CUENCA PERAL, Adela 80	40.33 CALERO JIMÉNEZ, Esther 97 40.59		39.94
ROMERO BLESA, Paqui 72	1:02.55 MARTINEZ DOMINGUEZ, Maria J64e		
6. Master Toledo 3 Culturas 1	Master Toledo 3 Culturas	<b>3:05.09</b>	22,00
JIMENEZ MAROTO, Veronica 85	44.38 GÓMEZ GARCÍA, Sandra 85 48.99		45.48
ALCOBENDAS MAESTRO, Mónica:72	46.24 DÍAZ GALÁN, Demelsa 81		
7. Master Natacion Tomelloso 3	Master Natacion Tomelloso	<b>3:43.12</b>	20,00
MANCHO COLLADO, Esther 74	1:03.57 DUEÑAS RUIZ, Ines 72 56.33		42.79
CASTELLANOS, Almudena 75	1:00.43 MARTINEZ GONZALEZ, Montser:75		
8. C.D. Escuela Nadadores Tomelloso 1	C.D. Escuela Nadadores Tomelloso	<b>3:46.28</b>	18,00
OCAÑA ARENAS, Vanessa 79	55.83 BECERRA CANO, Alba 92 57.45		54.85
GRUESO NAVARRO, Mayte 79	58.15 GALLEGO SANTOS OLMO, Maria 73ena		
DSQ Albacete Swim 1	Albacete Swim		-
<i>DSI - Salida Irregular</i>			
PEREZ GALLINA, Soraya 76	36.06 VECINA SANCHEZ, Lucia 72		
CHARCOS BUENO, Remedios 71	GARCIA JURADO-SALMERON, Lc87e		
Baja C.N. Cuenca 1	C.N. Cuenca		-

+200

1. Club Velociraptor Mp Twinner 1	Club Velociraptor Mp Twinner	<b>3:16.85</b>	38,00
MORA, TOMÁS, Paloma 72	1:09.59 LANILLOS NIETO, Belen 72 41.22		38.60
LOPEZ FAJARDO, Purificación 70	47.44 DIAZ FERNANDEZ, Mar 72		
2. Albacete Swim 2	Albacete Swim	<b>3:29.04</b>	32,00
DELGADO DE LA CASA, Monica 74	53.40 GARCÍA ALFARO, Maria José 72 53.39		51.20
YESTE RAMÍREZ, Juana María 66	51.05 RODRIGUEZ PAÑOS, Beatriz 58		
3. E.C. Ciudad De Talavera 1	E.C. Ciudad De Talavera	<b>3:30.45</b>	28,00
MARTIN JIMENEZ, Mª Carmen 73	49.36 MARTIN DELGADO, Paula 95 35.79		1:14.78
CORDERO RODRÍGUEZ, María Pil66	50.52 LOPEZ DE LA CRUZ, Mercedes 52		
4. C.N. Monteverde 5	C.N. Monteverde	<b>3:31.53</b>	26,00
POZA HERNANDEZ, Paloma 75	55.16 CASTAÑO MOREIRA, Beatriz 79 47.86		52.58
HEVIA PINO, Macarena 67	55.93 FERNANDEZ MAGAN, Carolina 69		
5. C.N. Ciudad Real 1	C.N. Ciudad Real	<b>3:42.12</b>	24,00
FERNÁNDEZ-PACHECO CALDER72N, Noemi 59.55	ALONSO JIMÉNEZ, Sonia Victoria 75 52.41		51.05
GONZALEZ DE LA OBRA, Ana 71	59.11 ALONSO GIMÉNEZ, Irina 73		
6. C.N. Valdepeñas 1	C.N. Valdepeñas	<b>3:43.46</b>	22,00
SANTORI SAMANIEGO, Paloma 70	48.65 SANTA-MARÍA BLANCO, María F61 57.86		50.41
MARTIN GARRIDO, Juana María 55	1:06.54 POLO USAOLA, Nuria Esther 68		

Comprometidos con la natación para toda la vida



Prueba 18, Fem., 4 x 50m Estilos

+240

1. C.N. Monteverde 6	C.N. Monteverde	<b>3:54.38</b>	38,00
VEGA BARROSO, Maria Del Carme60	1:01.80	ROJAS VARGAS, Diana Patricia 65	1:13.91
VEGA AMAYA, Alicia Gloria 67	53.61	FERNANDEZ-TORIJA GARCIA, M55ª Pilar	45.06