



Circuito Castellano Manchego de Natación; Jornada 1
Tomelloso, 28/10/2023

Prueba 29
28/10/2023 - 18:45

Fem., 400m Libre

Absoluta Femenino
Resultados

| | | | | |
|-------|---------|----------------------------|-------------------|------------|
| r | 4:07.57 | , MARTA CARMONA VILLAPLANA | Sabadell | 17/12/2022 |
| mm 18 | 4:12.99 | IBAÑEZ HERNANDEZ, NEREA | BARCELONA | 23/11/2017 |
| mm 17 | 4:07.57 | , MARTA CARMONA VILLAPLANA | Sabadell | 17/12/2022 |
| mm 16 | 4:11.41 | , MARTA CARMONA VILLAPLANA | PALMA DE MALLORCA | 25/11/2021 |
| mm 15 | 4:16.72 | , MARTA CARMONA VILLAPLANA | Talavera | 07/11/2020 |
| mm 14 | 4:23.02 | , MARTA CARMONA VILLAPLANA | Tomelloso | 09/11/2019 |
| mm 13 | 4:26.35 | , ELENA VAZQUEZ ALVAREZ | GIJON | 14/11/2019 |
| mm 12 | 4:40.91 | , CABANES GARZÁS LAURA | ALBACETE | 05/05/2018 |

Puntos: FINA 2022

Clasificación AN Tiempo Pts

Alevín Femenino

| | | | | |
|--------------------------------|---------------------|---------------------|---------------------|-----|
| 1. RODRIGUEZ LOPEZ, Elsa | 11 | C.N. Cuenca | 5:24.28 | 375 |
| 50m: 36.00 36.00 | 150m: 1:59.26 42.09 | 250m: 3:21.47 41.12 | 350m: 4:43.52 40.85 | |
| 100m: 1:17.17 41.17 | 200m: 2:40.35 41.09 | 300m: 4:02.67 41.20 | 400m: 5:24.28 40.76 | |
| 2. GARCIA CIFUENTES, Leyre | 11 | C.N. Albacete | 5:31.48 | 351 |
| 50m: 36.45 36.45 | 150m: 1:58.30 41.63 | 250m: 3:24.20 43.16 | 350m: 4:50.38 43.46 | |
| 100m: 1:16.67 40.22 | 200m: 2:41.04 42.74 | 300m: 4:06.92 42.72 | 400m: 5:31.48 41.10 | |
| 3. CASTILLEJOS RAMIREZ, Silvia | 12 | C.N. Tomelloso | 5:47.74 | 304 |
| 50m: 37.05 37.05 | 150m: 2:02.81 43.71 | 250m: 3:32.78 45.42 | 350m: 5:04.15 45.62 | |
| 100m: 1:19.10 42.05 | 200m: 2:47.36 44.55 | 300m: 4:18.53 45.75 | 400m: 5:47.74 43.59 | |

Infantil Femenino

| | | | | |
|---------------------------|---------------------|------------------------|---------------------|-----|
| 1. ORTEGA GUZMAN, Mayi | 09 | C.N.S.Oriol Imperial | 4:53.47 | 506 |
| 50m: 34.05 34.05 | 150m: 1:47.81 36.97 | 250m: 3:01.80 36.88 | 350m: 4:17.55 38.04 | |
| 100m: 1:10.84 36.79 | 200m: 2:24.92 37.11 | 300m: 3:39.51 37.71 | 400m: 4:53.47 35.92 | |
| 2. AMORES ALCOLADO, Sonia | 09 | C.N. Criptana Gigantes | 5:08.48 | 436 |
| 50m: 34.88 34.88 | 150m: 1:51.35 38.58 | 250m: 3:10.01 39.47 | 350m: 4:29.75 40.05 | |
| 100m: 1:12.77 37.89 | 200m: 2:30.54 39.19 | 300m: 3:49.70 39.69 | 400m: 5:08.48 38.73 | |
| 3. LOPEZ GALLEGO, Irene | 09 | C.P. La Roda | 5:14.09 | 413 |
| 50m: 34.48 34.48 | 150m: 1:52.02 39.28 | 250m: 3:12.35 40.26 | 350m: 4:34.65 41.05 | |
| 100m: 1:12.74 38.26 | 200m: 2:32.09 40.07 | 300m: 3:53.60 41.25 | 400m: 5:14.09 39.44 | |

Junior Femenino

| | | | | |
|-------------------------------|---------------------|--------------------------|---------------------|-----|
| 1. GOMEZ LOPEZ, Leonor | 06 | C.N.S.Oriol Imperial | 4:48.85 | 531 |
| 50m: 33.93 33.93 | 150m: 1:46.68 36.57 | 250m: 3:00.28 36.79 | 350m: 4:13.85 36.66 | |
| 100m: 1:10.11 36.18 | 200m: 2:23.49 36.81 | 300m: 3:37.19 36.91 | 400m: 4:48.85 35.00 | |
| 2. BLAS DIAZ, Lucia | 08 | C.D.Alcarreño De S. | 4:50.03 | 524 |
| 50m: 33.17 33.17 | 150m: 1:46.75 37.24 | 250m: 3:00.64 37.05 | 350m: 4:15.37 37.59 | |
| 100m: 1:09.51 36.34 | 200m: 2:23.59 36.84 | 300m: 3:37.78 37.14 | 400m: 4:50.03 34.66 | |
| 3. LOPEZ ASTILLEROS, Lucia | 06 | C.N. Alarcos Ciudad Real | 5:09.53 | 431 |
| 50m: 33.82 33.82 | 150m: 1:50.37 38.74 | 250m: 3:09.27 39.81 | 350m: 4:30.12 40.65 | |
| 100m: 1:11.63 37.81 | 200m: 2:29.46 39.09 | 300m: 3:49.47 40.20 | 400m: 5:09.53 39.41 | |
| 4. ESPLIEGO MARTINEZ, Brianda | 08 | C.D.Alcarreño De S. | 5:11.94 | 421 |
| 50m: 35.03 35.03 | 150m: 1:52.73 39.59 | 250m: 3:13.24 40.30 | 350m: 4:33.26 40.04 | |
| 100m: 1:13.14 38.11 | 200m: 2:32.94 40.21 | 300m: 3:53.22 39.98 | 400m: 5:11.94 38.68 | |
| 5. MARTIN ESTEBAN, Maria | 08 | Club Natación Sonseca | 5:15.34 | 408 |
| 50m: 35.20 35.20 | 150m: 1:52.51 39.25 | 250m: 3:12.83 40.71 | 350m: 4:34.71 41.04 | |
| 100m: 1:13.26 38.06 | 200m: 2:32.12 39.61 | 300m: 3:53.67 40.84 | 400m: 5:15.34 40.63 | |
| 6. PECELLIN MACIAS, Paula | 07 | C.N. Ciudad Real | 5:18.60 | 395 |
| 50m: 35.62 35.62 | 150m: 1:54.45 39.93 | 250m: 3:15.87 40.57 | 350m: 4:38.03 41.16 | |
| 100m: 1:14.52 38.90 | 200m: 2:35.30 40.85 | 300m: 3:56.87 41.00 | 400m: 5:18.60 40.57 | |

Comprometidos con la natación para toda la vida





Circuito Castellano Manchego de Natación; Jornada 1
Tomelloso, 28/10/2023

Prueba 29, Fem., 400m Libre, Junior Femenino

| Clasificación | | | AN | | | | | Tiempo | Pts | | | |
|---------------|-----------------------|-------------|-------|----------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 7. | ESPINOSA LARA, Alicia | | 06 | C.N. Tomelloso | | | | 5:38.29 | 330 | | | |
| | 50m: | 35.96 35.96 | 150m: | 1:58.96 | 42.78 | 250m: | 3:26.69 | 44.15 | 350m: | 4:55.46 | 44.51 | |
| | 100m: | 1:16.18 | 40.22 | 200m: | 2:42.54 | 43.58 | 300m: | 4:10.95 | 44.26 | 400m: | 5:38.29 | 42.83 |

Absoluta Femenino

| | | | | | | | | | | | | |
|-----|----------------------------|-------------|-------|--------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 1. | HERNANDEZ GARCIA, Paula | | 04 | C.N.S.Oriol Imperial | | | | 4:48.59 | 532 | | | |
| | 50m: | 33.81 33.81 | 150m: | 1:47.92 | 36.77 | 250m: | 3:00.77 | 36.26 | 350m: | 4:13.06 | 35.92 | |
| | 100m: | 1:11.15 | 37.34 | 200m: | 2:24.51 | 36.59 | 300m: | 3:37.14 | 36.37 | 400m: | 4:48.59 | 35.53 |
| 2. | GOMEZ LOPEZ, Leonor | | 06 | C.N.S.Oriol Imperial | | | | 4:48.85 | 531 | | | |
| | 50m: | 33.93 33.93 | 150m: | 1:46.68 | 36.57 | 250m: | 3:00.28 | 36.79 | 350m: | 4:13.85 | 36.66 | |
| | 100m: | 1:10.11 | 36.18 | 200m: | 2:23.49 | 36.81 | 300m: | 3:37.19 | 36.91 | 400m: | 4:48.85 | 35.00 |
| 3. | BLAS DIAZ, Lucia | | 08 | C.D.Alcarreño De S. | | | | 4:50.03 | 524 | | | |
| | 50m: | 33.17 33.17 | 150m: | 1:46.75 | 37.24 | 250m: | 3:00.64 | 37.05 | 350m: | 4:15.37 | 37.59 | |
| | 100m: | 1:09.51 | 36.34 | 200m: | 2:23.59 | 36.84 | 300m: | 3:37.78 | 37.14 | 400m: | 4:50.03 | 34.66 |
| 4. | ORTEGA GUZMAN, Mayi | | 09 | C.N.S.Oriol Imperial | | | | 4:53.47 | 506 | | | |
| | 50m: | 34.05 34.05 | 150m: | 1:47.81 | 36.97 | 250m: | 3:01.80 | 36.88 | 350m: | 4:17.55 | 38.04 | |
| | 100m: | 1:10.84 | 36.79 | 200m: | 2:24.92 | 37.11 | 300m: | 3:39.51 | 37.71 | 400m: | 4:53.47 | 35.92 |
| 5. | PEÑA FDEZ-PACHECO, Martina | | 05 | C.N. Ciudad Real | | | | 5:04.95 | 451 | | | |
| | 50m: | 35.05 35.05 | 150m: | 1:50.75 | 38.14 | 250m: | 3:07.63 | 38.73 | 350m: | 4:26.53 | 39.22 | |
| | 100m: | 1:12.61 | 37.56 | 200m: | 2:28.90 | 38.15 | 300m: | 3:47.31 | 39.68 | 400m: | 5:04.95 | 38.42 |
| 6. | AMORES ALCOLADO, Sonia | | 09 | C.N. Criptana Gigantes | | | | 5:08.48 | 436 | | | |
| | 50m: | 34.88 34.88 | 150m: | 1:51.35 | 38.58 | 250m: | 3:10.01 | 39.47 | 350m: | 4:29.75 | 40.05 | |
| | 100m: | 1:12.77 | 37.89 | 200m: | 2:30.54 | 39.19 | 300m: | 3:49.70 | 39.69 | 400m: | 5:08.48 | 38.73 |
| 7. | LOPEZ ASTILLEROS, Lucia | | 06 | C.N. Alarcos Ciudad Real | | | | 5:09.53 | 431 | | | |
| | 50m: | 33.82 33.82 | 150m: | 1:50.37 | 38.74 | 250m: | 3:09.27 | 39.81 | 350m: | 4:30.12 | 40.65 | |
| | 100m: | 1:11.63 | 37.81 | 200m: | 2:29.46 | 39.09 | 300m: | 3:49.47 | 40.20 | 400m: | 5:09.53 | 39.41 |
| 8. | ESPLIEGO MARTINEZ, Brianda | | 08 | C.D.Alcarreño De S. | | | | 5:11.94 | 421 | | | |
| | 50m: | 35.03 35.03 | 150m: | 1:52.73 | 39.59 | 250m: | 3:13.24 | 40.30 | 350m: | 4:33.26 | 40.04 | |
| | 100m: | 1:13.14 | 38.11 | 200m: | 2:32.94 | 40.21 | 300m: | 3:53.22 | 39.98 | 400m: | 5:11.94 | 38.68 |
| 9. | LOPEZ GALLEGO, Irene | | 09 | C.P. La Roda | | | | 5:14.09 | 413 | | | |
| | 50m: | 34.48 34.48 | 150m: | 1:52.02 | 39.28 | 250m: | 3:12.35 | 40.26 | 350m: | 4:34.65 | 41.05 | |
| | 100m: | 1:12.74 | 38.26 | 200m: | 2:32.09 | 40.07 | 300m: | 3:53.60 | 41.25 | 400m: | 5:14.09 | 39.44 |
| 10. | MARTIN ESTEBAN, Maria | | 08 | Club Natación Sonseca | | | | 5:15.34 | 408 | | | |
| | 50m: | 35.20 35.20 | 150m: | 1:52.51 | 39.25 | 250m: | 3:12.83 | 40.71 | 350m: | 4:34.71 | 41.04 | |
| | 100m: | 1:13.26 | 38.06 | 200m: | 2:32.12 | 39.61 | 300m: | 3:53.67 | 40.84 | 400m: | 5:15.34 | 40.63 |
| 11. | VAQUERO MORALES, Diana | | 05 | C.N. Alcazar | | | | 5:15.64 | 407 | | | |
| | 50m: | 34.11 34.11 | 150m: | 1:51.82 | 39.24 | 250m: | 3:13.06 | 41.17 | 350m: | 4:36.05 | 41.37 | |
| | 100m: | 1:12.58 | 38.47 | 200m: | 2:31.89 | 40.07 | 300m: | 3:54.68 | 41.62 | 400m: | 5:15.64 | 39.59 |
| 12. | PECELLIN MACIAS, Paula | | 07 | C.N. Ciudad Real | | | | 5:18.60 | 395 | | | |
| | 50m: | 35.62 35.62 | 150m: | 1:54.45 | 39.93 | 250m: | 3:15.87 | 40.57 | 350m: | 4:38.03 | 41.16 | |
| | 100m: | 1:14.52 | 38.90 | 200m: | 2:35.30 | 40.85 | 300m: | 3:56.87 | 41.00 | 400m: | 5:18.60 | 40.57 |
| 13. | RODRIGUEZ LOPEZ, Elsa | | 11 | C.N. Cuenca | | | | 5:24.28 | 375 | | | |
| | 50m: | 36.00 36.00 | 150m: | 1:59.26 | 42.09 | 250m: | 3:21.47 | 41.12 | 350m: | 4:43.52 | 40.85 | |
| | 100m: | 1:17.17 | 41.17 | 200m: | 2:40.35 | 41.09 | 300m: | 4:02.67 | 41.20 | 400m: | 5:24.28 | 40.76 |
| 14. | GARCIA CIFUENTES, Leyre | | 11 | C.N. Albacete | | | | 5:31.48 | 351 | | | |
| | 50m: | 36.45 36.45 | 150m: | 1:58.30 | 41.63 | 250m: | 3:24.20 | 43.16 | 350m: | 4:50.38 | 43.46 | |
| | 100m: | 1:16.67 | 40.22 | 200m: | 2:41.04 | 42.74 | 300m: | 4:06.92 | 42.72 | 400m: | 5:31.48 | 41.10 |
| 15. | ESPINOSA LARA, Alicia | | 06 | C.N. Tomelloso | | | | 5:38.29 | 330 | | | |
| | 50m: | 35.96 35.96 | 150m: | 1:58.96 | 42.78 | 250m: | 3:26.69 | 44.15 | 350m: | 4:55.46 | 44.51 | |
| | 100m: | 1:16.18 | 40.22 | 200m: | 2:42.54 | 43.58 | 300m: | 4:10.95 | 44.26 | 400m: | 5:38.29 | 42.83 |

Comprometidos con la natación para toda la vida



Circuito Castellano Manchego de Natación; Jornada 1
Tomelloso, 28/10/2023

Prueba 29, Fem., 400m Libre, Absoluta Femenino

| Clasificación | AN | | | | | | | | Tiempo | Pts | |
|---------------------------------|---------|-------|----------------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 16. CASTILLEJOS RAMIREZ, Silvia | 12 | | C.N. Tomelloso | | | | | | 5:47.74 | 304 | |
| 50m: | 37.05 | 37.05 | 150m: | 2:02.81 | 43.71 | 250m: | 3:32.78 | 45.42 | 350m: | 5:04.15 | 45.62 |
| 100m: | 1:19.10 | 42.05 | 200m: | 2:47.36 | 44.55 | 300m: | 4:18.53 | 45.75 | 400m: | 5:47.74 | 43.59 |

Comprometidos con la natación para toda la vida

