

Prueba 23  
28/10/2023 - 17:45

Fem., 400m Estilos

Absoluta Femenino  
Resultados

r	4:47.64	, LAURA CABANES GARZÁS	Sabadell	18/12/2022
mm 18	5:10.20	, MARTA CABANES GARZAS	Albacete	17/04/2021
mm 17	4:57.21	, MARTA CABANES GARZAS	Talavera de la Reina	22/02/2020
mm 16	4:47.64	, LAURA CABANES GARZÁS	Sabadell	18/12/2022
mm 15	5:00.38	, LAURA CABANES GARZÁS	Tomelloso	06/11/2021
mm 14	5:14.43	, DE LOS MUROS DE LA HIJA BERTA	TOMELLOSO	05/03/2016
mm 13	5:10.52	, LAURA CABANES GARZÁS	Toledo	10/02/2019
mm 12	5:18.49	, CABANES GARZÁS LAURA	CUENCA	19/05/2018

Puntos: FINA 2022

Clasificación AN Tiempo Pts

Infantil Femenino

1. RIVAS GARCIA, Clara	09	C.N. Alarcos Ciudad Real	<b>5:40.77</b>	438
50m: 35.01 35.01	150m: 2:00.54 45.61	250m: 3:32.52 47.20	350m: 5:01.66 41.00	
100m: 1:14.93 39.92	200m: 2:45.32 44.78	300m: 4:20.66 48.14	400m: 5:40.77 39.11	
2. GARCÍA FERNÁNDEZ, María José	09	C.P. La Roda	<b>6:08.00</b>	348
50m: 40.41 40.41	150m: 2:13.85 45.60	250m: 3:52.03 53.35	350m: 5:28.41 42.14	
100m: 1:28.25 47.84	200m: 2:58.68 44.83	300m: 4:46.27 54.24	400m: 6:08.00 39.59	
3. AGUIRRE JIMENEZ, Clara	09	Club Natación Sonseca	<b>6:32.72</b>	286
50m: 39.68 39.68	150m: 2:14.52 47.75	250m: 3:57.41 56.65	350m: 5:45.33 49.88	
100m: 1:26.77 47.09	200m: 3:00.76 46.24	300m: 4:55.45 58.04	400m: 6:32.72 47.39	

Junior Femenino

1. CICUÉNDEZ PLAZA, Andrea	08	C.N. Criptana Gigantes	<b>5:44.92</b>	423
50m: 34.35 34.35	150m: 2:03.24 49.18	250m: 3:38.94 48.87	350m: 5:07.18 38.76	
100m: 1:14.06 39.71	200m: 2:50.07 46.83	300m: 4:28.42 49.48	400m: 5:44.92 37.74	
2. GARCIA RECIO, Julia	08	C.D.Alcarreño De S.	<b>5:49.36</b>	407
50m: 36.99 36.99	150m: 2:04.84 44.38	250m: 3:38.81 49.68	350m: 5:09.91 40.46	
100m: 1:20.46 43.47	200m: 2:49.13 44.29	300m: 4:29.45 50.64	400m: 5:49.36 39.45	
3. PEREZ NAVAS, Lucia	06	C.N.S.Oriol Imperial	<b>6:00.35</b>	371
50m: 36.71 36.71	150m: 2:04.52 45.77	250m: 3:43.61 53.99	350m: 5:20.39 40.48	
100m: 1:18.75 42.04	200m: 2:49.62 45.10	300m: 4:39.91 56.30	400m: 6:00.35 39.96	
4. MORAL YUSTE, Emma	07	C.N. Madridejos	<b>6:23.99</b>	306
50m: 41.03 41.03	150m: 2:14.69 46.67	250m: 3:59.58 56.58	350m: 5:41.29 45.26	
100m: 1:28.02 46.99	200m: 3:03.00 48.31	300m: 4:56.03 56.45	400m: 6:23.99 42.70	
5. MEDRANO LÓPEZ, Andrea	08	C.N. Valdepeñas	<b>6:27.76</b>	297
50m: 42.14 42.14	150m: 2:22.72 49.09	250m: 4:07.97 56.74	350m: 5:47.63 43.49	
100m: 1:33.63 51.49	200m: 3:11.23 48.51	300m: 5:04.14 56.17	400m: 6:27.76 40.13	

Absoluta Femenino

1. RIVAS GARCIA, Clara	09	C.N. Alarcos Ciudad Real	<b>5:40.77</b>	438
50m: 35.01 35.01	150m: 2:00.54 45.61	250m: 3:32.52 47.20	350m: 5:01.66 41.00	
100m: 1:14.93 39.92	200m: 2:45.32 44.78	300m: 4:20.66 48.14	400m: 5:40.77 39.11	
2. CICUÉNDEZ PLAZA, Andrea	08	C.N. Criptana Gigantes	<b>5:44.92</b>	423
50m: 34.35 34.35	150m: 2:03.24 49.18	250m: 3:38.94 48.87	350m: 5:07.18 38.76	
100m: 1:14.06 39.71	200m: 2:50.07 46.83	300m: 4:28.42 49.48	400m: 5:44.92 37.74	
3. GARCIA RECIO, Julia	08	C.D.Alcarreño De S.	<b>5:49.36</b>	407
50m: 36.99 36.99	150m: 2:04.84 44.38	250m: 3:38.81 49.68	350m: 5:09.91 40.46	
100m: 1:20.46 43.47	200m: 2:49.13 44.29	300m: 4:29.45 50.64	400m: 5:49.36 39.45	
4. TORRE MAROTO, Miriam De La	95	C.N. Albacete	<b>5:57.64</b>	379
50m: 37.58 37.58	150m: 2:06.21 45.62	250m: 3:41.57 50.57	350m: 5:16.11 42.06	
100m: 1:20.59 43.01	200m: 2:51.00 44.79	300m: 4:34.05 52.48	400m: 5:57.64 41.53	

Comprometidos con la natación para toda la vida

Prueba 23, Fem., 400m Estilos, Absoluta Femenino

Clasificación	AN						Tiempo		Pts
5. PEREZ NAVAS, Lucia	06		C.N.S.Oriol Imperial		<b>6:00.35</b>		371		
50m: 36.71 36.71	150m: 2:04.52	45.77	250m: 3:43.61	53.99	350m: 5:20.39	40.48			
100m: 1:18.75 42.04	200m: 2:49.62	45.10	300m: 4:39.91	56.30	400m: 6:00.35	39.96			
6. GARCÍA FERNÁNDEZ, María José	09		C.P. La Roda		<b>6:08.00</b>		348		
50m: 40.41 40.41	150m: 2:13.85	45.60	250m: 3:52.03	53.35	350m: 5:28.41	42.14			
100m: 1:28.25 47.84	200m: 2:58.68	44.83	300m: 4:46.27	54.24	400m: 6:08.00	39.59			
7. MORAL YUSTE, Emma	07		C.N. Madridejos		<b>6:23.99</b>		306		
50m: 41.03 41.03	150m: 2:14.69	46.67	250m: 3:59.58	56.58	350m: 5:41.29	45.26			
100m: 1:28.02 46.99	200m: 3:03.00	48.31	300m: 4:56.03	56.45	400m: 6:23.99	42.70			
8. MEDRANO LÓPEZ, Andrea	08		C.N. Valdepeñas		<b>6:27.76</b>		297		
50m: 42.14 42.14	150m: 2:22.72	49.09	250m: 4:07.97	56.74	350m: 5:47.63	43.49			
100m: 1:33.63 51.49	200m: 3:11.23	48.51	300m: 5:04.14	56.17	400m: 6:27.76	40.13			
9. AGUIRRE JIMENEZ, Clara	09		Club Natación Sonseca		<b>6:32.72</b>		286		
50m: 39.68 39.68	150m: 2:14.52	47.75	250m: 3:57.41	56.65	350m: 5:45.33	49.88			
100m: 1:26.77 47.09	200m: 3:00.76	46.24	300m: 4:55.45	58.04	400m: 6:32.72	47.39			