



Campeonato de Castilla-La Mancha Absoluto Verano 2023
Ciudad Real, 30/6 - 2/7/2023



Prueba 33
02/07/2023 - 16:30

Masc., 1500m Libre

Absoluto Masculino
Resultados

r	15:48.33	, ALONSO GONZALEZ RODERO	LAS PALMAS DE G.C.	05/08/2021
rcto	16:25.02	GONZALEZ RODERO, Alonso 01057	Puertollano	03/07/2021
mm 18	15:48.33	, ALONSO GONZALEZ RODERO	LAS PALMAS DE G.C.	05/08/2021
mm 17	15:54.66	, ALONSO GONZALEZ RODERO	LAS PALMAS G.C.	15/02/2020
mm 16	16:03.06	GONZALEZ RODERO, ALONSO	BARCELONA	27/07/2019
mm 15	16:29.97	, ALEJANDRO GARCIA DE LA GALANA	BARCELONA	27/07/2019

15A 15: 21:41.19 / 16A 16: 20:58.53 / 17A 17: 20:02.31 / 18A 18: 19:34.27 / Abs : 17:46.19

Clasificación

AN

Tiempo Pts Abs Pts Cat

Infantil Masculino

1. MARTINEZ MORENO, Pablo	08	C.N. Valdepeñas	17:27.90	-	-
100m: 1:04.96 1:04.96	500m: 5:42.29 35.19	850m: 9:51.06 35.81	1200m: 14:01.38	35.69	
200m: 2:12.89 1:07.93	550m: 6:17.80 35.51	900m: 10:26.15 35.09	1250m: 14:37.07	35.69	
250m: 2:47.61 34.72	600m: 6:53.02 35.22	950m: 11:02.39 36.24	1300m: 15:12.77	35.70	
300m: 3:22.46 34.85	650m: 7:28.47 35.45	1000m: 11:37.29 34.90	1350m: 15:47.80	35.03	
350m: 3:57.50 35.04	700m: 8:03.83 35.36	1050m: 12:13.98 36.69	1400m: 16:22.25	34.45	
400m: 4:32.70 35.20	750m: 8:39.89 36.06	1100m: 12:49.87 35.89	1450m: 16:55.09	32.84	
450m: 5:07.10 34.40	800m: 9:15.25 35.36	1150m: 13:25.69 35.82	1500m: 17:27.90	32.81	
2. MUÑOZ SÁNCHEZ, Marcos	07	C.N. Valdepeñas	17:37.69	-	-
50m: 30.61 30.61	450m: 5:07.78 34.34	850m: 9:51.06 35.81	1250m: 14:37.07	35.69	
100m: 1:04.02 33.41	500m: 5:42.81 35.03	900m: 10:28.62 35.09	1300m: 15:12.77	35.70	
150m: 1:38.59 34.57	550m: 6:18.06 35.25	950m: 11:02.39 36.24	1350m: 15:47.80	35.03	
200m: 2:13.21 34.62	600m: 6:53.86 35.80	1000m: 11:40.29 34.90	1400m: 16:22.25	34.45	
250m: 2:48.03 34.82	650m: 7:29.66 35.80	1050m: 12:13.98 36.69	1450m: 16:55.09	32.84	
300m: 3:22.85 34.82	700m: 8:05.57 35.91	1100m: 12:49.87 35.89	1500m: 17:27.90	32.81	
350m: 3:57.96 35.11	750m: 8:40.87 35.30	1150m: 13:25.69 35.82			
400m: 4:33.44 35.48	800m: 9:16.48 35.61	1200m: 14:04.35 35.75			
3. GOMEZ LOPEZ, Rodrigo	08	C.N.S.Oriol Imperial	17:38.67	-	-
50m: 31.19 31.19	450m: 5:12.31 35.60	850m: 9:56.59 35.35	1250m: 14:40.92	35.52	
100m: 1:05.40 34.21	500m: 5:47.84 35.53	900m: 10:32.21 35.62	1300m: 15:16.68	35.76	
150m: 1:40.14 34.74	550m: 6:23.27 35.43	950m: 11:07.81 35.60	1350m: 15:52.69	36.01	
200m: 2:15.59 35.45	600m: 6:58.89 35.62	1000m: 11:43.29 35.48	1400m: 16:28.59	35.90	
250m: 2:50.77 35.18	650m: 7:34.52 35.63	1050m: 12:18.58 35.29	1450m: 17:04.01	35.42	
300m: 3:26.15 35.38	700m: 8:10.09 35.57	1100m: 12:54.08 35.50	1500m: 17:38.67	34.66	
350m: 4:01.31 35.16	750m: 8:45.41 35.32	1150m: 13:29.65 35.57			
400m: 4:36.71 35.40	800m: 9:21.24 35.83	1200m: 14:05.40 35.75			
4. TORRES MARTÍN, Pablo	08	C.D.Alcarreño De S.	17:52.56	-	-
100m: 1:05.90 1:05.90	550m: 6:28.45 36.27	900m: 10:41.49 36.18	1250m: 14:54.16	36.13	
200m: 2:16.65 1:10.75	600m: 7:04.55 36.10	950m: 11:17.55 36.06	1300m: 15:29.96	35.80	
300m: 3:27.91 1:11.26	650m: 7:40.89 36.34	1000m: 11:53.74 36.19	1350m: 16:06.04	36.08	
350m: 4:03.87 35.96	700m: 8:16.77 35.88	1050m: 12:29.92 36.18	1400m: 16:41.99	35.95	
400m: 4:39.98 36.11	750m: 8:53.18 36.41	1100m: 13:05.77 35.85	1450m: 17:18.13	36.14	
450m: 5:16.11 36.13	800m: 9:29.22 36.04	1150m: 13:41.99 36.22	1500m: 17:52.56	34.43	
500m: 5:52.18 36.07	850m: 10:05.31 36.09	1200m: 14:18.03 36.04			
5. LOPEZ RUIZ, David	08	C.N. Alarcos Ciudad Real	18:00.17	-	-
50m: 32.33 32.33	450m: 5:20.93 36.77	850m: 10:14.27 36.77	1250m: 15:03.54	36.09	
100m: 1:07.42 35.09	500m: 5:57.46 36.53	900m: 10:51.11 36.84	1300m: 15:39.21	35.67	
150m: 1:43.21 35.79	550m: 6:34.45 36.99	950m: 11:27.67 36.56	1350m: 16:15.37	36.16	
200m: 2:19.37 36.16	600m: 7:11.05 36.60	1000m: 12:03.90 36.23	1400m: 16:51.15	35.78	
250m: 2:55.55 36.18	650m: 7:47.78 36.73	1050m: 12:40.11 36.21	1450m: 17:26.84	35.69	
300m: 3:31.51 35.96	700m: 8:24.04 36.26	1100m: 13:15.79 35.68	1500m: 18:00.17	33.33	
350m: 4:07.92 36.41	750m: 9:00.90 36.86	1150m: 13:51.83 36.04			
400m: 4:44.16 36.24	800m: 9:37.50 36.60	1200m: 14:27.45 35.62			



Prueba 33, Masc., 1500m Libre, Infantil Masculino

Clasificación	AN						Tiempo	Pts Abs	Pts Cat		
6. MACHUCA PEREZ-HIGUERAS, Marc	08 C.N. EL CISNE - Tejar Viejo						18:09.90	-	-		
50m:	30.77	30.77	450m:	5:16.92	36.17	850m:	10:10.75	36.96	1250m:	15:09.12	36.27
100m:	1:04.87	34.10	500m:	5:53.73	36.81	900m:	10:48.23	37.48	1300m:	15:46.12	37.00
150m:	1:40.15	35.28	550m:	6:29.48	35.75	950m:	11:25.04	36.81	1350m:	16:22.21	36.09
200m:	2:16.04	35.89	600m:	7:06.23	36.75	1000m:	12:02.93	37.89	1400m:	16:58.65	36.44
250m:	2:52.29	36.25	650m:	7:42.83	36.60	1050m:	12:40.21	37.28	1450m:	17:34.55	35.90
300m:	3:28.60	36.31	700m:	8:19.72	36.89	1100m:	13:17.95	37.74	1500m:	18:09.90	35.35
350m:	4:04.22	35.62	750m:	8:56.16	36.44	1150m:	13:55.39	37.44			
400m:	4:40.75	36.53	800m:	9:33.79	37.63	1200m:	14:32.85	37.46			
7. LOPEZ SOTUCA, Daniel	08 E.C. Ciudad De Talavera						18:14.13	-	-		
50m:	32.40	32.40	450m:	5:22.45	36.74	850m:	10:16.60	36.67	1250m:	15:10.69	36.94
100m:	1:07.51	35.11	500m:	5:59.32	36.87	900m:	10:53.20	36.60	1300m:	15:47.82	37.13
150m:	1:43.30	35.79	550m:	6:35.84	36.52	950m:	11:29.76	36.56	1350m:	16:24.82	37.00
200m:	2:19.29	35.99	600m:	7:13.05	37.21	1000m:	12:06.56	36.80	1400m:	17:01.80	36.98
250m:	2:55.77	36.48	650m:	7:49.85	36.80	1050m:	12:43.19	36.63	1450m:	17:38.30	36.50
300m:	3:32.24	36.47	700m:	8:26.57	36.72	1100m:	13:20.00	36.81	1500m:	18:14.13	35.83
350m:	4:09.07	36.83	750m:	9:03.15	36.58	1150m:	13:56.69	36.69			
400m:	4:45.71	36.64	800m:	9:39.93	36.78	1200m:	14:33.75	37.06			
8. MONDEJAR DE DIOS, Borja	08 C.P. La Roda						18:39.44	-	-		
50m:	31.81	31.81	450m:	5:27.73	38.63	850m:	10:31.62	37.50	1250m:	15:34.21	37.54
100m:	1:06.69	34.88	500m:	6:05.44	37.71	900m:	11:09.30	37.68	1300m:	16:11.41	37.20
150m:	1:42.10	35.41	550m:	6:44.08	38.64	950m:	11:47.59	38.29	1350m:	16:49.54	38.13
200m:	2:18.07	35.97	600m:	7:21.91	37.83	1000m:	12:25.02	37.43	1400m:	17:27.44	37.90
250m:	2:55.84	37.77	650m:	8:00.00	38.09	1050m:	13:03.32	38.30	1450m:	18:04.40	36.96
300m:	3:33.40	37.56	700m:	8:38.32	38.32	1100m:	13:41.38	38.06	1500m:	18:39.44	35.04
350m:	4:11.24	37.84	750m:	9:17.10	38.78	1150m:	14:19.62	38.24			
400m:	4:49.10	37.86	800m:	9:54.12	37.02	1200m:	14:56.67	37.05			
9. SEPULVEDA CALVO, Marcos	08 C.N. Albacete						19:20.90	-	-		
50m:	32.15	32.15	450m:	5:30.63	37.92	850m:	10:43.56	39.54	1250m:	16:02.52	39.76
100m:	1:07.74	35.59	500m:	6:09.46	38.83	900m:	11:23.61	40.05	1300m:	16:42.83	40.31
150m:	1:44.39	36.65	550m:	6:47.98	38.52	950m:	12:03.07	39.46	1350m:	17:23.26	40.43
200m:	2:20.96	36.57	600m:	7:26.97	38.99	1000m:	12:42.56	39.49	1400m:	18:03.22	39.96
250m:	2:58.56	37.60	650m:	8:06.76	39.79	1050m:	13:22.43	39.87	1450m:	18:42.50	39.28
300m:	3:35.97	37.41	700m:	8:45.69	38.93	1100m:	14:02.61	40.18	1500m:	19:20.90	38.40
350m:	4:14.16	38.19	750m:	9:24.91	39.22	1150m:	14:42.71	40.10			
400m:	4:52.71	38.55	800m:	10:04.02	39.11	1200m:	15:22.76	40.05			

Junior Masculino

1. MARTIN ESTEBAN, Alberto	05 C.N. Toledo						16:28.34	-	-		
50m:	28.82	28.82	450m:	4:46.97	32.69	850m:	9:15.32	33.49	1250m:	13:44.28	33.72
100m:	59.87	31.05	500m:	5:20.32	33.35	900m:	9:49.11	33.79	1300m:	14:18.03	33.75
150m:	1:31.40	31.53	550m:	5:53.67	33.35	950m:	10:22.75	33.64	1350m:	14:51.60	33.57
200m:	2:03.64	32.24	600m:	6:27.51	33.84	1000m:	10:56.39	33.64	1400m:	15:24.72	33.12
250m:	2:35.91	32.27	650m:	7:00.93	33.42	1050m:	11:29.88	33.49	1450m:	15:57.03	32.31
300m:	3:08.53	32.62	700m:	7:34.40	33.47	1100m:	12:03.51	33.63	1500m:	16:28.34	31.31
350m:	3:41.22	32.69	750m:	8:07.88	33.48	1150m:	12:36.96	33.45			
400m:	4:14.28	33.06	800m:	8:41.83	33.95	1200m:	13:10.56	33.60			
2. SANTOS BENITO, Adrián	05 E.C. Ciudad De Talavera						17:28.70	-	-		
50m:	31.43	31.43	450m:	5:13.06	35.32	850m:	9:52.35	34.46	1250m:	14:35.55	35.44
100m:	1:05.45	34.02	500m:	5:48.34	35.28	900m:	10:27.29	34.94	1300m:	15:11.48	35.93
150m:	1:40.26	34.81	550m:	6:23.29	34.95	950m:	11:02.72	35.43	1350m:	15:46.49	35.01
200m:	2:15.45	35.19	600m:	6:58.84	35.55	1000m:	11:37.60	34.88	1400m:	16:21.18	34.69
250m:	2:51.46	36.01	650m:	7:33.94	35.10	1050m:	12:13.43	35.83	1450m:	16:56.33	35.15
300m:	3:26.97	35.51	700m:	8:09.00	35.06	1100m:	12:49.06	35.63	1500m:	17:28.70	32.37
350m:	4:02.34	35.37	750m:	8:43.32	34.32	1150m:	13:25.01	35.95			
400m:	4:37.74	35.40	800m:	9:17.89	34.57	1200m:	14:00.11	35.10			

Prueba 33, Masc., 1500m Libre, Junior Masculino

Clasificación			AN					Tiempo	Pts Abs	Pts Cat	
3. DIMITROV, Daniel			06	C.N. Albacete				18:03.18	-	-	
50m:	31.85	31.85	450m:	5:17.25	37.09	850m:	10:10.48	36.60	1250m:	15:03.76	36.86
100m:	1:06.29	34.44	500m:	5:53.55	36.30	900m:	10:47.14	36.66	1300m:	15:40.23	36.47
150m:	1:41.19	34.90	550m:	6:30.33	36.78	950m:	11:23.94	36.80	1350m:	16:17.15	36.92
200m:	2:16.70	35.51	600m:	7:07.29	36.96	1000m:	12:00.39	36.45	1400m:	16:53.60	36.45
250m:	2:52.06	35.36	650m:	7:43.85	36.56	1050m:	12:37.29	36.90	1450m:	17:29.33	35.73
300m:	3:27.70	35.64	700m:	8:20.31	36.46	1100m:	13:13.79	36.50	1500m:	18:03.18	33.85
350m:	4:03.80	36.10	750m:	8:57.24	36.93	1150m:	13:50.27	36.48			
400m:	4:40.16	36.36	800m:	9:33.88	36.64	1200m:	14:26.90	36.63			
4. GONZALEZ REQUENA, Javier			05	C.P. La Roda				19:31.90	-	-	
50m:	33.52	33.52	450m:	5:42.03	39.06	850m:	11:01.64	39.93	1250m:	16:20.63	39.40
100m:	1:10.38	36.86	500m:	6:22.03	40.00	900m:	11:41.44	39.80	1300m:	16:59.55	38.92
150m:	1:48.25	37.87	550m:	7:02.12	40.09	950m:	12:21.95	40.51	1350m:	17:38.84	39.29
200m:	2:27.01	38.76	600m:	7:41.62	39.50	1000m:	13:01.76	39.81	1400m:	18:17.87	39.03
250m:	3:05.83	38.82	650m:	8:22.09	40.47	1050m:	13:41.70	39.94	1450m:	18:56.48	38.61
300m:	3:44.47	38.64	700m:	9:01.93	39.84	1100m:	14:21.33	39.63	1500m:	19:31.90	35.42
350m:	4:23.69	39.22	750m:	9:42.09	40.16	1150m:	15:01.92	40.59			
400m:	5:02.97	39.28	800m:	10:21.71	39.62	1200m:	15:41.23	39.31			
5. GIL SEVILLA, Francisco Javier			06	C.P. La Roda				19:58.75	-	-	
50m:	34.15	34.15	450m:	5:47.67	40.16	850m:	11:09.34	39.82	1250m:	16:35.15	40.59
100m:	1:11.33	37.18	500m:	6:28.93	41.26	900m:	11:50.12	40.78	1300m:	17:16.62	41.47
150m:	1:49.12	37.79	550m:	7:08.80	39.87	950m:	12:29.97	39.85	1350m:	17:57.88	41.26
200m:	2:27.83	38.71	600m:	7:49.70	40.90	1000m:	13:11.81	41.84	1400m:	18:39.40	41.52
250m:	3:07.34	39.51	650m:	8:30.22	40.52	1050m:	13:51.17	39.36	1450m:	19:19.22	39.82
300m:	3:47.29	39.95	700m:	9:10.47	40.25	1100m:	14:32.03	40.86	1500m:	19:58.75	39.53
350m:	4:27.48	40.19	750m:	9:49.37	38.90	1150m:	15:12.58	40.55			
400m:	5:07.51	40.03	800m:	10:29.52	40.15	1200m:	15:54.56	41.98			

Absoluto Masculino

1. MARTIN ESTEBAN, Alberto			05	C.N. Toledo				16:28.34	-	-	
50m:	28.82	28.82	450m:	4:46.97	32.69	850m:	9:15.32	33.49	1250m:	13:44.28	33.72
100m:	59.87	31.05	500m:	5:20.32	33.35	900m:	9:49.11	33.79	1300m:	14:18.03	33.75
150m:	1:31.40	31.53	550m:	5:53.67	33.35	950m:	10:22.75	33.64	1350m:	14:51.60	33.57
200m:	2:03.64	32.24	600m:	6:27.51	33.84	1000m:	10:56.39	33.64	1400m:	15:24.72	33.12
250m:	2:35.91	32.27	650m:	7:00.93	33.42	1050m:	11:29.88	33.49	1450m:	15:57.03	32.31
300m:	3:08.53	32.62	700m:	7:34.40	33.47	1100m:	12:03.51	33.63	1500m:	16:28.34	31.31
350m:	3:41.22	32.69	750m:	8:07.88	33.48	1150m:	12:36.96	33.45			
400m:	4:14.28	33.06	800m:	8:41.83	33.95	1200m:	13:10.56	33.60			
2. CUESTA ESTEBAN, Jaime			02	C.N.S.Oriol Imperial				17:19.92	-	-	
50m:	31.02	31.02	450m:	5:06.02	34.50	850m:	9:44.31	35.00	1250m:	14:24.15	35.06
100m:	1:04.76	33.74	500m:	5:40.49	34.47	900m:	10:19.17	34.86	1300m:	14:59.20	35.05
150m:	1:38.71	33.95	550m:	6:15.04	34.55	950m:	10:54.08	34.91	1350m:	15:34.58	35.38
200m:	2:12.85	34.14	600m:	6:49.71	34.67	1000m:	11:29.14	35.06	1400m:	16:09.69	35.11
250m:	2:47.27	34.42	650m:	7:24.51	34.80	1050m:	12:04.05	34.91	1450m:	16:44.85	35.16
300m:	3:21.99	34.72	700m:	7:59.52	35.01	1100m:	12:39.00	34.95	1500m:	17:19.92	35.07
350m:	3:56.92	34.93	750m:	8:34.27	34.75	1150m:	13:14.06	35.06			
400m:	4:31.52	34.60	800m:	9:09.31	35.04	1200m:	13:49.09	35.03			
3. MARTINEZ MORENO, Pablo			08	C.N. Valdepeñas				17:27.90	-	-	
100m:	1:04.96	1:04.96	500m:	5:42.29	35.19	850m:	9:51.06	35.81	1200m:	14:01.38	35.69
200m:	2:12.89	1:07.93	550m:	6:17.80	35.51	900m:	10:26.15	35.09	1250m:	14:37.07	35.69
250m:	2:47.61	34.72	600m:	6:53.02	35.22	950m:	11:02.39	36.24	1300m:	15:12.77	35.70
300m:	3:22.46	34.85	650m:	7:28.47	35.45	1000m:	11:37.29	34.90	1350m:	15:47.80	35.03
350m:	3:57.50	35.04	700m:	8:03.83	35.36	1050m:	12:13.98	36.69	1400m:	16:22.25	34.45
400m:	4:32.70	35.20	750m:	8:39.89	36.06	1100m:	12:49.87	35.89	1450m:	16:55.09	32.84
450m:	5:07.10	34.40	800m:	9:15.25	35.36	1150m:	13:25.69	35.82	1500m:	17:27.90	32.81

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Clasificación	AN			Tiempo			Pts Abs	Pts Cat			
4. SANTOS BENITO, Adrián	05	E.C. Ciudad De Talavera			17:28.70			-	-		
50m:	31.43	31.43	450m:	5:13.06	35.32	850m:	9:52.35	34.46	1250m:	14:35.55	35.44
100m:	1:05.45	34.02	500m:	5:48.34	35.28	900m:	10:27.29	34.94	1300m:	15:11.48	35.93
150m:	1:40.26	34.81	550m:	6:23.29	34.95	950m:	11:02.72	35.43	1350m:	15:46.49	35.01
200m:	2:15.45	35.19	600m:	6:58.84	35.55	1000m:	11:37.60	34.88	1400m:	16:21.18	34.69
250m:	2:51.46	36.01	650m:	7:33.94	35.10	1050m:	12:13.43	35.83	1450m:	16:56.33	35.15
300m:	3:26.97	35.51	700m:	8:09.00	35.06	1100m:	12:49.06	35.63	1500m:	17:28.70	32.37
350m:	4:02.34	35.37	750m:	8:43.32	34.32	1150m:	13:25.01	35.95			
400m:	4:37.74	35.40	800m:	9:17.89	34.57	1200m:	14:00.11	35.10			
5. MUÑOZ SÁNCHEZ, Marcos	07	C.N. Valdepeñas			17:37.69			-	-		
50m:	30.61	30.61	450m:	5:07.78	34.34	850m:			1250m:		
100m:	1:04.02	33.41	500m:	5:42.81	35.03	900m:	10:28.62		1300m:	15:17.15	
150m:	1:38.59	34.57	550m:	6:18.06	35.25	950m:			1350m:		
200m:	2:13.21	34.62	600m:	6:53.86	35.80	1000m:	11:40.29		1400m:	16:29.22	
250m:	2:48.03	34.82	650m:	7:29.66	35.80	1050m:			1500m:	17:37.69	1:08.47
300m:	3:22.85	34.82	700m:	8:05.57	35.91	1100m:	12:51.98				
350m:	3:57.96	35.11	750m:	8:40.87	35.30	1150m:					
400m:	4:33.44	35.48	800m:	9:16.48	35.61	1200m:	14:04.35				
6. GOMEZ LOPEZ, Rodrigo	08	C.N.S.Oriol Imperial			17:38.67			-	-		
50m:	31.19	31.19	450m:	5:12.31	35.60	850m:	9:56.59	35.35	1250m:	14:40.92	35.52
100m:	1:05.40	34.21	500m:	5:47.84	35.53	900m:	10:32.21	35.62	1300m:	15:16.68	35.76
150m:	1:40.14	34.74	550m:	6:23.27	35.43	950m:	11:07.81	35.60	1350m:	15:52.69	36.01
200m:	2:15.59	35.45	600m:	6:58.89	35.62	1000m:	11:43.29	35.48	1400m:	16:28.59	35.90
250m:	2:50.77	35.18	650m:	7:34.52	35.63	1050m:	12:18.58	35.29	1450m:	17:04.01	35.42
300m:	3:26.15	35.38	700m:	8:10.09	35.57	1100m:	12:54.08	35.50	1500m:	17:38.67	34.66
350m:	4:01.31	35.16	750m:	8:45.41	35.32	1150m:	13:29.65	35.57			
400m:	4:36.71	35.40	800m:	9:21.24	35.83	1200m:	14:05.40	35.75			
7. TORRES MARTÍN, Pablo	08	C.D.Alcarreño De S.			17:52.56			-	-		
100m:	1:05.90	1:05.90	550m:	6:28.45	36.27	900m:	10:41.49	36.18	1250m:	14:54.16	36.13
200m:	2:16.65	1:10.75	600m:	7:04.55	36.10	950m:	11:17.55	36.06	1300m:	15:29.96	35.80
300m:	3:27.91	1:11.26	650m:	7:40.89	36.34	1000m:	11:53.74	36.19	1350m:	16:06.04	36.08
350m:	4:03.87	35.96	700m:	8:16.77	35.88	1050m:	12:29.92	36.18	1400m:	16:41.99	35.95
400m:	4:39.98	36.11	750m:	8:53.18	36.41	1100m:	13:05.77	35.85	1450m:	17:18.13	36.14
450m:	5:16.11	36.13	800m:	9:29.22	36.04	1150m:	13:41.99	36.22	1500m:	17:52.56	34.43
500m:	5:52.18	36.07	850m:	10:05.31	36.09	1200m:	14:18.03	36.04			
8. LOPEZ RUIZ, David	08	C.N. Alarcos Ciudad Real			18:00.17			-	-		
50m:	32.33	32.33	450m:	5:20.93	36.77	850m:	10:14.27	36.77	1250m:	15:03.54	36.09
100m:	1:07.42	35.09	500m:	5:57.46	36.53	900m:	10:51.11	36.84	1300m:	15:39.21	35.67
150m:	1:43.21	35.79	550m:	6:34.45	36.99	950m:	11:27.67	36.56	1350m:	16:15.37	36.16
200m:	2:19.37	36.16	600m:	7:11.05	36.60	1000m:	12:03.90	36.23	1400m:	16:51.15	35.78
250m:	2:55.55	36.18	650m:	7:47.78	36.73	1050m:	12:40.11	36.21	1450m:	17:26.84	35.69
300m:	3:31.51	35.96	700m:	8:24.04	36.26	1100m:	13:15.79	35.68	1500m:	18:00.17	33.33
350m:	4:07.92	36.41	750m:	9:00.90	36.86	1150m:	13:51.83	36.04			
400m:	4:44.16	36.24	800m:	9:37.50	36.60	1200m:	14:27.45	35.62			
9. DIMITROV, Daniel	06	C.N. Albacete			18:03.18			-	-		
50m:	31.85	31.85	450m:	5:17.25	37.09	850m:	10:10.48	36.60	1250m:	15:03.76	36.86
100m:	1:06.29	34.44	500m:	5:53.55	36.30	900m:	10:47.14	36.66	1300m:	15:40.23	36.47
150m:	1:41.19	34.90	550m:	6:30.33	36.78	950m:	11:23.94	36.80	1350m:	16:17.15	36.92
200m:	2:16.70	35.51	600m:	7:07.29	36.96	1000m:	12:00.39	36.45	1400m:	16:53.60	36.45
250m:	2:52.06	35.36	650m:	7:43.85	36.56	1050m:	12:37.29	36.90	1450m:	17:29.33	35.73
300m:	3:27.70	35.64	700m:	8:20.31	36.46	1100m:	13:13.79	36.50	1500m:	18:03.18	33.85
350m:	4:03.80	36.10	750m:	8:57.24	36.93	1150m:	13:50.27	36.48			
400m:	4:40.16	36.36	800m:	9:33.88	36.64	1200m:	14:26.90	36.63			

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Clasificación	AN		Tiempo		Pts Abs	Pts Cat					
10. ANDUJAR TEBAR, Esteban	99	C.N. Albacete	18:06.15		-	-					
50m:	31.59	31.59	450m:	5:18.83	36.08	850m:	10:09.16	36.33	1250m:	15:02.71	36.82
100m:	1:07.18	35.59	500m:	5:54.59	35.76	900m:	10:45.92	36.76	1300m:	15:39.84	37.13
150m:	1:42.97	35.79	550m:	6:30.78	36.19	950m:	11:22.25	36.33	1350m:	16:16.69	36.85
200m:	2:19.16	36.19	600m:	7:07.03	36.25	1000m:	11:58.85	36.60	1400m:	16:54.28	37.59
250m:	2:55.19	36.03	650m:	7:43.29	36.26	1050m:	12:35.47	36.62	1450m:	17:31.03	36.75
300m:	3:30.75	35.56	700m:	8:19.67	36.38	1100m:	13:12.30	36.83	1500m:	18:06.15	35.12
350m:	4:06.59	35.84	750m:	8:55.99	36.32	1150m:	13:49.00	36.70			
400m:	4:42.75	36.16	800m:	9:32.83	36.84	1200m:	14:25.89	36.89			
11. MACHUCA PEREZ-HIGUERAS, Marc08	08	C.N. EL CISNE - Tejar Viejo	18:09.90		-	-					
50m:	30.77	30.77	450m:	5:16.92	36.17	850m:	10:10.75	36.96	1250m:	15:09.12	36.27
100m:	1:04.87	34.10	500m:	5:53.73	36.81	900m:	10:48.23	37.48	1300m:	15:46.12	37.00
150m:	1:40.15	35.28	550m:	6:29.48	35.75	950m:	11:25.04	36.81	1350m:	16:22.21	36.09
200m:	2:16.04	35.89	600m:	7:06.23	36.75	1000m:	12:02.93	37.89	1400m:	16:58.65	36.44
250m:	2:52.29	36.25	650m:	7:42.83	36.60	1050m:	12:40.21	37.28	1450m:	17:34.55	35.90
300m:	3:28.60	36.31	700m:	8:19.72	36.89	1100m:	13:17.95	37.74	1500m:	18:09.90	35.35
350m:	4:04.22	35.62	750m:	8:56.16	36.44	1150m:	13:55.39	37.44			
400m:	4:40.75	36.53	800m:	9:33.79	37.63	1200m:	14:32.85	37.46			
12. LOPEZ SOTUCA, Daniel	08	E.C. Ciudad De Talavera	18:14.13		-	-					
50m:	32.40	32.40	450m:	5:22.45	36.74	850m:	10:16.60	36.67	1250m:	15:10.69	36.94
100m:	1:07.51	35.11	500m:	5:59.32	36.87	900m:	10:53.20	36.60	1300m:	15:47.82	37.13
150m:	1:43.30	35.79	550m:	6:35.84	36.52	950m:	11:29.76	36.56	1350m:	16:24.82	37.00
200m:	2:19.29	35.99	600m:	7:13.05	37.21	1000m:	12:06.56	36.80	1400m:	17:01.80	36.98
250m:	2:55.77	36.48	650m:	7:49.85	36.80	1050m:	12:43.19	36.63	1450m:	17:38.30	36.50
300m:	3:32.24	36.47	700m:	8:26.57	36.72	1100m:	13:20.00	36.81	1500m:	18:14.13	35.83
350m:	4:09.07	36.83	750m:	9:03.15	36.58	1150m:	13:56.69	36.69			
400m:	4:45.71	36.64	800m:	9:39.93	36.78	1200m:	14:33.75	37.06			
13. MONDEJAR DE DIOS, Borja	08	C.P. La Roda	18:39.44		-	-					
50m:	31.81	31.81	450m:	5:27.73	38.63	850m:	10:31.62	37.50	1250m:	15:34.21	37.54
100m:	1:06.69	34.88	500m:	6:05.44	37.71	900m:	11:09.30	37.68	1300m:	16:11.41	37.20
150m:	1:42.10	35.41	550m:	6:44.08	38.64	950m:	11:47.59	38.29	1350m:	16:49.54	38.13
200m:	2:18.07	35.97	600m:	7:21.91	37.83	1000m:	12:25.02	37.43	1400m:	17:27.44	37.90
250m:	2:55.84	37.77	650m:	8:00.00	38.09	1050m:	13:03.32	38.30	1450m:	18:04.40	36.96
300m:	3:33.40	37.56	700m:	8:38.32	38.32	1100m:	13:41.38	38.06	1500m:	18:39.44	35.04
350m:	4:11.24	37.84	750m:	9:17.10	38.78	1150m:	14:19.62	38.24			
400m:	4:49.10	37.86	800m:	9:54.12	37.02	1200m:	14:56.67	37.05			
14. SEPULVEDA CALVO, Marcos	08	C.N. Albacete	19:20.90		-	-					
50m:	32.15	32.15	450m:	5:30.63	37.92	850m:	10:43.56	39.54	1250m:	16:02.52	39.76
100m:	1:07.74	35.59	500m:	6:09.46	38.83	900m:	11:23.61	40.05	1300m:	16:42.83	40.31
150m:	1:44.39	36.65	550m:	6:47.98	38.52	950m:	12:03.07	39.46	1350m:	17:23.26	40.43
200m:	2:20.96	36.57	600m:	7:26.97	38.99	1000m:	12:42.56	39.49	1400m:	18:03.22	39.96
250m:	2:58.56	37.60	650m:	8:06.76	39.79	1050m:	13:22.43	39.87	1450m:	18:42.50	39.28
300m:	3:35.97	37.41	700m:	8:45.69	38.93	1100m:	14:02.61	40.18	1500m:	19:20.90	38.40
350m:	4:14.16	38.19	750m:	9:24.91	39.22	1150m:	14:42.71	40.10			
400m:	4:52.71	38.55	800m:	10:04.02	39.11	1200m:	15:22.76	40.05			
15. GONZALEZ REQUENA, Javier	05	C.P. La Roda	19:31.90		-	-					
50m:	33.52	33.52	450m:	5:42.03	39.06	850m:	11:01.64	39.93	1250m:	16:20.63	39.40
100m:	1:10.38	36.86	500m:	6:22.03	40.00	900m:	11:41.44	39.80	1300m:	16:59.55	38.92
150m:	1:48.25	37.87	550m:	7:02.12	40.09	950m:	12:21.95	40.51	1350m:	17:38.84	39.29
200m:	2:27.01	38.76	600m:	7:41.62	39.50	1000m:	13:01.76	39.81	1400m:	18:17.87	39.03
250m:	3:05.83	38.82	650m:	8:22.09	40.47	1050m:	13:41.70	39.94	1450m:	18:56.48	38.61
300m:	3:44.47	38.64	700m:	9:01.93	39.84	1100m:	14:21.33	39.63	1500m:	19:31.90	35.42
350m:	4:23.69	39.22	750m:	9:42.09	40.16	1150m:	15:01.92	40.59			
400m:	5:02.97	39.28	800m:	10:21.71	39.62	1200m:	15:41.23	39.31			

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Clasificación	AN						Tiempo	Pts Abs	Pts Cat		
16. GIL SEVILLA, Francisco Javier	06 C.P. La Roda						19:58.75	-	-		
50m:	34.15	34.15	450m:	5:47.67	40.16	850m:	11:09.34	39.82	1250m:	16:35.15	40.59
100m:	1:11.33	37.18	500m:	6:28.93	41.26	900m:	11:50.12	40.78	1300m:	17:16.62	41.47
150m:	1:49.12	37.79	550m:	7:08.80	39.87	950m:	12:29.97	39.85	1350m:	17:57.88	41.26
200m:	2:27.83	38.71	600m:	7:49.70	40.90	1000m:	13:11.81	41.84	1400m:	18:39.40	41.52
250m:	3:07.34	39.51	650m:	8:30.22	40.52	1050m:	13:51.17	39.36	1450m:	19:19.22	39.82
300m:	3:47.29	39.95	700m:	9:10.47	40.25	1100m:	14:32.03	40.86	1500m:	19:58.75	39.53
350m:	4:27.48	40.19	750m:	9:49.37	38.90	1150m:	15:12.58	40.55			
400m:	5:07.51	40.03	800m:	10:29.52	40.15	1200m:	15:54.56	41.98			