

Prueba 3
19/03/2022 - 16:50

Fem., 400m Libre

Absoluto Femenino
Resultados

Puntos: FINA 2021

Clasificación	AN		Tiempo		Pts
Alevín Femenino					
1. RODRIGUEZ LOPEZ, Elsa	11	C.N. Cuenca	5:45.91	309	
50m: 40.71 40.71	150m: 2:09.85	44.65	250m: 3:38.93	44.77	350m: 5:05.47 43.59
100m: 1:25.20 44.49	200m: 2:54.16	44.31	300m: 4:21.88	42.95	400m: 5:45.91 40.44
2. ROJAS PEREZ-CEJUELA, Angela	11	Club Natación Sonseca	5:51.30	295	
50m: 38.71 38.71	150m: 2:08.63	45.64	250m: 3:39.27	45.21	350m: 5:08.64 44.27
100m: 1:22.99 44.28	200m: 2:54.06	45.43	300m: 4:24.37	45.10	400m: 5:51.30 42.66
3. IZQUIERDA ALMENARA, Paula	10	C.N. Quinaqua	6:13.79	245	
50m: 37.73 37.73	150m: 2:08.05	46.13	250m: 3:42.81	47.64	350m: 5:23.61 51.06
100m: 1:21.92 44.19	200m: 2:55.17	47.12	300m: 4:32.55	49.74	400m: 6:13.79 50.18
4. GARCÍA-OCHOA ZARZA, Aroa	10	Club Natación Sonseca	6:17.85	237	
50m: 40.79 40.79	150m: 2:18.50	49.19	250m: 3:55.46	48.23	350m:
100m: 1:29.31 48.52	200m: 3:07.23	48.73	300m: 4:44.63	49.17	400m: 6:17.85
5. CICUENDEZ QUINO, Alejandra	10	C.N. Alcazar	6:47.97	188	
50m: 43.55 43.55	150m: 2:24.18	51.68	250m: 4:10.55	53.81	350m:
100m: 1:32.50 48.95	200m: 3:16.74	52.56	300m: 5:05.20	54.65	400m: 6:47.97
6. ROMERO GARCÍA, Inmaculada	10	Dsc Albacete Swim	7:57.90	117	
50m: 49.66 49.66	150m: 2:50.72	1:01.34	250m: 4:58.54	1:02.44	350m: 7:01.57 1:00.26
100m: 1:49.38 59.72	200m: 3:56.10	1:05.38	300m: 6:01.31	1:02.77	400m: 7:57.90 56.33
7. PAÑOS MARTINEZ, Maria de los Llanos	10	Dsc Albacete Swim	8:00.18	115	
50m: 56.35 56.35	150m: 2:58.74	1:02.35	250m: 4:57.29	1:00.08	350m: 7:03.70 1:02.76
100m: 1:56.39 1:00.04	200m: 3:57.21	58.47	300m: 6:00.94	1:03.65	400m: 8:00.18 56.48
Infantil Femenino					
1. CARBONERO NUÑEZ, Carla	08	Cn Ugena	5:02.14	464	
50m: 34.48 34.48	150m: 1:51.38	38.98	250m: 3:09.83	38.93	350m: 4:25.82 38.12
100m: 1:12.40 37.92	200m: 2:30.90	39.52	300m: 3:47.70	37.87	400m: 5:02.14 36.32
2. BONETE TOMAS, Emma	07	C.N. Almansa	5:04.85	451	
50m: 35.94 35.94	150m: 1:53.29	38.99	250m: 3:11.78	39.02	350m: 4:29.02 38.34
100m: 1:14.30 38.36	200m: 2:32.76	39.47	300m: 3:50.68	38.90	400m: 5:04.85 35.83
3. QUIROS TEJADO, Luna	09	C.N. Alcazar	5:19.37	392	
50m: 35.25 35.25	150m: 1:53.05	39.66	250m: 3:15.41	41.54	350m: 4:37.61 41.42
100m: 1:13.39 38.14	200m: 2:33.87	40.82	300m: 3:56.19	40.78	400m: 5:19.37 41.76
4. BALLESTEROS SANCHEZ, Paula	08	Club Natación Sonseca	5:29.63	357	
50m: 36.59 36.59	150m: 2:01.13	42.83	250m: 3:27.72	43.11	350m: 4:50.08 40.49
100m: 1:18.30 41.71	200m: 2:44.61	43.48	300m: 4:09.59	41.87	400m: 5:29.63 39.55
5. ORTÍ DOLZ, Cayetana	07	C.N. Cuenca	5:31.24	352	
50m: 36.52 36.52	150m: 1:59.28	42.33	250m: 3:25.86	43.60	350m: 4:51.70 42.23
100m: 1:16.95 40.43	200m: 2:42.26	42.98	300m: 4:09.47	43.61	400m: 5:31.24 39.54
6. VILLER VALENCIA, Paula	09	C.N. Quinaqua	5:48.04	303	
50m: 38.97 38.97	150m: 2:07.82	44.98	250m: 3:38.29	44.89	350m: 5:07.82 44.58
100m: 1:22.84 43.87	200m: 2:53.40	45.58	300m: 4:23.24	44.95	400m: 5:48.04 40.22
7. HOYOS TARRAGA, Ines	09	C.N. Almansa	5:57.47	280	
50m: 39.21 39.21	150m: 2:07.99	45.07	250m: 3:39.66	45.94	350m: 5:12.61 46.24
100m: 1:22.92 43.71	200m: 2:53.72	45.73	300m: 4:26.37	46.71	400m: 5:57.47 44.86
8. MATULEA MATULEA, Maria Alexandra	08	Dsc Albacete Swim	6:05.71	261	
50m: 39.97 39.97	150m: 2:11.78	46.41	250m: 3:46.65	47.37	350m: 5:22.05 47.58
100m: 1:25.37 45.40	200m: 2:59.28	47.50	300m: 4:34.47	47.82	400m: 6:05.71 43.66

Prueba 3, Fem., 400m Libre, Infantil Femenino

Clasificación			AN					Tiempo	Pts		
9.	MORAL YUSTE, Emma		07	C.N. Madridejos				6:07.50	257		
	50m:	39.90	150m:	2:10.42	45.57	250m:	3:45.20	47.74	350m:	5:21.94	48.05
	100m:	1:24.85	200m:	2:57.46	47.04	300m:	4:33.89	48.69	400m:	6:07.50	45.56
10.	LÓPEZ MORALES, Paula		09	C.N. Buceo Ciudad De Hellin				6:13.08	246		
	50m:	40.55	150m:	2:13.20	47.13	250m:	3:49.48	48.27	350m:	5:26.59	48.52
	100m:	1:26.07	200m:	3:01.21	48.01	300m:	4:38.07	48.59	400m:	6:13.08	46.49

Junior Femenino

1.	MUÑOZ SÁNCHEZ, Susana		06	C.N. Valdepeñas				4:37.83	596		
	50m:	31.73	150m:	1:41.10	35.14	250m:	2:52.57	35.60	350m:	4:03.93	35.54
	100m:	1:05.96	200m:	2:16.97	35.87	300m:	3:28.39	35.82	400m:	4:37.83	33.90
2.	MURCIA CARRAMOLINO, Naiara		06	C.N. Alcazar				5:05.79	447		
	50m:	33.54	150m:	1:47.97	37.87	250m:	3:06.31	39.15	350m:	4:27.07	40.52
	100m:	1:10.10	200m:	2:27.16	39.19	300m:	3:46.55	40.24	400m:	5:05.79	38.72
3.	SIERRA LOPEZ DE RODAS, Paula		05	C.N. Quinaqua				5:09.04	433		
	50m:	34.07	150m:	1:50.95	38.91	250m:	3:10.53	39.55	350m:	4:31.61	40.51
	100m:	1:12.04	200m:	2:30.98	40.03	300m:	3:51.10	40.57	400m:	5:09.04	37.43
4.	LOZANO GARCIA, Mercedes		06	C.N. Buceo Ciudad De Hellin				5:47.92	303		
	50m:	38.70	150m:	2:07.47	45.11	250m:	3:38.19	45.15	350m:	5:07.77	44.23
	100m:	1:22.36	200m:	2:53.04	45.57	300m:	4:23.54	45.35	400m:	5:47.92	40.15
5.	REDOLAR LABADIE, Irene		06	C.N. Villarrobledo				6:13.49	245		
	50m:	40.47	150m:	2:14.81	48.00	250m:	3:51.47	48.20	350m:	5:28.20	47.46
	100m:	1:26.81	200m:	3:03.27	48.46	300m:	4:40.74	49.27	400m:	6:13.49	45.29
6.	PEINADO TENDERO, Rocío		05	C.N. Madridejos				6:14.86	242		
	50m:	40.55	150m:	2:13.05	47.43	250m:	3:50.64	48.85	350m:	5:28.75	49.28
	100m:	1:25.62	200m:	3:01.79	48.74	300m:	4:39.47	48.83	400m:	6:14.86	46.11
7.	CAÑAS GARRIDO, Angela		06	C.N. Castilla				6:31.97	212		
	50m:	39.85	150m:	2:14.88	49.50	250m:	3:57.12	50.79	350m:	5:42.96	53.00
	100m:	1:25.38	200m:	3:06.33	51.45	300m:	4:49.96	52.84	400m:	6:31.97	49.01
8.	DIAZ VIERA, Elsa		05	C.N. Castilla				6:56.10	177		
	50m:	45.06	150m:	2:27.20	52.58	250m:			350m:	6:04.60	54.66
	100m:	1:34.62	200m:	3:20.95	53.75	300m:	5:09.94		400m:	6:56.10	51.50

Absoluto Femenino

1.	MUÑOZ SÁNCHEZ, Susana		06	C.N. Valdepeñas				4:37.83	596		
	50m:	31.73	150m:	1:41.10	35.14	250m:	2:52.57	35.60	350m:	4:03.93	35.54
	100m:	1:05.96	200m:	2:16.97	35.87	300m:	3:28.39	35.82	400m:	4:37.83	33.90
2.	CARBONERO NUÑEZ, Carla		08	Cn Ugena				5:02.14	464		
	50m:	34.48	150m:	1:51.38	38.98	250m:	3:09.83	38.93	350m:	4:25.82	38.12
	100m:	1:12.40	200m:	2:30.90	39.52	300m:	3:47.70	37.87	400m:	5:02.14	36.32
3.	BONETE TOMAS, Emma		07	C.N. Almansa				5:04.85	451		
	50m:	35.94	150m:	1:53.29	38.99	250m:	3:11.78	39.02	350m:	4:29.02	38.34
	100m:	1:14.30	200m:	2:32.76	39.47	300m:	3:50.68	38.90	400m:	5:04.85	35.83
4.	MURCIA CARRAMOLINO, Naiara		06	C.N. Alcazar				5:05.79	447		
	50m:	33.54	150m:	1:47.97	37.87	250m:	3:06.31	39.15	350m:	4:27.07	40.52
	100m:	1:10.10	200m:	2:27.16	39.19	300m:	3:46.55	40.24	400m:	5:05.79	38.72
5.	SIERRA LOPEZ DE RODAS, Paula		05	C.N. Quinaqua				5:09.04	433		
	50m:	34.07	150m:	1:50.95	38.91	250m:	3:10.53	39.55	350m:	4:31.61	40.51
	100m:	1:12.04	200m:	2:30.98	40.03	300m:	3:51.10	40.57	400m:	5:09.04	37.43

Prueba 3, Fem., 400m Libre, Absoluto Femenino

Clasificación			AN							Tiempo	Pts	
6.	DE SANDE DE LA CRUZ, Dana		00	Cn Ugena						5:15.48	407	
	50m:	34.92	34.92	150m:	1:53.47	40.03	250m:	3:14.58	40.87	350m:	4:36.21	40.80
	100m:	1:13.44	38.52	200m:	2:33.71	40.24	300m:	3:55.41	40.83	400m:	5:15.48	39.27
7.	QUIROS TEJADO, Luna		09	C.N. Alcazar						5:19.37	392	
	50m:	35.25	35.25	150m:	1:53.05	39.66	250m:	3:15.41	41.54	350m:	4:37.61	41.42
	100m:	1:13.39	38.14	200m:	2:33.87	40.82	300m:	3:56.19	40.78	400m:	5:19.37	41.76
8.	BALLESTEROS SANCHEZ, Paula		08	Club Natación Sonseca						5:29.63	357	
	50m:	36.59	36.59	150m:	2:01.13	42.83	250m:	3:27.72	43.11	350m:	4:50.08	40.49
	100m:	1:18.30	41.71	200m:	2:44.61	43.48	300m:	4:09.59	41.87	400m:	5:29.63	39.55
9.	ORTÍ DOLZ, Cayetana		07	C.N. Cuenca						5:31.24	352	
	50m:	36.52	36.52	150m:	1:59.28	42.33	250m:	3:25.86	43.60	350m:	4:51.70	42.23
	100m:	1:16.95	40.43	200m:	2:42.26	42.98	300m:	4:09.47	43.61	400m:	5:31.24	39.54
10.	ORTIZ AGUILAR, Noelia		02	C.N. Almansa						5:33.39	345	
	50m:	35.56	35.56	150m:	1:57.78	41.60	250m:	3:23.29	42.93	350m:	4:50.32	43.77
	100m:	1:16.18	40.62	200m:	2:40.36	42.58	300m:	4:06.55	43.26	400m:	5:33.39	43.07
11.	RODRIGUEZ LOPEZ, Elsa		11	C.N. Cuenca						5:45.91	309	
	50m:	40.71	40.71	150m:	2:09.85	44.65	250m:	3:38.93	44.77	350m:	5:05.47	43.59
	100m:	1:25.20	44.49	200m:	2:54.16	44.31	300m:	4:21.88	42.95	400m:	5:45.91	40.44
12.	LOZANO GARCIA, Mercedes		06	C.N. Buceo Ciudad De Hellin						5:47.92	303	
	50m:	38.70	38.70	150m:	2:07.47	45.11	250m:	3:38.19	45.15	350m:	5:07.77	44.23
	100m:	1:22.36	43.66	200m:	2:53.04	45.57	300m:	4:23.54	45.35	400m:	5:47.92	40.15
13.	VILLER VALENCIA, Paula		09	C.N. Quinaqua						5:48.04	303	
	50m:	38.97	38.97	150m:	2:07.82	44.98	250m:	3:38.29	44.89	350m:	5:07.82	44.58
	100m:	1:22.84	43.87	200m:	2:53.40	45.58	300m:	4:23.24	44.95	400m:	5:48.04	40.22
14.	ROJAS PEREZ-CEJUELA, Angela		11	Club Natación Sonseca						5:51.30	295	
	50m:	38.71	38.71	150m:	2:08.63	45.64	250m:	3:39.27	45.21	350m:	5:08.64	44.27
	100m:	1:22.99	44.28	200m:	2:54.06	45.43	300m:	4:24.37	45.10	400m:	5:51.30	42.66
15.	HOYOS TARRAGA, Ines		09	C.N. Almansa						5:57.47	280	
	50m:	39.21	39.21	150m:	2:07.99	45.07	250m:	3:39.66	45.94	350m:	5:12.61	46.24
	100m:	1:22.92	43.71	200m:	2:53.72	45.73	300m:	4:26.37	46.71	400m:	5:57.47	44.86
16.	MATULEA MATULEA, Maria Alexandra		08	Dsc Albacete Swim						6:05.71	261	
	50m:	39.97	39.97	150m:	2:11.78	46.41	250m:	3:46.65	47.37	350m:	5:22.05	47.58
	100m:	1:25.37	45.40	200m:	2:59.28	47.50	300m:	4:34.47	47.82	400m:	6:05.71	43.66
17.	MORAL YUSTE, Emma		07	C.N. Madridejos						6:07.50	257	
	50m:	39.90	39.90	150m:	2:10.42	45.57	250m:	3:45.20	47.74	350m:	5:21.94	48.05
	100m:	1:24.85	44.95	200m:	2:57.46	47.04	300m:	4:33.89	48.69	400m:	6:07.50	45.56
18.	ZARZA BELDA, Rosa		95	C.N. Quinaqua						6:07.75	257	
	50m:	40.42	40.42	150m:	2:09.42	45.66	250m:	3:43.66	47.61	350m:	5:20.21	48.23
	100m:	1:23.76	43.34	200m:	2:56.05	46.63	300m:	4:31.98	48.32	400m:	6:07.75	47.54
19.	LÓPEZ MORALES, Paula		09	C.N. Buceo Ciudad De Hellin						6:13.08	246	
	50m:	40.55	40.55	150m:	2:13.20	47.13	250m:	3:49.48	48.27	350m:	5:26.59	48.52
	100m:	1:26.07	45.52	200m:	3:01.21	48.01	300m:	4:38.07	48.59	400m:	6:13.08	46.49
20.	REDOLAR LABADIE, Irene		06	C.N. Villarrobledo						6:13.49	245	
	50m:	40.47	40.47	150m:	2:14.81	48.00	250m:	3:51.47	48.20	350m:	5:28.20	47.46
	100m:	1:26.81	46.34	200m:	3:03.27	48.46	300m:	4:40.74	49.27	400m:	6:13.49	45.29
21.	IZQUIERDA ALMENARA, Paula		10	C.N. Quinaqua						6:13.79	245	
	50m:	37.73	37.73	150m:	2:08.05	46.13	250m:	3:42.81	47.64	350m:	5:23.61	51.06
	100m:	1:21.92	44.19	200m:	2:55.17	47.12	300m:	4:32.55	49.74	400m:	6:13.79	50.18
22.	PEINADO TENDERO, Rocío		05	C.N. Madridejos						6:14.86	242	
	50m:	40.55	40.55	150m:	2:13.05	47.43	250m:	3:50.64	48.85	350m:	5:28.75	49.28
	100m:	1:25.62	45.07	200m:	3:01.79	48.74	300m:	4:39.47	48.83	400m:	6:14.86	46.11

Prueba 3, Fem., 400m Libre, Absoluto Femenino

Clasificación			AN							Tiempo	Pts
23.	GARCÍA-OCHOA ZARZA, Aroa		10	Club Natación Sonseca						6:17.85	237
	50m:	40.79	40.79	150m:	2:18.50	49.19	250m:	3:55.46	48.23	350m:	
	100m:	1:29.31	48.52	200m:	3:07.23	48.73	300m:	4:44.63	49.17	400m:	6:17.85
24.	CAÑAS GARRIDO, Angela		06	C.N. Castilla						6:31.97	212
	50m:	39.85	39.85	150m:	2:14.88	49.50	250m:	3:57.12	50.79	350m:	5:42.96
	100m:	1:25.38	45.53	200m:	3:06.33	51.45	300m:	4:49.96	52.84	400m:	6:31.97
25.	CICUENDEZ QUINO, Alejandra		10	C.N. Alcazar						6:47.97	188
	50m:	43.55	43.55	150m:	2:24.18	51.68	250m:	4:10.55	53.81	350m:	
	100m:	1:32.50	48.95	200m:	3:16.74	52.56	300m:	5:05.20	54.65	400m:	6:47.97
26.	DIAZ VIERA, Elsa		05	C.N. Castilla						6:56.10	177
	50m:	45.06	45.06	150m:	2:27.20	52.58	250m:			350m:	6:04.60
	100m:	1:34.62	49.56	200m:	3:20.95	53.75	300m:	5:09.94		400m:	6:56.10
27.	ROMERO GARCÍA, Inmaculada		10	Dsc Albacete Swim						7:57.90	117
	50m:	49.66	49.66	150m:	2:50.72	1:01.34	250m:	4:58.54	1:02.44	350m:	7:01.57
	100m:	1:49.38	59.72	200m:	3:56.10	1:05.38	300m:	6:01.31	1:02.77	400m:	7:57.90
28.	PAÑOS MARTINEZ, Maria de los Llanos		10	Dsc Albacete Swim						8:00.18	115
	50m:	56.35	56.35	150m:	2:58.74	1:02.35	250m:	4:57.29	1:00.08	350m:	7:03.70
	100m:	1:56.39	1:00.04	200m:	3:57.21	58.47	300m:	6:00.94	1:03.65	400m:	8:00.18