

Prueba 2
20/03/2021

1500m Libre

20 - 94 años
Resultados

Puntos: FINA 2021

Clasificación	AN	Tempo	Pts
20+, Masc.			
1.	MANZANARES GARCÍA, Francisco Javier ⁹⁷	C.P La Roda	24:17.12
	100m: 1:21.77 1:21.77	500m: 7:48.32 1:40.15	900m: 14:32.51 1:41.35
	200m: 2:52.58 1:30.81	600m: 9:28.83 1:40.51	1000m: 16:10.92 1:38.41
	300m: 4:28.70 1:36.12	700m: 11:10.18 1:41.35	1100m: 17:52.67 1:41.75
	400m: 6:08.17 1:39.47	800m: 12:51.16 1:40.98	1200m: 19:35.06 1:42.39
			1300m: 21:17.02 1:41.96
			1400m: 22:54.46 1:37.44
			1500m: 24:17.12 1:22.66
25+, Masc.			
1.	MADRID NOVILLO, Ismael ⁹⁵	Master Natacion Tomelloso	22:02.41
	100m: 1:22.28 1:22.28	500m: 7:17.18 1:29.37	900m: 13:14.97 1:29.53
	200m: 2:49.47 1:27.19	600m: 8:47.54 1:30.36	1000m: 14:44.68 1:29.71
	300m: 4:17.46 1:27.99	700m: 10:16.47 1:28.93	1100m:
	400m: 5:47.81 1:30.35	800m: 11:45.44 1:28.97	1200m: 17:41.96
			1300m: 19:10.75 1:28.79
			1400m: 20:38.67 1:27.92
			1500m: 22:02.41 1:23.74
25+, Fem.			
1.	PERONA LARA, Lorena ⁹³	Master Natacion Tomelloso	24:07.47
	100m: 1:30.02 1:30.02	500m: 7:58.41 1:38.41	900m: 14:32.43 1:38.26
	200m: 3:04.93 1:34.91	600m: 9:37.40 1:38.99	1000m: 16:08.62 1:36.19
	300m: 4:42.31 1:37.38	700m: 11:18.53 1:41.13	1100m: 17:44.75 1:36.13
	400m: 6:20.00 1:37.69	800m: 12:54.17 1:35.64	1200m: 19:20.98 1:36.23
			1300m: 20:57.47 1:36.49
			1400m: 22:34.04 1:36.57
			1500m: 24:07.47 1:33.43
30+, Masc.			
1.	GÓMEZ SAEZ, Daniel ⁹⁰	C.N. Monteverde	24:44.38
	100m: 1:27.78 1:27.78	500m: 8:04.25 1:44.89	900m: 14:47.41 1:40.61
	200m: 3:02.29 1:34.51	600m: 9:46.71 1:42.46	1000m: 16:30.24 1:42.83
	300m: 4:40.87 1:38.58	700m: 11:28.74 1:42.03	1100m: 18:13.69 1:43.45
	400m: 6:19.36 1:38.49	800m: 13:06.80 1:38.06	1200m: 19:55.07 1:41.38
			1300m: 21:33.94 1:38.87
			1400m: 23:08.80 1:34.86
			1500m: 24:44.38 1:35.58
2.	SANCHEZ-MANJAVACAS, Carlos ⁸⁷	C.N. Criptana Gigantes	25:21.04
	100m: 1:32.54 1:32.54	500m: 8:10.99 1:39.84	900m: 15:01.55 1:42.94
	200m: 3:10.34 1:37.80	600m: 9:53.58 1:42.59	1000m: 16:45.01 1:43.46
	300m: 4:49.34 1:39.00	700m: 11:35.53 1:41.95	1100m: 18:29.73 1:44.72
	400m: 6:31.15 1:41.81	800m: 13:18.61 1:43.08	1200m: 20:13.65 1:43.92
			1300m: 21:56.09 1:42.44
			1400m: 23:38.53 1:42.44
			1500m: 25:21.04 1:42.51
3.	DÍAZ FERNÁNDEZ, Gregorio ⁸⁸	Master Natacion Tomelloso	26:49.53
	100m: 1:38.66 1:38.66	500m: 8:35.86 1:45.79	900m: 15:50.14 1:49.10
	200m: 3:16.65 1:37.99	600m: 10:23.29 1:47.43	1000m: 17:38.13 1:47.99
	300m: 5:03.06 1:46.41	700m: 12:12.56 1:49.27	1100m: 19:28.54 1:50.41
	400m: 6:50.07 1:47.01	800m: 14:01.04 1:48.48	1200m: 21:18.89 1:50.35
			1300m: 23:10.34 1:51.45
			1400m: 25:00.45 1:50.11
			1500m: 26:49.53 1:49.08
30+, Fem.			
1.	DE LA HOZ MORALES, Silvia ⁸⁷	Master Natacion Tomelloso	23:31.91
	100m: 1:26.20 1:26.20	500m: 7:47.14 1:35.16	900m: 14:06.83 1:34.52
	200m: 2:59.45 1:33.25	600m: 9:22.13 1:34.99	1000m: 15:43.23 1:36.40
	300m: 4:34.70 1:35.25	700m: 10:58.10 1:35.97	1100m: 17:18.91 1:35.68
	400m: 6:11.98 1:37.28	800m: 12:32.31 1:34.21	1200m: 18:53.70 1:34.79
			1300m: 20:27.70 1:34.00
			1400m: 22:02.44 1:34.74
			1500m: 23:31.91 1:29.47
2.	GALLEGO NOVILLO, Laura ⁸⁷	Master Natacion Tomelloso	24:09.89
	100m: 1:29.61 1:29.61	500m: 8:00.48 1:39.19	900m: 14:33.30 1:37.03
	200m: 3:05.48 1:35.87	600m: 9:39.18 1:38.70	1000m: 16:10.62 1:37.32
	300m: 4:43.17 1:37.69	700m: 11:18.48 1:39.30	1100m: 17:47.15 1:36.53
	400m: 6:21.29 1:38.12	800m: 12:56.27 1:37.79	1200m: 19:24.61 1:37.46
			1300m: 21:00.08 1:35.47
			1400m: 22:36.58 1:36.50
			1500m: 24:09.89 1:33.31

Prueba 2, 1500m Libre

35+, Masc.

1. ATIENZA MEDINA, Carlos	86	C.N. Albacete	24:23.76
100m: 1:28.83 1:28.83	500m: 8:03.70 1:38.32	900m: 14:36.48 1:38.59	1300m: 21:10.27 1:38.72
200m: 3:06.24 1:37.41	600m: 9:41.91 1:38.21	1000m: 16:14.90 1:38.42	1400m: 22:48.09 1:37.82
300m: 4:45.91 1:39.67	700m: 11:19.88 1:37.97	1100m: 17:59.02 1:44.12	1500m: 24:23.76 1:35.67
400m: 6:25.38 1:39.47	800m: 12:57.89 1:38.01	1200m: 19:31.55 1:32.53	

40+, Masc.

1. PINTOR VIOLERO, Eduardo	78	C.N. Criptana Gigantes	21:46.64
100m: 1:14.87 1:14.87	500m: 7:05.39 1:29.48	900m: 13:00.84 1:29.68	1300m: 18:54.13 1:28.99
200m: 2:38.53 1:23.66	600m: 8:34.76 1:29.37	1000m: 14:28.67 1:27.83	1400m: 20:21.29 1:27.16
300m: 4:07.25 1:28.72	700m: 10:03.30 1:28.54	1100m: 15:56.10 1:27.43	1500m: 21:46.64 1:25.35
400m: 5:35.91 1:28.66	800m: 11:31.16 1:27.86	1200m: 17:25.14 1:29.04	
2. RUIZ VALENTIN, Jose Luis	79	Master Natacion Tomelloso	24:32.31
100m: 1:33.75 1:33.75	500m: 8:11.52 1:37.98	900m: 14:51.24 1:38.04	1300m: 21:19.95 1:36.89
200m: 3:12.15 1:38.40	600m: 9:52.43 1:40.91	1000m: 16:27.91 1:36.67	1400m: 22:56.88 1:36.93
300m: 4:51.16 1:39.01	700m: 11:32.87 1:40.44	1100m: 18:04.87 1:36.96	1500m: 24:32.31 1:35.43
400m: 6:33.54 1:42.38	800m: 13:13.20 1:40.33	1200m: 19:43.06 1:38.19	
3. GARCIA CASRRUBIOS BERNARDO, Artu81	81	C.N. Criptana Gigantes	25:19.01
100m: 1:26.65 1:26.65	500m: 8:22.74 1:44.28	900m: 15:10.59 1:40.06	1300m: 21:57.46 1:42.71
200m: 3:05.46 1:38.81	600m: 10:05.97 1:43.23	1000m: 16:51.37 1:40.78	1400m: 23:38.65 1:41.19
300m: 4:51.35 1:45.89	700m: 11:48.22 1:42.25	1100m: 18:32.50 1:41.13	1500m: 25:19.01 1:40.36
400m: 6:38.46 1:47.11	800m: 13:30.53 1:42.31	1200m: 20:14.75 1:42.25	

40+, Fem.

1. DE LA HOZ AGUADO, Mari Carmen	78	Master Natacion Tomelloso	33:54.24
100m: 2:07.88 2:07.88	500m: 11:07.03 2:15.24	900m: 20:09.47 2:16.34	1300m: 29:22.40 2:18.21
200m: 4:21.59 2:13.71	600m: 13:21.40 2:14.37	1000m: 22:28.09 2:18.62	1400m: 31:40.56 2:18.16
300m: 6:36.99 2:15.40	700m: 15:38.69 2:17.29	1100m: 24:46.13 2:18.04	1500m: 33:54.24 2:13.68
400m: 8:51.79 2:14.80	800m: 17:53.13 2:14.44	1200m: 27:04.19 2:18.06	

45+, Masc.

1. LOPEZ GOÑI, Diego	75	C.N. Monteverde	26:00.83
100m: 1:35.08 1:35.08	500m: 8:35.33 1:44.26	900m: 15:39.36 1:45.13	1300m: 22:37.48 1:43.74
200m: 3:19.39 1:44.31	600m: 10:23.33 1:48.00	1000m: 17:24.08 1:44.72	1400m: 24:20.55 1:43.07
300m: 5:04.55 1:45.16	700m: 12:08.63 1:45.30	1100m: 19:08.60 1:44.52	1500m: 26:00.83 1:40.28
400m: 6:51.07 1:46.52	800m: 13:54.23 1:45.60	1200m: 20:53.74 1:45.14	
2. ALONSO RODRIGUEZ, Moises	76	C.N. Monteverde	27:19.14
100m: 1:46.53 1:46.53	500m: 9:13.89 1:54.24	900m: 16:40.25 1:52.54	1300m: 23:52.69 1:46.63
200m: 3:40.28 1:53.75	600m: 11:06.81 1:52.92	1000m: 18:28.78 1:48.53	1400m: 25:41.03 1:48.34
300m: 5:30.90 1:50.62	700m: 12:57.53 1:50.72	1100m: 20:18.60 1:49.82	1500m: 27:19.14 1:38.11
400m: 7:19.65 1:48.75	800m: 14:47.71 1:50.18	1200m: 22:06.06 1:47.46	
3. GÓMEZ DE LA FUENTE, Pedro Miguel	74	C.N. Monteverde	29:39.01
100m: 1:44.29 1:44.29	500m: 9:36.75 1:59.53	900m: 17:40.46 2:02.13	1300m: 25:48.50 2:00.70
200m: 3:38.33 1:54.04	600m: 11:35.06 1:58.31	1000m: 19:43.22 2:02.76	1400m: 27:49.45 2:00.95
300m: 5:37.00 1:58.67	700m: 13:36.54 2:01.48	1100m: 21:45.57 2:02.35	1500m: 29:39.01 1:49.56
400m: 7:37.22 2:00.22	800m: 15:38.33 2:01.79	1200m: 23:47.80 2:02.23	

45+, Fem.

1. DELGADO MOYA, Begoña	72	C.N. Valdepeñas	25:26.46
100m: 1:33.70 1:33.70	500m: 8:19.85 1:43.30	900m: 15:12.35 1:43.01	1300m: 22:06.28 1:42.08
200m: 3:12.36 1:38.66	600m: 10:02.54 1:42.69	1000m: 16:55.93 1:43.58	1400m: 23:47.80 1:41.52
300m: 4:54.84 1:42.48	700m: 11:46.14 1:43.60	1100m: 18:39.37 1:43.44	1500m: 25:26.46 1:38.66
400m: 6:36.55 1:41.71	800m: 13:29.34 1:43.20	1200m: 20:24.20 1:44.83	

Prueba 2, Fem., 1500m Libre, 45+

Clasificación	AN		Tiempo		Pts
2. DUEÑAS RUIZ, Ines	72		Master Natacion Tomelloso		27:47.90
100m: 1:41.10	1:41.10	500m: 9:03.02	1:52.90	900m: 16:01.29	1:23.49
200m: 3:28.11	1:47.01	600m: 10:53.70	1:50.68	1000m: 18:25.10	2:23.81
300m: 5:39.56	2:11.45	700m: 12:46.41	1:52.71	1100m: 20:56.18	2:31.08
400m: 7:10.12	1:30.56	800m: 14:37.80	1:51.39	1200m: 22:09.70	1:13.52
1300m: 24:09.71					2:00.01
1400m: 25:56.13					1:46.42
1500m: 27:47.90					1:51.77
3. VILLANUEVA SAYAGO, Rocio	74		C.N. Criptana Gigantes		30:02.76
100m: 1:47.24	1:47.24	500m: 9:50.32	1:58.62	900m: 17:53.66	2:00.95
200m: 3:47.79	2:00.55	600m: 11:51.40	2:01.08	1000m: 19:53.95	2:00.29
300m: 5:51.59	2:03.80	700m: 13:51.38	1:59.98	1100m: 21:56.53	2:02.58
400m: 7:51.70	2:00.11	800m: 15:52.71	2:01.33	1200m: 23:58.59	2:02.06
1300m: 26:02.07					2:03.48
1400m: 28:04.82					2:02.75
1500m: 30:02.76					1:57.94

50+, Masc.

1. GONZÁLEZ CASTELLANOS, Alberto	71		C.N. Ciudad Real		21:42.66
100m: 1:20.39	1:20.39	500m: 7:09.27	1:26.96	900m: 12:59.30	1:28.03
200m: 2:47.77	1:27.38	600m: 8:36.43	1:27.16	1000m: 14:27.69	1:28.39
300m: 4:14.82	1:27.05	700m: 10:03.22	1:26.79	1100m: 15:54.73	1:27.04
400m: 5:42.31	1:27.49	800m: 11:31.27	1:28.05	1200m: 17:22.73	1:28.00
1300m: 18:50.21					1:27.48
1400m: 20:17.71					1:27.50
1500m: 21:42.66					1:24.95
2. SÁNCHEZ-MANJAVACAS, Juan Carlos	67		C.N. Criptana Gigantes		25:32.57
100m: 1:31.19	1:31.19	500m: 8:20.63	1:44.82	900m: 15:19.50	1:44.86
200m: 3:10.62	1:39.43	600m:		1000m: 17:02.57	1:43.07
300m: 4:52.03	1:41.41	700m: 11:49.17		1100m: 18:46.36	1:43.79
400m: 6:35.81	1:43.78	800m: 13:34.64	1:45.47	1200m: 20:29.02	1:42.66
1300m: 22:12.61					1:43.59
1400m: 23:54.57					1:41.96
1500m: 25:32.57					1:38.00
3. GONZALEZ DE LA ALEJA LOPEZ, Victor	70		C.N. Valdepeñas		28:48.77
100m: 1:44.18	1:44.18	500m: 9:28.36	1:55.81	900m: 17:17.94	2:00.10
200m: 3:39.19	1:55.01	600m: 11:22.72	1:54.36	1000m: 19:15.59	1:57.65
300m: 5:33.81	1:54.62	700m: 13:21.56	1:58.84	1100m: 21:12.89	1:57.30
400m: 7:32.55	1:58.74	800m: 15:17.84	1:56.28	1200m: 23:10.23	1:57.34
1300m: 25:10.38					2:00.15
1400m: 27:02.45					1:52.07
1500m: 28:48.77					1:46.32

55+, Masc.

1. SANCHEZ DIEZ, Jose Carlos	62		C.N. Monteverde		24:39.84
100m: 1:30.13	1:30.13	500m: 8:06.06	1:39.22	900m: 14:43.96	1:39.96
200m: 3:06.28	1:36.15	600m: 9:46.66	1:40.60	1000m: 16:23.25	1:39.29
300m: 4:46.06	1:39.78	700m: 11:24.85	1:38.19	1100m: 18:03.28	1:40.03
400m: 6:26.84	1:40.78	800m: 13:04.00	1:39.15	1200m: 19:43.42	1:40.14
1300m: 21:22.99					1:39.57
1400m: 23:02.60					1:39.61
1500m: 24:39.84					1:37.24
2. VILLET A LOPEZ, Carlos	63		Master Natacion Tomelloso		26:31.44
100m: 1:42.13	1:42.13	500m: 8:52.50	1:48.55	900m: 16:00.56	1:46.89
200m: 3:29.83	1:47.70	600m: 10:38.85	1:46.35	1000m: 17:47.22	1:46.66
300m: 5:16.64	1:46.81	700m: 12:25.90	1:47.05	1100m: 19:34.73	1:47.51
400m: 7:03.95	1:47.31	800m: 14:13.67	1:47.77	1200m: 21:20.60	1:45.87
1300m: 23:06.45					1:45.85
1400m: 24:51.29					1:44.84
1500m: 26:31.44					1:40.15

55+, Fem.

1. ROJAS VARGAS, Diana Patricia	65		C.N. Monteverde		35:30.27
100m: 2:05.29	2:05.29	500m: 11:31.94	2:24.18	900m: 21:06.91	2:24.48
200m: 4:24.98	2:19.69	600m: 13:55.20	2:23.26	1000m: 23:32.62	2:25.71
300m: 6:47.78	2:22.80	700m: 16:18.44	2:23.24	1100m: 25:56.50	2:23.88
400m: 9:07.76	2:19.98	800m: 18:42.43	2:23.99	1200m: 28:21.39	2:24.89
1300m: 30:43.34					2:21.95
1400m: 33:26.07					2:42.73
1500m: 35:30.27					2:04.20

60+, Masc.

1. SEPULVEDA BUSTOS, Jose	60		C.N. Alcazar		24:19.57
100m: 1:24.11	1:24.11	500m: 7:51.54	1:38.49	900m: 14:25.79	1:39.80
200m: 2:58.78	1:34.67	600m: 9:29.58	1:38.04	1000m: 16:04.69	1:38.90
300m: 4:35.26	1:36.48	700m: 11:07.44	1:37.86	1100m: 17:44.33	1:39.64
400m: 6:13.05	1:37.79	800m: 12:45.99	1:38.55	1200m: 19:24.72	1:40.39
1300m: 21:05.37					1:40.65
1400m: 22:43.80					1:38.43
1500m: 24:19.57					1:35.77



Control de Marcas Master Larga Distancia
Tomelloso, 20/3/2021



Prueba 2, Masc., 1500m Libre, 60+

Clasificación	AN		Tiempo		Pts						
2. GÓMEZ AREVALO, Daniel	61 C.N. Monteverde		34:47.97								
100m:	2:13.21	2:13.21	500m:	11:32.35	2:19.61	900m:	20:52.12	2:19.70	1300m:	30:16.81	2:17.69
200m:	4:34.22	2:21.01	600m:	13:52.44	2:20.09	1000m:	23:14.45	2:22.33	1400m:	32:34.42	2:17.61
300m:	6:53.07	2:18.85	700m:	16:12.90	2:20.46	1100m:	25:37.79	2:23.34	1500m:	34:47.97	2:13.55
400m:	9:12.74	2:19.67	800m:	18:32.42	2:19.52	1200m:	27:59.12	2:21.33			

