

Prueba 29
23/03/2019

Fem., 400m Libre

Open
Resultados

cto	4:32.96	IBAÑEZ HERNÁNDEZ, NEREA	TOMELLOSO	11/04/2015
R	4:08.02	IBAÑEZ HERNANDEZ, NEREA	BARCELONA	15/11/2018
mm 18	4:12.99	IBAÑEZ HERNANDEZ, NDEREA	BARCELONA	23/11/2017
mm 17	4:25.34	IBAÑEZ HERNANDEZ, NEREA	TALAVERA DE LA REINA	14/02/2016
mm 16	4:30.21	IBAÑEZ HERNANDEZ, NEREA	TALAVERA DE LA REINA	15/02/2015
mm 15	4:24.28	IBAÑEZ HERNANDEZ, NEREA	TALAVERA DE LA REINA	16/02/2014
mm 14	4:29.00	IBAÑEZ HERNANDEZ, NEREA	TALAVERA DE LA REINA	10/02/2013
mm 13	4:31.38	VAZUEZ ALVAREZ, ELENA	PALMA DE MALLORCA	11/03/2012
mm 12	4:40.91	CABANES GARZAS, LAURA	ALBACETE	05/05/2018

Clasificación AN Tiempo ABS ABS GE GE

Alevín Femenino

1. OLIVARES CARRAMOLINO, E06na	C.N. Gigantes	5:11.96	19,00	-	27,00	-
50m: 35.59 35.59	150m: 1:53.24 39.30	250m: 3:12.82 40.01	350m: 4:32.30 39.63			
100m: 1:13.94 38.35	200m: 2:32.81 39.57	300m: 3:52.67 39.85	400m: 5:11.96 39.66			
2. MURCIA CARRAMOLINO, Na06a	C.N. Alcazar	5:15.84	18,00	-	25,00	-
50m: 35.32 35.32	150m: 1:53.72 39.87	250m: 3:14.99 40.83	350m: 4:36.98 40.75			
100m: 1:13.85 38.53	200m: 2:34.16 40.44	300m: 3:56.23 41.24	400m: 5:15.84 38.86			
3. MORAL YUSTE, Emma	07 C.N. Madridejos	5:48.10	12,00	-	23,00	-
50m: 40.58 40.58	150m: 2:07.65 43.66	250m: 3:36.51 44.50	350m: 5:06.90 45.30			
100m: 1:23.99 43.41	200m: 2:52.01 44.36	300m: 4:21.60 45.09	400m: 5:48.10 41.20			

Infantil Femenino

1. GARCIA CUENCA, Eva	05 C.N. Almansa	4:58.10	23,00	-	27,00	-
50m: 34.31 34.31	150m: 1:48.42 37.43	250m: 3:04.43 38.25	350m: 4:21.08 38.17			
100m: 1:10.99 36.68	200m: 2:26.18 37.76	300m: 3:42.91 38.48	400m: 4:58.10 37.02			
2. VAQUERO MORALES, Diana	05 C.N. Alcazar	5:11.55	20,00	-	25,00	-
50m: 35.54 35.54	150m: 1:53.23 39.75	250m: 3:13.87 40.22	350m: 4:34.34 40.43			
100m: 1:13.48 37.94	200m: 2:33.65 40.42	300m: 3:53.91 40.04	400m: 5:11.55 37.21			
3. RODRIGUEZ SERRANO, Lucia	05 C.N. Quinaqua	5:24.87	16,00	-	23,00	-
50m: 34.50 34.50	150m: 1:53.17 40.16	250m: 3:15.69 41.55	350m: 4:43.37 44.35			
100m: 1:13.01 38.51	200m: 2:34.14 40.97	300m: 3:59.02 43.33	400m: 5:24.87 41.50			
4. BARBA PEREZ, Maria	04 C.D. Aqua De Valdepeñas	5:25.29	15,00	-	21,00	-
50m: 36.01 36.01	150m: 1:56.68 40.98	250m: 3:19.86 41.92	350m: 4:45.23 42.16			
100m: 1:15.70 39.69	200m: 2:37.94 41.26	300m: 4:03.07 43.21	400m: 5:25.29 40.06			
5. LÓPEZ MORALES, Clara	04 C.N. Buceo Ciudad De Hellin	6:42.85	10,00	-	20,00	-
50m: 38.75 38.75	150m: 2:12.10 48.61	250m: 3:56.99 53.01	350m: 5:49.38 57.01			
100m: 1:23.49 44.74	200m: 3:03.98 51.88	300m: 4:52.37 55.38	400m: 6:42.85 53.47			

Junior Femenino

1. ORTIZ AGUILAR, Noelia	02 C.N. Almansa	4:56.28	25,00	-	27,00	-
50m: 34.15 34.15	150m: 1:49.46 37.95	250m: 3:03.30 36.98	350m: 4:18.72 37.90			
100m: 1:11.51 37.36	200m: 2:26.32 36.86	300m: 3:40.82 37.52	400m: 4:56.28 37.56			
2. MUÑOZ SANCHEZ, Lucia	03 C.N. Valdepeñas	4:58.25	21,00	-	25,00	-
50m: 33.73 33.73	150m: 1:46.99 37.36	250m: 3:03.14 38.34	350m: 4:20.35 38.74			
100m: 1:09.63 35.90	200m: 2:24.80 37.81	300m: 3:41.61 38.47	400m: 4:58.25 37.90			
3. BALLESTEROS DIAZ, Alba	02 C.D. Aqua De Valdepeñas	5:26.38	14,00	-	23,00	-
50m: 37.36 37.36	150m: 1:59.56 41.19	250m: 3:22.77 41.47	350m: 4:45.98 41.84			
100m: 1:18.37 41.01	200m: 2:41.30 41.74	300m: 4:04.14 41.37	400m: 5:26.38 40.40			
4. RAMOS ESCRIBANO, Carolina	03 C.N. Gigantes	5:33.77	13,00	-	21,00	-
50m: 37.91 37.91	150m: 2:01.34 42.28	250m: 3:26.42 42.66	350m: 4:51.79 42.50			
100m: 1:19.06 41.15	200m: 2:43.76 42.42	300m: 4:09.29 42.87	400m: 5:33.77 41.98			

Prueba 29, Fem., 400m Libre

Senior Femenino

1. OLMEDO LEON, Lourdes	96	C.N. Valdepeñas	4:45.12	27,00	-	27,00	-				
50m:	31.80	31.80	150m:	1:43.32	36.22	250m:	2:56.50	36.60	350m:	4:10.77	37.16
100m:	1:07.10	35.30	200m:	2:19.90	36.58	300m:	3:33.61	37.11	400m:	4:45.12	34.35
2. SANCHEZ GOMEZ, Celia	01	C.N. Madridejos	5:18.78	17,00	-	25,00	-				
50m:	35.27	35.27	150m:	1:54.23	40.47	250m:	3:17.08	41.55	350m:	4:39.77	40.80
100m:	1:13.76	38.49	200m:	2:35.53	41.30	300m:	3:58.97	41.89	400m:	5:18.78	39.01
3. FUENTES PARRA, Maria	01	C.N. Buceo Ciudad De Hellin	6:22.86	11,00	-	23,00	-				
50m:	40.57	40.57	150m:	2:15.69	48.60	250m:	3:54.38	49.25	350m:	5:35.61	49.75
100m:	1:27.09	46.52	200m:	3:05.13	49.44	300m:	4:45.86	51.48	400m:	6:22.86	47.25
4. ZARZA BELDA, María Rosa	95	C.N. Quinaqua	6:45.93	9,00	-	21,00	-				
50m:	42.97	42.97	150m:	2:19.26	49.60	250m:	4:04.36	53.16	350m:	5:52.90	53.99
100m:	1:29.66	46.69	200m:	3:11.20	51.94	300m:	4:58.91	54.55	400m:	6:45.93	53.03

Open

1. OLMEDO LEON, Lourdes	96	C.N. Valdepeñas	4:45.12	27,00	-	27,00	-				
50m:	31.80	31.80	150m:	1:43.32	36.22	250m:	2:56.50	36.60	350m:	4:10.77	37.16
100m:	1:07.10	35.30	200m:	2:19.90	36.58	300m:	3:33.61	37.11	400m:	4:45.12	34.35
2. ORTIZ AGUILAR, Noelia	02	C.N. Almansa	4:56.28	25,00	-	27,00	-				
50m:	34.15	34.15	150m:	1:49.46	37.95	250m:	3:03.30	36.98	350m:	4:18.72	37.90
100m:	1:11.51	37.36	200m:	2:26.32	36.86	300m:	3:40.82	37.52	400m:	4:56.28	37.56
3. GARCIA CUENCA, Eva	05	C.N. Almansa	4:58.10	23,00	-	27,00	-				
50m:	34.31	34.31	150m:	1:48.42	37.43	250m:	3:04.43	38.25	350m:	4:21.08	38.17
100m:	1:10.99	36.68	200m:	2:26.18	37.76	300m:	3:42.91	38.48	400m:	4:58.10	37.02
4. MUÑOZ SANCHEZ, Lucia	03	C.N. Valdepeñas	4:58.25	21,00	-	25,00	-				
50m:	33.73	33.73	150m:	1:46.99	37.36	250m:	3:03.14	38.34	350m:	4:20.35	38.74
100m:	1:09.63	35.90	200m:	2:24.80	37.81	300m:	3:41.61	38.47	400m:	4:58.25	37.90
5. VAQUERO MORALES, Diana	05	C.N. Alcazar	5:11.55	20,00	-	25,00	-				
50m:	35.54	35.54	150m:	1:53.23	39.75	250m:	3:13.87	40.22	350m:	4:34.34	40.43
100m:	1:13.48	37.94	200m:	2:33.65	40.42	300m:	3:53.91	40.04	400m:	5:11.55	37.21
6. OLIVARES CARRAMOLINO, E06na	06na	C.N. Gigantes	5:11.96	19,00	-	27,00	-				
50m:	35.59	35.59	150m:	1:53.24	39.30	250m:	3:12.82	40.01	350m:	4:32.30	39.63
100m:	1:13.94	38.35	200m:	2:32.81	39.57	300m:	3:52.67	39.85	400m:	5:11.96	39.66
7. MURCIA CARRAMOLINO, Na06a	06a	C.N. Alcazar	5:15.84	18,00	-	25,00	-				
50m:	35.32	35.32	150m:	1:53.72	39.87	250m:	3:14.99	40.83	350m:	4:36.98	40.75
100m:	1:13.85	38.53	200m:	2:34.16	40.44	300m:	3:56.23	41.24	400m:	5:15.84	38.86
8. SANCHEZ GOMEZ, Celia	01	C.N. Madridejos	5:18.78	17,00	-	25,00	-				
50m:	35.27	35.27	150m:	1:54.23	40.47	250m:	3:17.08	41.55	350m:	4:39.77	40.80
100m:	1:13.76	38.49	200m:	2:35.53	41.30	300m:	3:58.97	41.89	400m:	5:18.78	39.01
9. RODRIGUEZ SERRANO, Lucia	05	C.N. Quinaqua	5:24.87	16,00	-	23,00	-				
50m:	34.50	34.50	150m:	1:53.17	40.16	250m:	3:15.69	41.55	350m:	4:43.37	44.35
100m:	1:13.01	38.51	200m:	2:34.14	40.97	300m:	3:59.02	43.33	400m:	5:24.87	41.50
10. BARBA PEREZ, Maria	04	C.D. Aqua De Valdepeñas	5:25.29	15,00	-	21,00	-				
50m:	36.01	36.01	150m:	1:56.68	40.98	250m:	3:19.86	41.92	350m:	4:45.23	42.16
100m:	1:15.70	39.69	200m:	2:37.94	41.26	300m:	4:03.07	43.21	400m:	5:25.29	40.06
11. BALLESTEROS DIAZ, Alba	02	C.D. Aqua De Valdepeñas	5:26.38	14,00	-	23,00	-				
50m:	37.36	37.36	150m:	1:59.56	41.19	250m:	3:22.77	41.47	350m:	4:45.98	41.84
100m:	1:18.37	41.01	200m:	2:41.30	41.74	300m:	4:04.14	41.37	400m:	5:26.38	40.40
12. RAMOS ESCRIBANO, Carolina	03	C.N. Gigantes	5:33.77	13,00	-	21,00	-				
50m:	37.91	37.91	150m:	2:01.34	42.28	250m:	3:26.42	42.66	350m:	4:51.79	42.50
100m:	1:19.06	41.15	200m:	2:43.76	42.42	300m:	4:09.29	42.87	400m:	5:33.77	41.98

Prueba 29, Fem., 400m Libre, Open

Clasificación	AN		Tiempo	ABS	ABS	GE	GE
13. MORAL YUSTE, Emma	07	C.N. Madridejos	5:48.10	12,00	-	23,00	-
50m: 40.58 40.58	150m: 2:07.65 43.66	250m: 3:36.51 44.50	350m: 5:06.90 45.30				
100m: 1:23.99 43.41	200m: 2:52.01 44.36	300m: 4:21.60 45.09	400m: 5:48.10 41.20				
14. FUENTES PARRA, Maria	01	C.N. Buceo Ciudad De Hellin	6:22.86	11,00	-	23,00	-
50m: 40.57 40.57	150m: 2:15.69 48.60	250m: 3:54.38 49.25	350m: 5:35.61 49.75				
100m: 1:27.09 46.52	200m: 3:05.13 49.44	300m: 4:45.86 51.48	400m: 6:22.86 47.25				
15. LÓPEZ MORALES, Clara	04	C.N. Buceo Ciudad De Hellin	6:42.85	10,00	-	20,00	-
50m: 38.75 38.75	150m: 2:12.10 48.61	250m: 3:56.99 53.01	350m: 5:49.38 57.01				
100m: 1:23.49 44.74	200m: 3:03.98 51.88	300m: 4:52.37 55.38	400m: 6:42.85 53.47				
16. ZARZA BELDA, María Rosa	95	C.N. Quinaqua	6:45.93	9,00	-	21,00	-
50m: 42.97 42.97	150m: 2:19.26 49.60	250m: 4:04.36 53.16	350m: 5:52.90 53.99				
100m: 1:29.66 46.69	200m: 3:11.20 51.94	300m: 4:58.91 54.55	400m: 6:45.93 53.03				

Alevín Femenino

1. MANZANARES MARTIN, Ana	06	Club Natación Sonseca	5:03.36	-	27,00	-	27,00
50m: 35.92 35.92	150m: 1:53.02 38.09	250m: 3:09.16 38.04	350m: 4:25.80 38.56				
100m: 1:14.93 39.01	200m: 2:31.12 38.10	300m: 3:47.24 38.08	400m: 5:03.36 37.56				
2. GARCIA MURILLO, Marta	06	Cn Ugena	5:55.47	-	19,00	-	25,00
50m: 41.22 41.22	150m: 2:10.84 44.99	250m: 3:41.55 45.13	350m: 5:12.53 45.48				
100m: 1:25.85 44.63	200m: 2:56.42 45.58	300m: 4:27.05 45.50	400m: 5:55.47 42.94				
3. MORENO LOPEZ-BREA, Alba	06	C.N. Quintanar	5:59.50	-	18,00	-	23,00
50m: 41.03 41.03	150m: 2:11.67 45.93	250m: 3:42.78 45.30	350m: 5:15.15 46.08				
100m: 1:25.74 44.71	200m: 2:57.48 45.81	300m: 4:29.07 46.29	400m: 5:59.50 44.35				
4. VOZMEDIANO NAVARRO, Irene	07	C.N. Puertollano	6:16.59	-	17,00	-	21,00
50m: 39.34 39.34	150m: 2:11.58 47.81	250m: 3:49.86 49.67	350m: 5:31.14 50.70				
100m: 1:23.77 44.43	200m: 3:00.19 48.61	300m: 4:40.44 50.58	400m: 6:16.59 45.45				
5. JIMENEZ SANCHEZ MIGALLA, R.	06	C.N. Azuer	6:25.14	-	16,00	-	20,00
50m: 44.41 44.41	150m: 2:21.47 47.84	250m: 4:01.93 50.95	350m: 5:40.47 48.27				
100m: 1:33.63 49.22	200m: 3:10.98 49.51	300m: 4:52.20 50.27	400m: 6:25.14 44.67				

Infantil Femenino

1. GHEORGHITA, Livia	05	C.N. Villarrobledo	5:34.62	-	21,00	-	27,00
50m: 37.14 37.14	150m: 1:59.31 41.96	250m: 3:24.59 42.40	350m: 4:52.25 43.75				
100m: 1:17.35 40.21	200m: 2:42.19 42.88	300m: 4:08.50 43.91	400m: 5:34.62 42.37				
2. BEJARANO LOPEZ, Paula	04	Cn Ugena	5:48.06	-	20,00	-	25,00
50m: 38.43 38.43	150m: 2:05.69 44.41	250m: 3:35.72 45.05	350m: 5:06.70 46.14				
100m: 1:21.28 42.85	200m: 2:50.67 44.98	300m: 4:20.56 44.84	400m: 5:48.06 41.36				
3. LOZANO JIMENEZ, Marina	04	C.N. Azuer	6:29.11	-	15,00	-	23,00
50m: 42.84 42.84	150m: 2:19.45 50.23	250m: 4:01.50 50.95	350m: 5:46.00 52.62				
100m: 1:29.22 46.38	200m: 3:10.55 51.10	300m: 4:53.38 51.88	400m: 6:29.11 43.11				

Junior Femenino

1. BALLESTEROS ROSILLO, Raquel	02	C.N. Villarrobledo	5:10.69	-	25,00	-	27,00
50m: 34.53 34.53	150m: 1:51.04 38.88	250m: 3:10.62 40.12	350m: 4:31.25 40.44				
100m: 1:12.16 37.63	200m: 2:30.50 39.46	300m: 3:50.81 40.19	400m: 5:10.69 39.44				
2. MANZANARES MARTIN, Ana	03	Club Natación Sonseca	5:18.24	-	23,00	-	25,00
50m: 36.09 36.09	150m: 1:55.77 40.62	250m: 3:17.59 40.95	350m: 4:40.05 41.03				
100m: 1:15.15 39.06	200m: 2:36.64 40.87	300m: 3:59.02 41.43	400m: 5:18.24 38.19				
3. ROMERO CHECA, Ana Maria	03	C.N. Puertollano	6:33.29	-	14,00	-	23,00
50m: 45.51 45.51	150m: 2:23.21 49.20	250m: 4:02.41 50.32	350m: 5:43.47 49.98				
100m: 1:34.01 48.50	200m: 3:12.09 48.88	300m: 4:53.49 51.08	400m: 6:33.29 49.82				

Prueba 29, Fem., 400m Libre

Open

1. MANZANARES MARTIN, Ana	06	Club Natación Sonseca	5:03.36	-	27,00	-	27,00
50m:	35.92	35.92	150m:	1:53.02	38.09	250m:	3:09.16 38.04 350m: 4:25.80 38.56
100m:	1:14.93	39.01	200m:	2:31.12	38.10	300m:	3:47.24 38.08 400m: 5:03.36 37.56
2. BALLESTEROS ROSILLO, Raquel	02	C.N. Villarrobledo	5:10.69	-	25,00	-	27,00
50m:	34.53	34.53	150m:	1:51.04	38.88	250m:	3:10.62 40.12 350m: 4:31.25 40.44
100m:	1:12.16	37.63	200m:	2:30.50	39.46	300m:	3:50.81 40.19 400m: 5:10.69 39.44
3. MANZANARES MARTIN, Ana	03	Club Natación Sonseca	5:18.24	-	23,00	-	25,00
50m:	36.09	36.09	150m:	1:55.77	40.62	250m:	3:17.59 40.95 350m: 4:40.05 41.03
100m:	1:15.15	39.06	200m:	2:36.64	40.87	300m:	3:59.02 41.43 400m: 5:18.24 38.19
4. GHEORGHITA, Livia	05	C.N. Villarrobledo	5:34.62	-	21,00	-	27,00
50m:	37.14	37.14	150m:	1:59.31	41.96	250m:	3:24.59 42.40 350m: 4:52.25 43.75
100m:	1:17.35	40.21	200m:	2:42.19	42.88	300m:	4:08.50 43.91 400m: 5:34.62 42.37
5. BEJARANO LOPEZ, Paula	04	Cn Ugena	5:48.06	-	20,00	-	25,00
50m:	38.43	38.43	150m:	2:05.69	44.41	250m:	3:35.72 45.05 350m: 5:06.70 46.14
100m:	1:21.28	42.85	200m:	2:50.67	44.98	300m:	4:20.56 44.84 400m: 5:48.06 41.36
6. GARCIA MURILLO, Marta	06	Cn Ugena	5:55.47	-	19,00	-	25,00
50m:	41.22	41.22	150m:	2:10.84	44.99	250m:	3:41.55 45.13 350m: 5:12.53 45.48
100m:	1:25.85	44.63	200m:	2:56.42	45.58	300m:	4:27.05 45.50 400m: 5:55.47 42.94
7. MORENO LOPEZ-BREA, Alba	06	C.N. Quintanar	5:59.50	-	18,00	-	23,00
50m:	41.03	41.03	150m:	2:11.67	45.93	250m:	3:42.78 45.30 350m: 5:15.15 46.08
100m:	1:25.74	44.71	200m:	2:57.48	45.81	300m:	4:29.07 46.29 400m: 5:59.50 44.35
8. VOZMEDIANO NAVARRO, Irene	07	C.N. Puertollano	6:16.59	-	17,00	-	21,00
50m:	39.34	39.34	150m:	2:11.58	47.81	250m:	3:49.86 49.67 350m: 5:31.14 50.70
100m:	1:23.77	44.43	200m:	3:00.19	48.61	300m:	4:40.44 50.58 400m: 6:16.59 45.45
9. JIMENEZ SANCHEZ MIGALLON, R.	06	C.N. Azuer	6:25.14	-	16,00	-	20,00
50m:	44.41	44.41	150m:	2:21.47	47.84	250m:	4:01.93 50.95 350m: 5:40.47 48.27
100m:	1:33.63	49.22	200m:	3:10.98	49.51	300m:	4:52.20 50.27 400m: 6:25.14 44.67
10. LOZANO JIMENEZ, Marina	04	C.N. Azuer	6:29.11	-	15,00	-	23,00
50m:	42.84	42.84	150m:	2:19.45	50.23	250m:	4:01.50 50.95 350m: 5:46.00 52.62
100m:	1:29.22	46.38	200m:	3:10.55	51.10	300m:	4:53.38 51.88 400m: 6:29.11 43.11
11. ROMERO CHECA, Ana Maria	03	C.N. Puertollano	6:33.29	-	14,00	-	23,00
50m:	45.51	45.51	150m:	2:23.21	49.20	250m:	4:02.41 50.32 350m: 5:43.47 49.98
100m:	1:34.01	48.50	200m:	3:12.09	48.88	300m:	4:53.49 51.08 400m: 6:33.29 49.82