



Prueba 1
16/11/2024

Masc., 3000m Libre

15 - 90 años
Resultados

RLD	32:07.36	MARTIN ESTEBAN, Alberto	00604	Tomelloso	19/12/2021
MMLD Open	33:20.24	GONZÁLEZ RODERO, Alonso			
MMLD 16 - 17	32:07.36	MARTIN ESTEBAN, Alberto	00604	Tomelloso	19/12/2021

Clasificación

AN

Tiempo

Pts

JUNIOR 1 MASCULINO LD

1. LOPEZ RUIZ, David		08	C.N. Ciudad Real		35:10.62	19,00					
50m:	31.59	31.59	800m:	9:19.20	35.77	1550m:	18:10.92	35.55	2300m:	27:08.33	35.40
100m:	1:05.97	34.38	850m:	9:54.77	35.57	1600m:	18:46.56	35.64	2350m:	27:43.93	35.60
150m:	1:40.70	34.73	900m:	10:30.03	35.26	1650m:	19:22.46	35.90	2400m:	28:19.22	35.29
200m:	2:15.49	34.79	950m:	11:05.59	35.56	1700m:	19:58.08	35.62	2450m:	28:54.20	34.98
250m:	2:50.84	35.35	1000m:	11:40.97	35.38	1750m:	20:34.09	36.01	2500m:	29:29.21	35.01
300m:	3:25.77	34.93	1050m:	12:16.10	35.13	1800m:	21:09.92	35.83	2550m:	30:03.93	34.72
350m:	4:01.16	35.39	1100m:	12:51.67	35.57	1850m:	21:45.82	35.90	2600m:	30:38.63	34.70
400m:	4:36.47	35.31	1150m:	13:26.98	35.31	1900m:	22:21.89	36.07	2650m:	31:13.21	34.58
450m:	5:11.97	35.50	1200m:	14:02.51	35.53	1950m:	22:57.96	36.07	2700m:	31:47.60	34.39
500m:	5:47.08	35.11	1250m:	14:38.15	35.64	2000m:	23:33.93	35.97	2750m:	32:21.79	34.19
550m:	6:22.43	35.35	1300m:	15:13.40	35.25	2050m:	24:10.15	36.22	2800m:	32:56.28	34.49
600m:	6:57.80	35.37	1350m:	15:48.71	35.31	2100m:	24:46.03	35.88	2850m:	33:30.64	34.36
650m:	7:33.00	35.20	1400m:	16:24.34	35.63	2150m:	25:21.79	35.76	2900m:	34:05.12	34.48
700m:	8:08.31	35.31	1450m:	16:59.90	35.56	2200m:	25:57.43	35.64	2950m:	34:39.11	33.99
750m:	8:43.43	35.12	1500m:	17:35.37	35.47	2250m:	26:32.93	35.50	3000m:	35:10.62	31.51
2. GOMEZ LOPEZ, Rodrigo		08	C.N.S.Oriol Imperial		35:49.26	16,00					
50m:	31.38	31.38	800m:	9:18.97	35.45	1550m:	18:15.76	36.19	2300m:	27:19.99	36.13
100m:	1:05.33	33.95	850m:	9:54.57	35.60	1600m:	18:52.11	36.35	2350m:	27:56.12	36.13
150m:	1:40.37	35.04	900m:	10:30.13	35.56	1650m:	19:28.49	36.38	2400m:	28:32.76	36.64
200m:	2:15.24	34.87	950m:	11:05.84	35.71	1700m:	20:04.83	36.34	2450m:	29:09.27	36.51
250m:	2:50.70	35.46	1000m:	11:41.17	35.33	1750m:	20:41.34	36.51	2500m:	29:46.34	37.07
300m:	3:25.95	35.25	1050m:	12:16.75	35.58	1800m:	21:17.76	36.42	2550m:	30:22.71	36.37
350m:	4:01.32	35.37	1100m:	12:52.28	35.53	1850m:	21:53.93	36.17	2600m:	30:58.85	36.14
400m:	4:36.73	35.41	1150m:	13:27.95	35.67	1900m:	22:29.74	35.81	2650m:	31:34.98	36.13
450m:	5:12.02	35.29	1200m:	14:03.82	35.87	1950m:	23:05.54	35.80	2700m:	32:11.24	36.26
500m:	5:47.23	35.21	1250m:	14:39.81	35.99	2000m:	23:41.70	36.16	2750m:	32:48.14	36.90
550m:	6:22.40	35.17	1300m:	15:15.60	35.79	2050m:	24:18.11	36.41	2800m:	33:24.17	36.03
600m:	6:57.64	35.24	1350m:	15:51.37	35.77	2100m:	24:54.37	36.26	2850m:	34:00.61	36.44
650m:	7:32.83	35.19	1400m:	16:27.44	36.07	2150m:	25:30.89	36.52	2900m:	34:37.08	36.47
700m:	8:08.17	35.34	1450m:	17:03.39	35.95	2200m:	26:07.41	36.52	2950m:	35:13.28	36.20
750m:	8:43.52	35.35	1500m:	17:39.57	36.18	2250m:	26:43.86	36.45	3000m:	35:49.26	35.98
3. GONZALEZ GOMEZ DE AGÜERO, Sergio		08	C.N.S.Oriol Imperial		36:12.89	14,00					
50m:	32.30	32.30	800m:	9:34.13	36.01	1550m:	18:42.99	36.64	2300m:	27:48.01	36.29
100m:	1:06.90	34.60	850m:	10:10.17	36.04	1600m:	19:19.64	36.65	2350m:	28:24.45	36.44
150m:	1:42.18	35.28	900m:	10:47.37	37.20	1650m:	19:56.21	36.57	2400m:	29:01.25	36.80
200m:	2:17.58	35.40	950m:	11:23.90	36.53	1700m:	20:33.23	37.02	2450m:	29:37.51	36.26
250m:	2:54.15	36.57	1000m:	12:00.47	36.57	1750m:	21:09.93	36.70	2500m:	30:13.54	36.03
300m:	3:30.31	36.16	1050m:	12:36.80	36.33	1800m:	21:46.14	36.21	2550m:	30:49.84	36.30
350m:	4:07.01	36.70	1100m:	13:12.94	36.14	1850m:	22:22.40	36.26	2600m:	31:26.19	36.35
400m:	4:22.38	15.37	1150m:	13:49.92	36.98	1900m:	22:58.50	36.10	2650m:	32:02.53	36.34
450m:	5:19.85	57.47	1200m:	14:26.73	36.81	1950m:	23:34.86	36.36	2700m:	32:38.70	36.17
500m:	5:56.17	36.32	1250m:	15:03.16	36.43	2000m:	24:10.93	36.07	2750m:	33:15.37	36.67
550m:	6:32.96	36.79	1300m:	15:39.76	36.60	2050m:	24:47.40	36.47	2800m:	33:51.50	36.13
600m:	7:08.95	35.99	1350m:	16:16.53	36.77	2100m:	25:23.32	35.92	2850m:	34:27.35	35.85
650m:	7:45.31	36.36	1400m:	16:52.96	36.43	2150m:	26:00.10	36.78	2900m:	35:03.10	35.75
700m:	8:21.40	36.09	1450m:	17:29.76	36.80	2200m:	26:35.80	35.70	2950m:	35:38.80	35.70
750m:	8:58.12	36.72	1500m:	18:06.35	36.59	2250m:	27:11.72	35.92	3000m:	36:12.89	34.09

Comprometidos con la natación para toda la vida



Prueba 1, Masc., 3000m Libre, JUNIOR 1 MASCULINO LD

Clasificación			AN					Tiempo	Pts		
4. LOPEZ SOTOCA, Daniel			08			E.C. Ciudad De Talavera		36:28.38	13,00		
50m:	31.84	31.84	800m:	9:32.12	36.56	1550m:	18:46.04	37.31	2300m:	28:00.24	35.87
100m:	1:05.96	34.12	850m:	10:08.87	36.75	1600m:	19:23.45	37.41	2350m:	28:36.31	36.07
150m:	1:41.09	35.13	900m:	10:45.58	36.71	1650m:	20:01.17	37.72	2400m:	29:12.42	36.11
200m:	2:16.50	35.41	950m:	11:22.04	36.46	1700m:	20:38.29	37.12	2450m:	29:48.62	36.20
250m:	2:52.62	36.12	1000m:	11:58.49	36.45	1750m:	21:15.69	37.40	2500m:	30:24.29	35.67
300m:	3:28.51	35.89	1050m:	12:35.46	36.97	1800m:	21:52.87	37.18	2550m:	31:00.59	36.30
350m:	4:04.77	36.26	1100m:	13:12.17	36.71	1850m:	22:30.39	37.52	2600m:	31:37.10	36.51
400m:	4:40.73	35.96	1150m:	13:48.89	36.72	1900m:	23:07.41	37.02	2650m:	32:13.43	36.33
450m:	5:16.81	36.08	1200m:	14:26.11	37.22	1950m:	23:44.26	36.85	2700m:	32:49.95	36.52
500m:	5:53.04	36.23	1250m:	15:03.09	36.98	2000m:	24:21.22	36.96	2750m:	33:26.28	36.33
550m:	6:29.41	36.37	1300m:	15:39.96	36.87	2050m:	24:58.18	36.96	2800m:	34:02.85	36.57
600m:	7:05.51	36.10	1350m:	16:17.27	37.31	2100m:	25:34.45	36.27	2850m:	34:39.41	36.56
650m:	7:42.13	36.62	1400m:	16:54.62	37.35	2150m:	26:10.73	36.28	2900m:	35:16.01	36.60
700m:	8:18.70	36.57	1450m:	17:31.84	37.22	2200m:	26:47.36	36.63	2950m:	35:52.58	36.57
750m:	8:55.56	36.86	1500m:	18:08.73	36.89	2250m:	27:24.37	37.01	3000m:	36:28.38	35.80
5. ANDRADE FRAILE, David			08			E.C. Ciudad De Talavera		36:35.21	12,00		
50m:	30.71	30.71	800m:	9:32.19	36.58	1550m:	18:42.17	37.49	2300m:	27:57.20	36.58
100m:	1:04.99	34.28	850m:	10:08.98	36.79	1600m:	19:19.00	36.83	2350m:	28:34.39	37.19
150m:	1:40.75	35.76	900m:	10:45.46	36.48	1650m:	19:56.55	37.55	2400m:	29:11.84	37.45
200m:	2:16.49	35.74	950m:	11:21.94	36.48	1700m:	20:33.72	37.17	2450m:	29:49.52	37.68
250m:	2:52.64	36.15	1000m:	11:58.02	36.08	1750m:	21:11.17	37.45	2500m:	30:26.42	36.90
300m:	3:28.78	36.14	1050m:	12:34.32	36.30	1800m:	21:47.88	36.71	2550m:	31:04.01	37.59
350m:	4:05.02	36.24	1100m:	13:10.85	36.53	1850m:	22:25.18	37.30	2600m:	31:41.26	37.25
400m:	4:41.10	36.08	1150m:	13:47.31	36.46	1900m:	23:02.24	37.06	2650m:	32:18.72	37.46
450m:	5:17.20	36.10	1200m:	14:23.93	36.62	1950m:	23:39.72	37.48	2700m:	32:56.02	37.30
500m:	5:53.66	36.46	1250m:	15:00.63	36.70	2000m:	24:16.36	36.64	2750m:	33:33.87	37.85
550m:	6:30.07	36.41	1300m:	15:36.97	36.34	2050m:	24:53.23	36.87	2800m:	34:11.73	37.86
600m:	7:06.15	36.08	1350m:	16:13.48	36.51	2100m:	25:30.74	37.51	2850m:	34:48.20	36.47
650m:	7:42.73	36.58	1400m:	16:50.36	36.88	2150m:	26:06.92	36.18	2900m:	35:24.38	36.18
700m:	8:19.24	36.51	1450m:	17:27.85	37.49	2200m:	26:43.95	37.03	2950m:	36:00.65	36.27
750m:	8:55.61	36.37	1500m:	18:04.68	36.83	2250m:	27:20.62	36.67	3000m:	36:35.21	34.56
6. VELA ORTEGA, Agustin			09			C.N. Criptana Gigantes		37:18.00	11,00		
50m:	31.79	31.79	800m:	9:48.79	37.93	1550m:	19:13.71	37.40	2300m:	28:39.75	37.87
100m:	1:07.25	35.46	850m:	10:26.46	37.67	1600m:	19:51.77	38.06	2350m:	29:17.53	37.78
150m:	1:43.63	36.38	900m:	11:04.31	37.85	1650m:	20:29.68	37.91	2400m:	29:55.46	37.93
200m:	2:19.13	35.50	950m:	11:41.65	37.34	1700m:	21:07.27	37.59	2450m:	30:33.38	37.92
250m:	2:55.84	36.71	1000m:	12:19.07	37.42	1750m:	21:44.95	37.68	2500m:	31:10.41	37.03
300m:	3:33.28	37.44	1050m:	12:56.67	37.60	1800m:	22:22.87	37.92	2550m:	31:48.39	37.98
350m:	4:10.62	37.34	1100m:	13:34.09	37.42	1850m:	23:00.67	37.80	2600m:	32:25.43	37.04
400m:	4:48.29	37.67	1150m:	14:11.49	37.40	1900m:	23:38.34	37.67	2650m:	33:02.27	36.84
450m:	5:26.13	37.84	1200m:	14:49.22	37.73	1950m:	24:16.70	38.36	2700m:	33:40.06	37.79
500m:	6:03.22	37.09	1250m:	15:27.15	37.93	2000m:	24:53.81	37.11	2750m:	34:18.21	38.15
550m:	6:41.21	37.99	1300m:	16:04.94	37.79	2050m:	25:31.46	37.65	2800m:	34:55.95	37.74
600m:	7:18.87	37.66	1350m:	16:42.62	37.68	2100m:	26:09.58	38.12	2850m:	35:31.91	35.96
650m:	7:55.96	37.09	1400m:	17:20.47	37.85	2150m:	26:47.63	38.05	2900m:	36:09.07	37.16
700m:	8:33.27	37.31	1450m:	17:58.40	37.93	2200m:	27:25.15	37.52	2950m:	36:45.10	36.03
750m:	9:10.86	37.59	1500m:	18:36.31	37.91	2250m:	28:01.88	36.73	3000m:	37:18.00	32.90
7. CARRAMOLINO SIMON, Marcos			09			C.N. Criptana Gigantes		42:03.52	10,00		
50m:	38.24	38.24	750m:	10:30.57	42.64	1450m:	20:28.83	42.81	2150m:	30:26.70	43.10
100m:	1:19.30	41.06	800m:	11:13.92	43.35	1500m:	21:11.54	42.71	2200m:	31:01.78	35.08
150m:	2:01.21	41.91	850m:	11:56.49	42.57	1550m:	21:54.10	42.56	2250m:	31:50.47	48.69
200m:	2:42.72	41.51	900m:	12:38.68	42.19	1600m:	22:37.07	42.97	2300m:	32:32.21	41.74
250m:	3:24.42	41.70	950m:	13:21.76	43.08	1650m:	23:19.65	42.58	2350m:	33:14.50	42.29
300m:	4:06.80	42.38	1000m:	14:04.26	42.50	1700m:	24:02.57	42.92	2400m:	33:55.04	40.54
350m:	4:49.27	42.47	1050m:	14:46.42	42.16	1750m:	24:44.16	41.59	2450m:	34:36.98	41.94
400m:	5:32.12	42.85	1100m:	15:29.49	43.07	1800m:	25:26.49	42.33	2500m:	35:18.53	41.55
450m:	6:14.52	42.40	1150m:	16:12.43	42.94	1850m:	26:09.53	43.04	2550m:	36:00.52	41.99
500m:	6:57.49	42.97	1200m:	16:54.95	42.52	1900m:	26:52.78	43.25	2600m:	36:42.32	41.80
550m:	7:40.20	42.71	1250m:	17:37.60	42.65	1950m:	27:35.25	42.47	2650m:	37:27.42	45.10
600m:	8:22.52	42.32	1300m:	18:20.09	42.49	2000m:	28:17.57	42.32	2700m:	38:03.74	36.32
650m:	9:04.75	42.23	1350m:	19:03.12	43.03	2050m:	29:00.53	42.96	2750m:	38:44.45	40.71
700m:	9:47.93	43.18	1400m:	19:46.02	42.90	2100m:	29:43.60	43.07	2800m:	39:25.22	40.77

Comprometidos con la natación para toda la vida

Prueba 1, Masc., 3000m Libre, JUNIOR 1 MASCULINO LD

Clasificación	AN				Tiempo				Pts	
	2850m: 40:04.89	39.67	2900m: 40:45.22	40.33	2950m: 41:24.93	39.71	3000m: 42:03.52	38.59		
8.	DELGADO FERNANDEZ-ESPARTERO, A.09				C.N. Ciudad Real				42:44.86	9,00
	50m: 36.44	36.44	800m: 11:19.43	43.97	1550m: 22:07.61	42.68	2300m: 32:55.66	43.37		
	100m: 1:17.80	41.36	850m: 12:01.18	41.75	1600m: 22:51.26	43.65	2350m: 33:38.90	43.24		
	150m: 1:58.82	41.02	900m: 12:43.84	42.66	1650m: 23:34.74	43.48	2400m: 34:22.68	43.78		
	200m: 2:41.64	42.82	950m: 13:27.31	43.47	1700m: 24:17.26	42.52	2450m: 35:06.63	43.95		
	250m: 3:23.50	41.86	1000m: 14:10.03	42.72	1750m: 25:00.57	43.31	2500m: 35:50.28	43.65		
	300m: 4:05.72	42.22	1050m: 14:54.32	44.29	1800m: 25:43.93	43.36	2550m: 36:31.81	41.53		
	350m: 4:48.09	42.37	1100m: 15:37.63	43.31	1850m: 26:26.74	42.81	2600m: 37:13.30	41.49		
	400m: 5:31.96	43.87	1150m: 16:21.58	43.95	1900m: 27:09.99	43.25	2650m: 37:55.41	42.11		
	450m: 6:15.25	43.29	1200m: 17:05.29	43.71	1950m: 27:52.94	42.95	2700m: 38:37.61	42.20		
	500m: 7:00.30	45.05	1250m: 17:48.71	43.42	2000m: 28:35.69	42.75	2750m: 39:19.37	41.76		
	550m: 7:42.00	41.70	1300m: 18:32.95	44.24	2050m: 29:18.68	42.99	2800m: 40:01.27	41.90		
	600m: 8:24.62	42.62	1350m: 19:15.68	42.73	2100m: 30:01.74	43.06	2850m: 40:43.34	42.07		
	650m: 9:10.04	45.42	1400m: 19:58.87	43.19	2150m: 30:45.27	43.53	2900m: 41:25.10	41.76		
	700m: 9:51.59	41.55	1450m: 20:42.05	43.18	2200m: 31:29.22	43.95	2950m: 42:07.17	42.07		
	750m: 10:35.46	43.87	1500m: 21:24.93	42.88	2250m: 32:12.29	43.07	3000m: 42:44.86	37.69		
9.	LABRADO RODRÍGUEZ, Iván				C.N. Torrijos				47:51.76	8,00
	50m: 34.68	34.68	800m: 11:53.33	47.81	1550m: 24:06.90	49.21	2300m: 36:35.34	50.94		
	100m: 1:13.56	38.88	850m: 12:41.29	47.96	1600m: 24:56.24	49.34	2350m: 37:24.82	49.48		
	150m: 1:55.09	41.53	900m: 13:29.00	47.71	1650m: 25:46.82	50.58	2400m: 38:14.35	49.53		
	200m: 2:38.09	43.00	950m: 14:17.84	48.84	1700m: 26:36.43	49.61	2450m: 39:05.22	50.87		
	250m: 3:21.67	43.58	1000m: 15:06.34	48.50	1750m: 27:25.84	49.41	2500m: 39:54.84	49.62		
	300m: 4:06.46	44.79	1050m: 15:55.59	49.25	1800m: 28:17.84	52.00	2550m: 40:44.99	50.15		
	350m: 4:51.62	45.16	1100m: 16:45.76	50.17	1850m: 29:07.18	49.34	2600m: 41:34.10	49.11		
	400m: 5:37.15	45.53	1150m: 17:35.09	49.33	1900m: 29:57.49	50.31	2650m: 42:22.74	48.64		
	450m: 6:22.81	45.66	1200m: 18:23.99	48.90	1950m: 30:48.69	51.20	2700m: 43:11.15	48.41		
	500m: 7:09.36	46.55	1250m: 19:12.21	48.22	2000m: 31:39.00	50.31	2750m: 44:00.76	49.61		
	550m: 7:55.29	45.93	1300m: 20:00.56	48.35	2050m: 32:26.68	47.68	2800m: 44:48.90	48.14		
	600m: 8:42.34	47.05	1350m: 20:49.65	49.09	2100m: 33:17.05	50.37	2850m: 45:37.62	48.72		
	650m: 9:29.15	46.81	1400m: 21:39.57	49.92	2150m: 34:06.67	49.62	2900m: 46:25.95	48.33		
	700m: 10:16.68	47.53	1450m: 22:28.96	49.39	2200m: 34:55.63	48.96	2950m: 47:10.34	44.39		
	750m: 11:05.52	48.84	1500m: 23:17.69	48.73	2250m: 35:44.40	48.77	3000m: 47:51.76	41.42		

JUNIOR 2 MASCULINO LD

1.	GUTIERREZ VELDUQUE, Enrique				Club Natacion Daimiel				35:27.44	19,00
	50m: 28.46	28.46	800m: 9:07.20	34.70	1550m: 17:58.89	35.57	2300m: 27:00.57	35.57		
	100m: 1:01.11	32.65	850m: 9:42.13	34.93	1600m: 18:34.95	36.06	2350m: 27:36.96	36.39		
	150m: 1:34.61	33.50	900m: 10:16.28	34.15	1650m: 19:10.47	35.52	2400m: 28:13.65	36.69		
	200m: 2:09.19	34.58	950m: 10:51.91	35.63	1700m: 19:46.49	36.02	2450m: 28:49.84	36.19		
	250m: 2:43.70	34.51	1000m: 11:27.27	35.36	1750m: 20:22.81	36.32	2500m: 29:25.67	35.83		
	300m: 3:18.31	34.61	1050m: 12:02.56	35.29	1800m: 20:58.66	35.85	2550m: 30:00.29	34.62		
	350m: 3:53.38	35.07	1100m: 12:38.43	35.87	1850m: 21:35.01	36.35	2600m: 30:36.13	35.84		
	400m: 4:28.37	34.99	1150m: 13:14.10	35.67	1900m: 22:11.22	36.21	2650m: 31:11.45	35.32		
	450m: 5:03.16	34.79	1200m: 13:49.03	34.93	1950m: 22:47.28	36.06	2700m: 31:46.72	35.27		
	500m: 5:38.04	34.88	1250m: 14:24.54	35.51	2000m: 23:23.08	35.80	2750m: 32:21.56	34.84		
	550m: 6:12.73	34.69	1300m: 15:00.01	35.47	2050m: 23:59.14	36.06	2800m: 32:58.73	37.17		
	600m: 6:48.00	35.27	1350m: 15:35.64	35.63	2100m: 24:35.64	36.50	2850m: 33:35.75	37.02		
	650m: 7:22.92	34.92	1400m: 16:11.79	36.15	2150m: 25:11.59	35.95	2900m: 34:13.92	38.17		
	700m: 7:57.72	34.80	1450m: 16:47.69	35.90	2200m: 25:48.47	36.88	2950m: 34:50.48	36.56		
	750m: 8:32.50	34.78	1500m: 17:23.32	35.63	2250m: 26:25.00	36.53	3000m: 35:27.44	36.96		

Prueba 1, Masc., 3000m Libre, JUNIOR 2 MASCULINO LD

Clasificación	AN		Tiempo		Pts			
2.	ALGARRA DEL CASTILLO, Jesus		07	C.N. Cuenca	37:34.67 16,00			
	50m: 32.12	32.12	800m: 9:53.63	38.40	1550m: 19:30.38	38.37	2300m: 29:03.16	37.88
	100m: 1:06.55	34.43	850m: 10:31.74	38.11	1600m: 20:09.10	38.72	2350m: 29:40.77	37.61
	150m: 1:42.90	36.35	900m: 11:10.51	38.77	1650m: 20:47.65	38.55	2400m: 30:18.48	37.71
	200m: 2:13.99	31.09	950m: 11:48.75	38.24	1700m: 21:26.39	38.74	2450m: 30:55.84	37.36
	250m: 2:55.77	41.78	1000m: 12:27.11	38.36	1750m: 22:04.55	38.16	2500m: 31:33.15	37.31
	300m: 3:33.13	37.36	1050m: 13:05.66	38.55	1800m: 22:42.97	38.42	2550m: 32:11.00	37.85
	350m: 4:10.59	37.46	1100m: 13:43.76	38.10	1850m: 23:21.40	38.43	2600m: 32:49.12	38.12
	400m: 4:48.23	37.64	1150m: 14:21.68	37.92	1900m: 23:59.60	38.20	2650m: 33:27.23	38.11
	450m: 5:26.17	37.94	1200m: 15:00.34	38.66	1950m: 24:37.77	38.17	2700m: 34:03.97	36.74
	500m: 6:04.52	38.35	1250m: 15:39.02	38.68	2000m: 25:16.44	38.67	2750m: 34:39.11	35.14
	550m: 6:42.20	37.68	1300m: 16:17.73	38.71	2050m: 25:53.45	37.01	2800m: 35:15.11	36.00
	600m: 7:20.68	38.48	1350m: 16:55.77	38.04	2100m: 26:31.29	37.84	2850m: 35:50.33	35.22
	650m: 7:58.70	38.02	1400m: 17:34.49	38.72	2150m: 27:04.58	33.29	2900m: 36:25.73	35.40
	700m: 8:36.87	38.17	1450m: 18:12.92	38.43	2200m: 27:47.13	42.55	2950m: 37:01.57	35.84
	750m: 9:15.23	38.36	1500m: 18:52.01	39.09	2250m: 28:25.28	38.15	3000m: 37:34.67	33.10
DNF	ALCARAZ ESPINOSA, Sandro		06	C.N. Criptana Gigantes	-			

19 - 90 años

1.	CUESTA ESTEBAN, Jaime		02	C.N.S.Oriol Imperial	34:04.93 19,00			
	50m: 30.83	30.83	800m: 9:05.27	34.06	1550m: 17:34.96	34.17	2300m: 26:08.27	34.44
	100m: 1:04.82	33.99	850m: 9:39.45	34.18	1600m: 18:09.29	34.33	2350m: 26:42.92	34.65
	150m: 1:39.49	34.67	900m: 10:13.11	33.66	1650m: 18:43.35	34.06	2400m: 27:17.26	34.34
	200m: 2:14.35	34.86	950m: 10:46.67	33.56	1700m: 19:17.34	33.99	2450m: 27:51.79	34.53
	250m: 2:49.05	34.70	1000m: 11:20.52	33.85	1750m: 19:51.27	33.93	2500m: 28:26.02	34.23
	300m: 3:23.54	34.49	1050m: 11:54.25	33.73	1800m: 20:25.32	34.05	2550m: 29:00.94	34.92
	350m: 3:57.98	34.44	1100m: 12:28.34	34.09	1850m: 20:59.65	34.33	2600m: 29:35.05	34.11
	400m: 4:32.73	34.75	1150m: 13:02.46	34.12	1900m: 21:33.85	34.20	2650m: 30:09.27	34.22
	450m: 5:06.84	34.11	1200m: 13:36.24	33.78	1950m: 22:08.09	34.24	2700m: 30:43.21	33.94
	500m: 5:40.89	34.05	1250m: 14:10.46	34.22	2000m: 22:42.21	34.12	2750m: 31:17.21	34.00
	550m: 6:15.34	34.45	1300m: 14:44.58	34.12	2050m: 23:16.48	34.27	2800m: 31:51.05	33.84
	600m: 6:49.54	34.20	1350m: 15:18.78	34.20	2100m: 23:50.70	34.22	2850m: 32:24.82	33.77
	650m: 7:23.48	33.94	1400m: 15:52.90	34.12	2150m: 24:25.03	34.33	2900m: 32:58.50	33.68
	700m: 7:57.22	33.74	1450m: 16:26.90	34.00	2200m: 24:59.30	34.27	2950m: 33:32.17	33.67
	750m: 8:31.21	33.99	1500m: 17:00.79	33.89	2250m: 25:33.83	34.53	3000m: 34:04.93	32.76

Prueba 2
16/11/2024

Fem., 3000m Libre

15 - 90 años
Resultados

RLD	34:07.77	CARMONA VILLAPLANA, Marta
MMLD Open	38:28.50	RODRIGUEZ FERNÁNDEZ, Yanira
MMLD 16 - 17	34:07.77	CARMONA VILLAPLANA, MARTA

Clasificación	AN		Tiempo		Pts			
JUNIOR 1 FEMENINO LD								
1.	ORTEGA GUZMAN, Mayi		09	C.N.S.Oriol Imperial	37:22.93 19,00			
	50m: 33.68	33.68	700m: 8:35.96	37.36	1350m: 16:41.91	37.55	2000m: 24:50.86	37.65
	100m: 1:09.42	35.74	750m: 9:13.02	37.06	1400m: 17:19.49	37.58	2050m: 25:28.95	38.09
	150m: 1:46.47	37.05	800m: 9:50.51	37.49	1450m: 17:57.62	38.13	2100m: 26:06.48	37.53
	200m: 2:23.02	36.55	850m: 10:27.96	37.45	1500m: 18:34.78	37.16	2150m: 26:44.36	37.88
	250m: 3:00.33	37.31	900m: 11:04.87	36.91	1550m: 19:12.82	38.04	2200m: 27:21.98	37.62
	300m: 3:37.14	36.81	950m: 11:42.06	37.19	1600m: 19:50.01	37.19	2250m: 27:59.77	37.79
	350m: 4:14.53	37.39	1000m: 12:19.34	37.28	1650m: 20:27.69	37.68	2300m: 28:36.93	37.16
	400m: 4:51.78	37.25	1050m: 12:56.84	37.50	1700m: 21:04.95	37.26	2350m: 29:17.70	40.77
	450m: 5:29.08	37.30	1100m: 13:33.77	36.93	1750m: 21:42.74	37.79	2400m: 29:52.17	34.47
	500m: 6:06.55	37.47	1150m: 14:11.56	37.79	1800m: 22:19.94	37.20	2450m: 30:30.21	38.04
	550m: 6:44.13	37.58	1200m: 14:48.92	37.36	1850m: 22:57.79	37.85	2500m: 31:07.70	37.49
	600m: 7:21.33	37.20	1250m: 15:26.86	37.94	1900m: 23:35.30	37.51	2550m: 31:45.65	37.95
	650m: 7:58.60	37.27	1300m: 16:04.36	37.50	1950m: 24:13.21	37.91	2600m: 32:23.54	37.89

Comprometidos con la natación para toda la vida

Prueba 2, Fem., 3000m Libre, JUNIOR 1 FEMENINO LD

Clasificación	AN		Tiempo		Pts			
	2650m: 33:01.51	37.97	2750m: 34:16.50	37.47	2850m: 35:31.90	38.00	2950m: 36:47.50	38.21
	2700m: 33:39.03	37.52	2800m: 34:53.90	37.40	2900m: 36:09.29	37.39	3000m: 37:22.93	35.43
2.	CICUÉNDEZ PLAZA, Andrea		08	C.N. Criptana Gigantes		39:58.96		16,00
	50m: 34.98	34.98	800m: 10:15.74	38.99	1550m: 20:15.14	40.48	2300m: 30:28.49	41.13
	100m: 1:12.00	37.02	850m: 10:55.56	39.82	1600m: 20:55.89	40.75	2350m: 31:09.92	41.43
	150m: 1:50.32	38.32	900m: 11:35.02	39.46	1650m: 21:36.70	40.81	2400m: 31:50.18	40.26
	200m: 2:28.77	38.45	950m: 12:15.34	40.32	1700m: 22:17.91	41.21	2450m: 32:31.61	41.43
	250m: 3:07.23	38.46	1000m: 12:54.97	39.63	1750m: 22:58.12	40.21	2500m: 33:12.38	40.77
	300m: 3:45.33	38.10	1050m: 13:34.93	39.96	1800m: 23:38.41	40.29	2550m: 33:53.81	41.43
	350m: 4:24.34	39.01	1100m: 14:14.26	39.33	1850m: 24:19.37	40.96	2600m: 34:34.67	40.86
	400m: 5:02.69	38.35	1150m: 14:54.31	40.05	1900m: 24:59.96	40.59	2650m: 35:16.13	41.46
	450m: 5:41.72	39.03	1200m: 15:33.76	39.45	1950m: 25:40.87	40.91	2700m: 35:56.67	40.54
	500m: 6:20.44	38.72	1250m: 16:13.84	40.08	2000m: 26:21.69	40.82	2750m: 36:37.55	40.88
	550m: 6:59.79	39.35	1300m: 16:53.64	39.80	2050m: 27:02.73	41.04	2800m: 37:18.27	40.72
	600m: 7:38.17	38.38	1350m: 17:34.06	40.42	2100m: 27:43.64	40.91	2850m: 37:59.76	41.49
	650m: 8:17.52	39.35	1400m: 18:13.77	39.71	2150m: 28:25.25	41.61	2900m: 38:40.06	40.30
	700m: 8:56.84	39.32	1450m: 18:54.40	40.63	2200m: 29:05.77	40.52	2950m: 39:20.65	40.59
	750m: 9:36.75	39.91	1500m: 19:34.66	40.26	2250m: 29:47.36	41.59	3000m: 39:58.96	38.31
3.	AMORES ALCOLADO, Sonia		09	C.N. Criptana Gigantes		40:36.43		14,00
	50m: 34.59	34.59	800m: 10:22.02	39.34	1550m: 20:28.08	40.77	2300m: 30:50.17	41.24
	100m: 1:11.38	36.79	850m: 11:02.20	40.18	1600m: 21:08.86	40.78	2350m: 31:32.20	42.03
	150m: 1:49.68	38.30	900m: 11:42.27	40.07	1650m: 21:50.28	41.42	2400m: 32:14.10	41.90
	200m: 2:28.15	38.47	950m: 12:22.05	39.78	1700m: 22:31.42	41.14	2450m: 32:55.75	41.65
	250m: 3:07.41	39.26	1000m: 13:01.87	39.82	1750m: 23:12.40	40.98	2500m: 33:36.70	40.95
	300m: 3:46.53	39.12	1050m: 13:42.21	40.34	1800m: 23:53.93	41.53	2550m: 34:17.98	41.28
	350m: 4:26.36	39.83	1100m: 14:22.50	40.29	1850m: 24:35.34	41.41	2600m: 34:59.01	41.03
	400m: 5:05.49	39.13	1150m: 15:02.94	40.44	1900m: 25:16.83	41.49	2650m: 35:40.87	41.86
	450m: 5:45.13	39.64	1200m: 15:43.08	40.14	1950m: 25:58.63	41.80	2700m: 36:22.37	41.50
	500m: 6:24.37	39.24	1250m: 16:23.68	40.60	2000m: 26:40.12	41.49	2750m: 37:04.91	42.54
	550m: 7:04.03	39.66	1300m: 17:04.19	40.51	2050m: 27:21.83	41.71	2800m: 37:47.35	42.44
	600m: 7:43.18	39.15	1350m: 17:44.78	40.59	2100m: 28:03.30	41.47	2850m: 38:30.09	42.74
	650m: 8:23.29	40.11	1400m: 18:25.12	40.34	2150m: 28:45.41	42.11	2900m: 39:12.52	42.43
	700m: 9:03.02	39.73	1450m: 19:06.33	41.21	2200m: 29:27.33	41.92	2950m: 39:54.69	42.17
	750m: 9:42.68	39.66	1500m: 19:47.31	40.98	2250m: 30:08.93	41.60	3000m: 40:36.43	41.74
4.	JIMÉNEZ SÁNCHEZ, Águeda		08	E.C. Ciudad De Talavera		42:10.47		13,00
	50m: 36.57	36.57	800m: 10:52.03	41.55	1550m: 21:27.32	42.16	2300m: 32:12.19	43.32
	100m: 1:16.06	39.49	850m: 11:33.83	41.80	1600m: 22:02.79	35.47	2350m: 32:55.05	42.86
	150m: 1:56.31	40.25	900m: 12:15.50	41.67	1650m: 22:52.41	49.62	2400m: 33:38.51	43.46
	200m: 2:36.55	40.24	950m: 12:58.61	43.11	1700m: 23:34.55	42.14	2450m: 34:21.93	43.42
	250m: 3:17.32	40.77	1000m: 13:40.76	42.15	1750m: 24:16.98	42.43	2500m: 35:05.14	43.21
	300m: 3:58.12	40.80	1050m: 14:22.67	41.91	1800m: 25:00.09	43.11	2550m: 35:47.40	42.26
	350m: 4:39.19	41.07	1100m: 15:04.61	41.94	1850m: 25:42.83	42.74	2600m: 36:31.16	43.76
	400m: 5:20.50	41.31	1150m: 15:46.73	42.12	1900m: 26:26.38	43.55	2650m: 37:13.87	42.71
	450m: 6:01.71	41.21	1200m: 16:29.55	42.82	1950m: 27:09.59	43.21	2700m: 37:56.01	42.14
	500m: 6:43.15	41.44	1250m: 17:12.03	42.48	2000m: 27:52.15	42.56	2750m: 38:39.07	43.06
	550m: 7:24.69	41.54	1300m: 17:54.12	42.09	2050m: 28:35.21	43.06	2800m: 39:22.18	43.11
	600m: 8:05.93	41.24	1350m: 18:36.71	42.59	2100m: 29:18.66	43.45	2850m: 40:05.23	43.05
	650m: 8:46.86	40.93	1400m: 19:19.83	43.12	2150m: 30:01.89	43.23	2900m: 40:48.09	42.86
	700m: 9:28.83	41.97	1450m: 20:03.10	43.27	2200m: 30:45.28	43.39	2950m: 41:30.34	42.25
	750m: 10:10.48	41.65	1500m: 20:45.16	42.06	2250m: 31:28.87	43.59	3000m: 42:10.47	40.13
5.	GÓMEZ DE LA GUÍA, Amaya		09	C.N. Criptana Gigantes		46:16.92		-
	50m: 30.18	30.18	600m: 8:58.87	46.64	1150m: 17:35.61	47.39	1700m: 26:09.44	47.58
	100m: 1:21.78	51.60	650m: 9:45.67	46.80	1200m: 18:22.43	46.82	1750m: 26:57.78	48.34
	150m: 2:06.60	44.82	700m: 10:33.06	47.39	1250m: 19:09.09	46.66	1800m: 27:45.32	47.54
	200m: 2:51.88	45.28	750m: 11:20.25	47.19	1300m: 19:54.74	45.65	1850m: 28:33.03	47.71
	250m: 3:37.68	45.80	800m: 12:07.03	46.78	1350m: 20:41.40	46.66	1900m: 29:18.92	45.89
	300m: 4:23.28	45.60	850m: 12:54.11	47.08	1400m: 21:27.37	45.97	1950m: 30:05.65	46.73
	350m: 5:09.95	46.67	900m: 13:40.62	46.51	1450m: 22:12.27	44.90	2000m: 30:53.16	47.51
	400m: 5:55.84	45.89	950m: 14:27.81	47.19	1500m: 22:59.40	47.13	2050m: 31:41.03	47.87
	450m: 6:42.82	46.98	1000m: 15:14.62	46.81	1550m: 23:46.66	47.26	2100m: 32:28.61	47.58
	500m: 7:25.61	42.79	1050m: 16:01.62	47.00	1600m: 24:34.41	47.75	2150m: 33:16.57	47.96
	550m: 8:12.23	46.62	1100m: 16:48.22	46.60	1650m: 25:21.86	47.45	2200m: 34:03.55	46.98

Comprometidos con la natación para toda la vida



Prueba 2, Fem., 3000m Libre, JUNIOR 1 FEMENINO LD

Clasificación	AN				Tiempo				Pts
2250m: 34:51.53	47.98	2450m: 37:56.02	43.75	2650m: 41:02.51	47.29	2850m: 44:06.06	45.60		
2300m: 35:38.66	47.13	2500m: 38:40.57	44.55	2700m: 41:48.83	46.32	2900m: 44:51.20	45.14		
2350m: 36:26.15	47.49	2550m: 39:28.18	47.61	2750m: 42:35.21	46.38	2950m: 45:35.15	43.95		
2400m: 37:12.27	46.12	2600m: 40:15.22	47.04	2800m: 43:20.46	45.25	3000m: 46:16.92	41.77		

19 - 90 años

1. MEJÍAS VELASCO, María		04	C.N. Ciudad Real				42:26.62	19,00
50m: 36.22	36.22	800m: 11:02.74	42.47	1550m: 21:40.50	42.54	2300m: 32:28.81	42.68	
100m: 1:16.83	40.61	850m: 11:44.46	41.72	1600m: 22:23.51	43.01	2350m: 33:11.72	42.91	
150m: 1:57.94	41.11	900m: 12:27.33	42.87	1650m: 23:07.23	43.72	2400m: 33:55.24	43.52	
200m: 2:39.27	41.33	950m: 13:09.81	42.48	1700m: 23:51.25	44.02	2450m: 34:38.14	42.90	
250m: 3:20.16	40.89	1000m: 13:52.67	42.86	1750m: 24:33.75	42.50	2500m: 35:22.45	44.31	
300m: 4:02.13	41.97	1050m: 14:35.03	42.36	1800m: 25:17.09	43.34	2550m: 36:06.10	43.65	
350m: 4:43.58	41.45	1100m: 15:17.38	42.35	1850m: 25:49.51	32.42	2600m: 36:49.54	43.44	
400m: 5:25.62	42.04	1150m: 15:59.82	42.44	1900m: 26:42.59	53.08	2650m: 37:32.34	42.80	
450m: 6:07.38	41.76	1200m: 16:42.65	42.83	1950m: 27:25.94	43.35	2700m: 38:16.22	43.88	
500m: 6:49.20	41.82	1250m: 17:25.01	42.36	2000m: 28:08.88	42.94	2750m: 38:58.59	42.37	
550m: 7:31.02	41.82	1300m: 18:07.27	42.26	2050m: 28:52.40	43.52	2800m: 39:40.98	42.39	
600m: 8:13.26	42.24	1350m: 18:49.69	42.42	2100m: 29:35.80	43.40	2850m: 40:23.09	42.11	
650m: 8:56.11	42.85	1400m: 19:32.59	42.90	2150m: 30:19.13	43.33	2900m: 41:04.78	41.69	
700m: 9:37.92	41.81	1450m: 20:15.39	42.80	2200m: 31:02.79	43.66	2950m: 41:45.96	41.18	
750m: 10:20.27	42.35	1500m: 20:57.96	42.57	2250m: 31:46.13	43.34	3000m: 42:26.62	40.66	

Prueba 3
16/11/2024

Masc., 2000m Libre

INFANTIL MASCULINO
Resultados

MMLD 21:12.65 MARTÍN ESTEBAN, ALBERTO

Clasificación	AN				Tiempo				Pts	
1. GARCIA-CAPELLANA FDEZ-BRAVO, An11		Club Natacion Daimiel				23:30.70				19,00
50m: 31.96	31.96	550m: 6:28.02	36.04	1050m: 12:26.05	35.98	1550m: 18:20.35	35.24			
100m: 1:06.63	34.67	600m: 7:04.02	36.00	1100m: 13:01.84	35.79	1600m: 18:55.63	35.28			
150m: 1:41.83	35.20	650m: 7:39.64	35.62	1150m: 13:37.32	35.48	1650m: 19:30.85	35.22			
200m: 2:17.68	35.85	700m: 8:15.68	36.04	1200m: 14:12.85	35.53	1700m: 20:05.86	35.01			
250m: 2:53.39	35.71	750m: 8:51.52	35.84	1250m: 14:47.91	35.06	1750m: 20:41.21	35.35			
300m: 3:29.24	35.85	800m: 9:27.54	36.02	1300m: 15:23.45	35.54	1800m: 21:16.31	35.10			
350m: 4:04.55	35.31	850m: 10:03.25	35.71	1350m: 15:59.03	35.58	1850m: 21:50.21	33.90			
400m: 4:40.61	36.06	900m: 10:39.01	35.76	1400m: 16:33.99	34.96	1900m: 22:25.07	34.86			
450m: 5:16.35	35.74	950m: 11:14.44	35.43	1450m: 17:09.58	35.59	1950m: 22:59.35	34.28			
500m: 5:51.98	35.63	1000m: 11:50.07	35.63	1500m: 17:45.11	35.53	2000m: 23:30.70	31.35			
2. MONTEAGUDO RODRIGUEZ-REY, Javier 11		C.N. Ciudad Real				24:46.70				16,00
50m: 32.08	32.08	550m: 6:45.06	37.47	1050m: 13:04.72	38.01	1550m: 19:20.46	37.04			
100m: 1:08.32	36.24	600m: 7:22.97	37.91	1100m: 13:42.64	37.92	1600m: 19:56.77	36.31			
150m: 1:44.58	36.26	650m: 8:01.05	38.08	1150m: 14:21.35	38.71	1650m: 20:33.51	36.74			
200m: 2:21.86	37.28	700m: 8:38.67	37.62	1200m: 14:58.86	37.51	1700m: 21:10.73	37.22			
250m: 2:59.19	37.33	750m: 9:16.62	37.95	1250m: 15:35.81	36.95	1750m: 21:47.57	36.84			
300m: 3:37.08	37.89	800m: 9:54.68	38.06	1300m: 16:13.38	37.57	1800m: 22:24.49	36.92			
350m: 4:14.65	37.57	850m: 10:32.69	38.01	1350m: 16:51.29	37.91	1850m: 23:01.08	36.59			
400m: 4:52.12	37.47	900m: 11:10.43	37.74	1400m: 17:29.00	37.71	1900m: 23:38.49	37.41			
450m: 5:29.66	37.54	950m: 11:48.65	38.22	1450m: 18:06.79	37.79	1950m: 24:14.25	35.76			
500m: 6:07.59	37.93	1000m: 12:26.71	38.06	1500m: 18:43.42	36.63	2000m: 24:46.70	32.45			

Comprometidos con la natación para toda la vida



Prueba 3, Masc., 2000m Libre, INFANTIL MASCULINO

Clasificación	AN		Tiempo		Pts						
3. MUÑOZ BASILIO, David	10		E.C. Ciudad De Talavera		24:47.19	14,00					
50m:	31.97	31.97	550m:	6:43.39	37.72	1050m:	13:01.67	37.96	1550m:	19:19.31	37.12
100m:	1:06.85	34.88	600m:	7:21.60	38.21	1100m:	13:39.88	38.21	1600m:	19:56.18	36.87
150m:	1:42.80	35.95	650m:	7:59.81	38.21	1150m:	14:17.39	37.51	1650m:	20:33.34	37.16
200m:	2:19.48	36.68	700m:	8:37.54	37.73	1200m:	14:54.97	37.58	1700m:	21:10.52	37.18
250m:	2:56.71	37.23	750m:	9:15.16	37.62	1250m:	15:32.89	37.92	1750m:	21:47.41	36.89
300m:	3:34.49	37.78	800m:	9:52.91	37.75	1300m:	16:10.98	38.09	1800m:	22:24.43	37.02
350m:	4:12.81	38.32	850m:	10:30.96	38.05	1350m:	16:48.29	37.31	1850m:	23:00.88	36.45
400m:	4:50.21	37.40	900m:	11:08.39	37.43	1400m:	17:26.20	37.91	1900m:	23:38.70	37.82
450m:	5:28.00	37.79	950m:	11:46.57	38.18	1450m:	18:04.31	38.11	1950m:	24:16.06	37.36
500m:	6:05.67	37.67	1000m:	12:23.71	37.14	1500m:	18:42.19	37.88	2000m:	24:47.19	31.13
4. VILLAFRANCA MARCOS-ALBERCA, Bor11	11		C.N. Criptana Gigantes		26:04.64	13,00					
50m:	33.28	33.28	550m:	6:59.98	39.49	1050m:	13:36.52	39.16	1550m:	20:12.21	39.44
100m:	1:09.67	36.39	600m:	7:39.99	40.01	1100m:	14:16.15	39.63	1600m:	20:51.77	39.56
150m:	1:46.90	37.23	650m:	8:19.77	39.78	1150m:	14:55.59	39.44	1650m:	21:31.39	39.62
200m:	2:24.82	37.92	700m:	8:59.78	40.01	1200m:	15:35.12	39.53	1700m:	22:11.19	39.80
250m:	3:03.67	38.85	750m:	9:39.68	39.90	1250m:	16:13.92	38.80	1750m:	22:50.92	39.73
300m:	3:42.61	38.94	800m:	10:19.04	39.36	1300m:	16:53.82	39.90	1800m:	23:30.50	39.58
350m:	4:22.11	39.50	850m:	10:58.44	39.40	1350m:	17:33.54	39.72	1850m:	24:09.86	39.36
400m:	5:01.45	39.34	900m:	11:38.46	40.02	1400m:	18:13.44	39.90	1900m:	24:49.27	39.41
450m:	5:40.68	39.23	950m:	12:18.22	39.76	1450m:	18:53.09	39.65	1950m:	25:27.82	38.55
500m:	6:20.49	39.81	1000m:	12:57.36	39.14	1500m:	19:32.77	39.68	2000m:	26:04.64	36.82
5. ESLAVA GARCÍA, Pablo	10		C.N. Cuenca		26:42.69	12,00					
50m:	33.38	33.38	550m:	7:09.82	40.47	1050m:	13:58.86	40.87	1550m:	20:43.29	39.77
100m:	1:11.08	37.70	600m:	7:50.05	40.23	1100m:	14:40.21	41.35	1600m:	21:23.38	40.09
150m:	1:49.27	38.19	650m:	8:30.21	40.16	1150m:	15:20.64	40.43	1650m:	22:03.41	40.03
200m:	2:28.29	39.02	700m:	9:11.19	40.98	1200m:	16:02.24	41.60	1700m:	22:44.14	40.73
250m:	3:07.81	39.52	750m:	9:52.30	41.11	1250m:	16:43.00	40.76	1750m:	23:24.16	40.02
300m:	3:47.55	39.74	800m:	10:33.00	40.70	1300m:	17:23.30	40.30	1800m:	24:04.90	40.74
350m:	4:28.22	40.67	850m:	11:14.34	41.34	1350m:	18:04.15	40.85	1850m:	24:45.35	40.45
400m:	5:08.64	40.42	900m:	11:55.27	40.93	1400m:	18:44.48	40.33	1900m:	25:25.30	39.95
450m:	5:49.47	40.83	950m:	12:36.61	41.34	1450m:	19:23.96	39.48	1950m:	26:05.11	39.81
500m:	6:29.35	39.88	1000m:	13:17.99	41.38	1500m:	20:03.52	39.56	2000m:	26:42.69	37.58
6. NIETO AGUILERA, Antonio	11		C.N.S.Oriol Imperial		26:49.19	11,00					
50m:	34.77	34.77	550m:	7:12.19	40.16	1050m:	13:53.20	39.88	1550m:	20:44.07	41.53
100m:	1:14.02	39.25	600m:	7:52.13	39.94	1100m:	14:34.28	41.08	1600m:	21:26.36	42.29
150m:	1:52.66	38.64	650m:	8:31.91	39.78	1150m:	15:14.59	40.31	1650m:	22:07.26	40.90
200m:	2:32.34	39.68	700m:	9:11.80	39.89	1200m:	15:54.95	40.36	1700m:	22:48.70	41.44
250m:	3:12.27	39.93	750m:	9:52.21	40.41	1250m:	16:34.82	39.87	1750m:	23:29.66	40.96
300m:	3:52.72	40.45	800m:	10:31.82	39.61	1300m:	17:16.38	41.56	1800m:	24:10.95	41.29
350m:	4:32.55	39.83	850m:	11:11.99	40.17	1350m:	17:57.92	41.54	1850m:	24:52.50	41.55
400m:	5:12.20	39.65	900m:	11:52.36	40.37	1400m:	18:39.09	41.17	1900m:	25:33.16	40.66
450m:	5:52.03	39.83	950m:	12:32.45	40.09	1450m:	19:20.90	41.81	1950m:	26:13.83	40.67
500m:	6:32.03	40.00	1000m:	13:13.32	40.87	1500m:	20:02.54	41.64	2000m:	26:49.19	35.36
7. PARRONDO FERNANDEZ, Iker	11		Guadalajara C.N.		26:53.26	10,00					
50m:	33.57	33.57	550m:	7:13.98	40.21	1050m:	14:00.61	40.54	1550m:	20:48.09	40.21
100m:	1:11.91	38.34	600m:	7:53.60	39.62	1100m:	14:41.06	40.45	1600m:	21:29.60	41.51
150m:	1:51.90	39.99	650m:	8:34.67	41.07	1150m:	15:21.99	40.93	1650m:	22:10.96	41.36
200m:	2:32.56	40.66	700m:	9:15.22	40.55	1200m:	16:02.74	40.75	1700m:	22:52.50	41.54
250m:	3:13.38	40.82	750m:	9:56.11	40.89	1250m:	16:43.59	40.85	1750m:	23:33.91	41.41
300m:	3:53.34	39.96	800m:	10:36.86	40.75	1300m:	17:23.88	40.29	1800m:	24:15.39	41.48
350m:	4:32.92	39.58	850m:	11:17.30	40.44	1350m:	18:04.94	41.06	1850m:	24:55.79	40.40
400m:	5:13.46	40.54	900m:	11:58.60	41.30	1400m:	18:45.27	40.33	1900m:	25:36.59	40.80
450m:	5:53.41	39.95	950m:	12:39.38	40.78	1450m:	19:26.52	41.25	1950m:	26:16.06	39.47
500m:	6:33.77	40.36	1000m:	13:20.07	40.69	1500m:	20:07.88	41.36	2000m:	26:53.26	37.20

Prueba 3, Masc., 2000m Libre, INFANTIL MASCULINO

Clasificación			AN					Tiempo	Pts			
8.	NEATA SAGHIN, Andrés Nicolás		11	C.N. Ciudad Real				26:54.43	9,00			
	50m:	33.89	33.89	550m:	7:06.64	40.75	1050m:	13:55.09	40.92	1550m:	20:48.47	41.27
	100m:	1:11.48	37.59	600m:	7:47.23	40.59	1100m:	14:36.79	41.70	1600m:	21:29.86	41.39
	150m:	1:49.68	38.20	650m:	8:28.27	41.04	1150m:	15:18.23	41.44	1650m:	22:10.87	41.01
	200m:	2:28.07	38.39	700m:	9:09.29	41.02	1200m:	15:59.45	41.22	1700m:	22:52.10	41.23
	250m:	3:06.95	38.88	750m:	9:50.37	41.08	1250m:	16:40.50	41.05	1750m:	23:34.11	42.01
	300m:	3:45.76	38.81	800m:	10:30.92	40.55	1300m:	17:21.38	40.88	1800m:	24:15.09	40.98
	350m:	4:25.75	39.99	850m:	11:11.28	40.36	1350m:	18:02.91	41.53	1850m:	24:56.08	40.99
	400m:	5:05.13	39.38	900m:	11:51.84	40.56	1400m:	18:44.25	41.34	1900m:	25:37.04	40.96
	450m:	5:45.47	40.34	950m:	12:33.01	41.17	1450m:	19:25.01	40.76	1950m:	26:17.14	40.10
	500m:	6:25.89	40.42	1000m:	13:14.17	41.16	1500m:	20:07.20	42.19	2000m:	26:54.43	37.29
9.	SANCHEZ MONGE, Ruben		10	Guadalajara C.N.				26:54.91	8,00			
	50m:	33.99	33.99	550m:	7:14.59	40.63	1050m:	14:01.03	40.82	1550m:	20:48.48	40.37
	100m:	1:12.11	38.12	600m:	7:54.39	39.80	1100m:	14:41.26	40.23	1600m:	21:29.82	41.34
	150m:	1:51.94	39.83	650m:	8:35.02	40.63	1150m:	15:22.28	41.02	1650m:	22:11.68	41.86
	200m:	2:32.65	40.71	700m:	9:15.51	40.49	1200m:	16:03.08	40.80	1700m:	22:52.96	41.28
	250m:	3:13.35	40.70	750m:	9:56.44	40.93	1250m:	16:43.81	40.73	1750m:	23:34.54	41.58
	300m:	3:53.46	40.11	800m:	10:37.06	40.62	1300m:	17:24.27	40.46	1800m:	24:15.96	41.42
	350m:	4:33.25	39.79	850m:	11:17.64	40.58	1350m:	18:05.13	40.86	1850m:	24:56.57	40.61
	400m:	5:13.59	40.34	900m:	11:58.84	41.20	1400m:	18:45.91	40.78	1900m:	25:38.02	41.45
	450m:	5:53.86	40.27	950m:	12:39.42	40.58	1450m:	19:26.80	40.89	1950m:	26:17.69	39.67
	500m:	6:33.96	40.10	1000m:	13:20.21	40.79	1500m:	20:08.11	41.31	2000m:	26:54.91	37.22
10.	DELGADO MARTIN, Miguel		10	C.N. Ciudad Real				27:12.90	-			
	50m:	35.63	35.63	550m:	7:19.12	41.17	1050m:	14:08.06	41.29	1550m:	21:01.96	42.40
	100m:	1:15.06	39.43	600m:	7:59.61	40.49	1100m:	14:48.70	40.64	1600m:	21:44.02	42.06
	150m:	1:55.19	40.13	650m:	8:40.22	40.61	1150m:	15:29.82	41.12	1650m:	22:25.15	41.13
	200m:	2:35.01	39.82	700m:	9:21.20	40.98	1200m:	16:11.08	41.26	1700m:	23:06.59	41.44
	250m:	3:15.45	40.44	750m:	10:01.68	40.48	1250m:	16:52.04	40.96	1750m:	23:48.90	42.31
	300m:	3:56.03	40.58	800m:	10:42.80	41.12	1300m:	17:33.00	40.96	1800m:	24:30.62	41.72
	350m:	4:36.62	40.59	850m:	11:24.24	41.44	1350m:	18:14.56	41.56	1850m:	25:12.49	41.87
	400m:	5:17.15	40.53	900m:	12:05.71	41.47	1400m:	18:55.73	41.17	1900m:	25:53.41	40.92
	450m:	5:56.95	39.80	950m:	12:45.49	39.78	1450m:	19:37.34	41.61	1950m:	26:34.49	41.08
	500m:	6:37.95	41.00	1000m:	13:26.77	41.28	1500m:	20:19.56	42.22	2000m:	27:12.90	38.41
11.	MAGDA, Iosif Eduard		11	C.N. Criptana Gigantes				27:20.08	7,00			
	50m:	34.16	34.16	550m:	7:25.97	42.46	1050m:	14:26.12	42.57	1550m:	21:22.19	40.88
	100m:	1:13.20	39.04	600m:	8:08.39	42.42	1100m:	15:09.39	43.27	1600m:	22:02.92	40.73
	150m:	1:52.89	39.69	650m:	8:50.74	42.35	1150m:	15:51.75	42.36	1650m:	22:43.58	40.66
	200m:	2:33.08	40.19	700m:	9:30.96	40.22	1200m:	16:34.08	42.33	1700m:	23:23.98	40.40
	250m:	3:13.76	40.68	750m:	10:13.26	42.30	1250m:	17:15.67	41.59	1750m:	24:04.63	40.65
	300m:	3:55.57	41.81	800m:	10:54.81	41.55	1300m:	17:58.01	42.34	1800m:	24:44.89	40.26
	350m:	4:37.18	41.61	850m:	11:37.18	42.37	1350m:	18:39.45	41.44	1850m:	25:24.57	39.68
	400m:	5:19.70	42.52	900m:	12:19.49	42.31	1400m:	19:20.65	41.20	1900m:	26:04.07	39.50
	450m:	6:01.42	41.72	950m:	13:01.36	41.87	1450m:	20:01.24	40.59	1950m:	26:42.72	38.65
	500m:	6:43.51	42.09	1000m:	13:43.55	42.19	1500m:	20:41.31	40.07	2000m:	27:20.08	37.36
12.	MARTINEZ DIAZ, Alvaro		11	C.N. Ciudad Real				27:25.23	-			
	50m:	35.58	35.58	550m:	7:20.23	41.15	1050m:	14:09.61	41.22	1550m:	21:06.16	42.77
	100m:	1:15.19	39.61	600m:	8:00.40	40.17	1100m:	14:50.68	41.07	1600m:	21:47.92	41.76
	150m:	1:54.90	39.71	650m:	8:41.08	40.68	1150m:	15:31.81	41.13	1650m:	22:30.76	42.84
	200m:	2:35.65	40.75	700m:	9:22.26	41.18	1200m:	16:13.05	41.24	1700m:	23:13.02	42.26
	250m:	3:15.93	40.28	750m:	10:02.77	40.51	1250m:	16:54.17	41.12	1750m:	23:55.91	42.89
	300m:	3:56.38	40.45	800m:	10:43.83	41.06	1300m:	17:35.72	41.55	1800m:	24:38.59	42.68
	350m:	4:37.29	40.91	850m:	11:24.82	40.99	1350m:	18:17.14	41.42	1850m:	25:21.49	42.90
	400m:	5:17.84	40.55	900m:	12:06.20	41.38	1400m:	18:59.08	41.94	1900m:	26:04.41	42.92
	450m:	5:58.00	40.16	950m:	12:47.20	41.00	1450m:	19:40.88	41.80	1950m:	26:46.77	42.36
	500m:	6:39.08	41.08	1000m:	13:28.39	41.19	1500m:	20:23.39	42.51	2000m:	27:25.23	38.46

Prueba 3, Masc., 2000m Libre, INFANTIL MASCULINO

Clasificación	AN		Tiempo		Pts						
13. MARTINEZ ANDRES, Dario	10		Guadalajara C.N.		27:57.79	-					
50m:	36.33	36.33	550m:	7:35.43	42.91	1050m:	14:40.58	40.84	1550m:	21:42.39	42.84
100m:	1:16.57	40.24	600m:	8:17.43	42.00	1100m:	15:22.70	42.12	1600m:	22:24.24	41.85
150m:	1:58.59	42.02	650m:	8:59.93	42.50	1150m:	16:04.32	41.62	1650m:	23:05.98	41.74
200m:	2:40.07	41.48	700m:	9:43.67	43.74	1200m:	16:46.52	42.20	1700m:	23:48.35	42.37
250m:	3:21.85	41.78	750m:	10:26.15	42.48	1250m:	17:28.34	41.82	1750m:	24:30.89	42.54
300m:	4:04.01	42.16	800m:	11:09.14	42.99	1300m:	18:10.81	42.47	1800m:	25:13.22	42.33
350m:	4:45.25	41.24	850m:	11:51.97	42.83	1350m:	18:52.79	41.98	1850m:	25:56.22	43.00
400m:	5:27.86	42.61	900m:	12:35.36	43.39	1400m:	19:34.80	42.01	1900m:	26:37.70	41.48
450m:	6:10.45	42.59	950m:	13:18.00	42.64	1450m:	20:17.00	42.20	1950m:	27:19.33	41.63
500m:	6:52.52	42.07	1000m:	13:59.74	41.74	1500m:	20:59.55	42.55	2000m:	27:57.79	38.46
14. PEÑA FERNANDEZ, PACHECO, Ivan	11		C.N. Ciudad Real				28:30.06				-
50m:	35.58	35.58	550m:	7:47.55	43.30	1050m:	15:00.57	43.83	1550m:	22:10.82	41.58
100m:	1:17.77	42.19	600m:	8:30.31	42.76	1100m:	15:44.57	44.00	1600m:	22:53.04	42.22
150m:	2:00.46	42.69	650m:	9:13.38	43.07	1150m:	16:26.80	42.23	1650m:	23:36.79	43.75
200m:	2:43.50	43.04	700m:	9:56.48	43.10	1200m:	17:08.75	41.95	1700m:	24:19.55	42.76
250m:	3:27.57	44.07	750m:	10:39.88	43.40	1250m:	17:52.39	43.64	1750m:	25:02.97	43.42
300m:	4:10.54	42.97	800m:	11:23.75	43.87	1300m:	18:35.06	42.67	1800m:	25:46.52	43.55
350m:	4:53.73	43.19	850m:	12:05.83	42.08	1350m:	19:18.27	43.21	1850m:	26:29.01	42.49
400m:	5:38.04	44.31	900m:	12:49.14	43.31	1400m:	20:00.92	42.65	1900m:	27:11.96	42.95
450m:	6:21.58	43.54	950m:	13:33.45	44.31	1450m:	20:43.89	42.97	1950m:	27:53.45	41.49
500m:	7:04.25	42.67	1000m:	14:16.74	43.29	1500m:	21:29.24	45.35	2000m:	28:30.06	36.61
15. GONZALEZ GOMEZ DE AGÜERO, Raul	11		C.N.S.Oriol Imperial				29:02.26				6,00
50m:	36.89	36.89	550m:	7:50.25	43.49	1050m:	15:09.37	43.73	1550m:	22:31.21	43.92
100m:	1:18.65	41.76	600m:	8:33.73	43.48	1100m:	15:53.72	44.35	1600m:	23:14.88	43.67
150m:	2:01.93	43.28	650m:	9:17.18	43.45	1150m:	16:37.57	43.85	1650m:	23:59.14	44.26
200m:	2:45.45	43.52	700m:	10:00.56	43.38	1200m:	17:21.90	44.33	1700m:	24:42.56	43.42
250m:	3:28.50	43.05	750m:	10:44.78	44.22	1250m:	18:06.04	44.14	1750m:	25:26.70	44.14
300m:	4:11.79	43.29	800m:	11:28.98	44.20	1300m:	18:50.76	44.72	1800m:	26:10.41	43.71
350m:	4:55.56	43.77	850m:	12:13.25	44.27	1350m:	19:34.50	43.74	1850m:	26:53.77	43.36
400m:	5:39.34	43.78	900m:	12:57.52	44.27	1400m:	20:18.74	44.24	1900m:	27:36.67	42.90
450m:	6:22.74	43.40	950m:	13:41.38	43.86	1450m:	21:02.77	44.03	1950m:	28:19.46	42.79
500m:	7:06.76	44.02	1000m:	14:25.64	44.26	1500m:	21:47.29	44.52	2000m:	29:02.26	42.80

Prueba 4
16/11/2024

Fem., 2000m Libre

INFANTIL FEMENINO
Resultados

MMLD 23:09.95 CARMONA VILLAPLANA, MARTA

Clasificación	AN		Tiempo		Pts						
1. ROMANENKO OSIPENKO, Elisabet	11		C.N.S.Oriol Imperial		27:31.99	19,00					
50m:	35.98	35.98	550m:	7:24.75	41.16	1050m:	14:19.40	42.37	1550m:	21:21.08	41.34
100m:	1:16.08	40.10	600m:	8:06.35	41.60	1100m:	15:01.22	41.82	1600m:	22:01.38	40.30
150m:	1:56.84	40.76	650m:	8:47.40	41.05	1150m:	15:43.78	42.56	1650m:	22:42.23	40.85
200m:	2:37.63	40.79	700m:	9:28.02	40.62	1200m:	16:26.12	42.34	1700m:	23:24.03	41.80
250m:	3:18.72	41.09	750m:	10:08.72	40.70	1250m:	17:08.01	41.89	1750m:	24:05.83	41.80
300m:	3:59.39	40.67	800m:	10:50.11	41.39	1300m:	17:50.50	42.49	1800m:	24:47.55	41.72
350m:	4:40.75	41.36	850m:	11:31.86	41.75	1350m:	18:33.22	42.72	1850m:	25:29.25	41.70
400m:	5:21.53	40.78	900m:	12:13.47	41.61	1400m:	19:14.85	41.63	1900m:	26:10.66	41.41
450m:	6:02.80	41.27	950m:	12:55.08	41.61	1450m:	19:57.04	42.19	1950m:	26:52.34	41.68
500m:	6:43.59	40.79	1000m:	13:37.03	41.95	1500m:	20:39.74	42.70	2000m:	27:31.99	39.65

Comprometidos con la natación para toda la vida

Prueba 4, Fem., 2000m Libre, INFANTIL FEMENINO

Clasificación			AN					Tiempo	Pts			
2.	MENÉNDEZ DE LA GUÍA, Inés		10	C.N. Criptana Gigantes				27:44.35	16,00			
	50m:	37.24	37.24	550m:	7:27.69	41.39	1050m:	14:15.58	41.83	1550m:	21:18.88	42.50
	100m:	1:18.11	40.87	600m:	8:08.64	40.95	1100m:	14:57.46	41.88	1600m:	22:00.51	41.63
	150m:	1:59.33	41.22	650m:	8:48.74	40.10	1150m:	15:39.43	41.97	1650m:	22:43.25	42.74
	200m:	2:40.02	40.69	700m:	9:28.73	39.99	1200m:	16:21.62	42.19	1700m:	23:26.43	43.18
	250m:	3:20.84	40.82	750m:	10:08.66	39.93	1250m:	17:03.71	42.09	1750m:	24:10.17	43.74
	300m:	4:01.84	41.00	800m:	10:48.62	39.96	1300m:	17:45.91	42.20	1800m:	24:53.69	43.52
	350m:	4:42.82	40.98	850m:	11:30.01	41.39	1350m:	18:28.47	42.56	1850m:	25:37.25	43.56
	400m:	5:24.18	41.36	900m:	12:10.96	40.95	1400m:	19:11.25	42.78	1900m:	26:21.04	43.79
	450m:	6:05.28	41.10	950m:	12:52.39	41.43	1450m:	19:54.20	42.95	1950m:	27:04.76	43.72
	500m:	6:46.30	41.02	1000m:	13:33.75	41.36	1500m:	20:36.38	42.18	2000m:	27:44.35	39.59
3.	PEÑA MORENO, Alba		10	E.C. Ciudad De Talavera				28:37.70	14,00			
	50m:	37.42	37.42	550m:	7:27.80	41.79	1050m:	14:34.16	43.61	1550m:	21:55.15	45.14
	100m:	1:17.74	40.32	600m:	8:09.33	41.53	1100m:	15:17.55	43.39	1600m:	22:39.74	44.59
	150m:	1:58.57	40.83	650m:	8:50.55	41.22	1150m:	16:01.66	44.11	1650m:	23:24.95	45.21
	200m:	2:39.54	40.97	700m:	9:33.01	42.46	1200m:	16:44.96	43.30	1700m:	24:10.41	45.46
	250m:	3:20.63	41.09	750m:	10:16.00	42.99	1250m:	17:29.03	44.07	1750m:	24:54.83	44.42
	300m:	4:02.03	41.40	800m:	10:58.83	42.83	1300m:	18:12.11	43.08	1800m:	25:39.67	44.84
	350m:	4:43.06	41.03	850m:	11:41.68	42.85	1350m:	18:56.84	44.73	1850m:	26:24.67	45.00
	400m:	5:24.05	40.99	900m:	12:25.00	43.32	1400m:	19:40.98	44.14	1900m:	27:10.22	45.55
	450m:	6:04.98	40.93	950m:	13:08.20	43.20	1450m:	20:25.31	44.33	1950m:	27:54.32	44.10
	500m:	6:46.01	41.03	1000m:	13:50.55	42.35	1500m:	21:10.01	44.70	2000m:	28:37.70	43.38
4.	VALEAN ESCRIBANO, Estrella		11	C.N. Criptana Gigantes				29:11.89	13,00			
	50m:	36.58	36.58	550m:	7:40.39	44.00	1050m:	15:02.93	44.44	1550m:	22:27.29	45.73
	100m:	1:17.26	40.68	600m:	8:24.47	44.08	1100m:	15:47.12	44.19	1600m:	23:13.24	45.95
	150m:	1:58.85	41.59	650m:	9:08.87	44.40	1150m:	16:30.99	43.87	1650m:	23:58.91	45.67
	200m:	2:40.04	41.19	700m:	9:52.26	43.39	1200m:	17:14.40	43.41	1700m:	24:44.71	45.80
	250m:	3:21.41	41.37	750m:	10:36.24	43.98	1250m:	17:57.65	43.25	1750m:	25:29.94	45.23
	300m:	4:03.76	42.35	800m:	11:21.23	44.99	1300m:	18:41.36	43.71	1800m:	26:15.69	45.75
	350m:	4:46.54	42.78	850m:	12:04.93	43.70	1350m:	19:26.12	44.76	1850m:	27:01.62	45.93
	400m:	5:29.23	42.69	900m:	12:49.63	44.70	1400m:	20:11.31	45.19	1900m:	27:47.39	45.77
	450m:	6:12.52	43.29	950m:	13:34.75	45.12	1450m:	20:55.85	44.54	1950m:	28:30.91	43.52
	500m:	6:56.39	43.87	1000m:	14:18.49	43.74	1500m:	21:41.56	45.71	2000m:	29:11.89	40.98
5.	GOMEZ LOPEZ, Celia		11	C.N.S.Oriol Imperial				30:47.65	12,00			
	50m:	40.73	40.73	550m:	8:18.55	46.04	1050m:	16:04.67	46.98	1550m:	23:54.62	46.65
	100m:	1:24.81	44.08	600m:	9:05.51	46.96	1100m:	16:51.81	47.14	1600m:	24:40.91	46.29
	150m:	2:10.03	45.22	650m:	9:51.74	46.23	1150m:	17:38.78	46.97	1650m:	25:27.75	46.84
	200m:	2:56.07	46.04	700m:	10:37.45	45.71	1200m:	18:26.20	47.42	1700m:	26:14.62	46.87
	250m:	3:42.02	45.95	750m:	11:23.84	46.39	1250m:	19:12.93	46.73	1750m:	27:01.54	46.92
	300m:	4:28.09	46.07	800m:	12:10.02	46.18	1300m:	20:00.27	47.34	1800m:	27:47.51	45.97
	350m:	5:14.21	46.12	850m:	12:56.33	46.31	1350m:	20:47.23	46.96	1850m:	28:33.82	46.31
	400m:	6:00.09	45.88	900m:	13:43.28	46.95	1400m:	21:34.13	46.90	1900m:	29:19.48	45.66
	450m:	6:46.42	46.33	950m:	14:30.57	47.29	1450m:	22:21.20	47.07	1950m:	30:04.27	44.79
	500m:	7:32.51	46.09	1000m:	15:17.69	47.12	1500m:	23:07.97	46.77	2000m:	30:47.65	43.38